

Time	City	Meeting Name & Location	Contact Info	Focus
SUNDAY				
10:00-11:00a	Denver	Women's Step Study, St Joseph's Hospital, 1835 Franklin. Enter off 20 th . On 2 nd floor- Russell Pavillion	Ruth L. 720-277-5275	W, SS
4:00-5:00p	Denver	Porter Adventist Hospital, 2525 S Downing, Eagle Room, 1 st floor Conference Ctr.	Mary 303-698-1603	NC, BB, LT, HC
4:30-5:30p	Lakewood	Shepherd of the Hills, 11500 W 20 th Ave. NE door w/red circle, Rm E	Amy K 303-909-6049	BL, BG, SP, OP
MONDAY				
12:00-1:00p	Lakewood	Green Mountain Presbyterian Church, Room 801 –Right at Front Door. 12900 W. Alameda	Nancy 303-986-8764	
5:15-6:15p	Glenwood Spgs	First United Methodist Church, 824 Cooper Ave., Meeting room on 2nd Floor.	Sally P 970-390-5378	OP
5:30-6:30p	Denver	Capitol Heights Presbyterian Church, 1100 Fillmore St., 11 th St. Entrance. If locked, call Shana for code	Shana 303-263-8231	D
7:00-8:00p	Denver	Unity Church (aka: Christ Way Community Church), 3021 S University Blvd.	Margie V. 303-284-9611	LT
7:00-8:00p	Denver	Stapleton Fellowship Church (Hanger 61) ,8700 E 21 st Ave, Denver, CO 80238	Mike 303-325-6650	
7:00-8:00p	Grand Junction	Unity Church, 3205 N. 12th St.	Roy 970-263-4496	
7:00-8:00p	Thornton	Intercession Episcopal Church – Library, 3101 East 100 th Avenue (between Colorado and York).	Jody 303-396-7194	BB,SS,HC
TUESDAY				
7:00-8:00a	Denver	S Broadway Christian Church, 23 Lincoln St (Ellsworth & Lincoln). East side office entrance.	Charlie G 303-459-4653	OP, LT
12:00-1:00p	Lakewood	Mile Hi Church, 9077 W Alameda Ave – Education Bldg;North Side,Lower Level.	Lindarae 303-567-4033(1145-NOON NC)HC	
12:00-1:00p	Grand Junction	Unity Church, 3205 N. 12th St., Grand Junction	Roy 970-263-4496	
5:30-6:30p	Eagle	Eagle Library, 600 Broadway, Eagle CO 81631 (meeting room on 2 nd floor)	Mimi 970-401-0450	
5:45-6:45p	Englewood	Orchard Club OA,8081 E Orchard Rd, Englewood, CO 80111-2501,NW Corner I-25 & Orchard	Stephanie D 303-210-3452	
6:00-7:00p	Hotchkiss	Hotchkiss Community United Methodist Church, 285 Second Street, Hotchkiss, CO	Kay B 970-270-0819	
6:30-7:30p	Aurora	Cedar Center for Dependency,1693 N. Quentin St., Room 120, Aurora, CO 80045	Kirk M. 720-338-2129	
7:00-8:00p	Montrose	Church of the Nazarene, 706 S. 12 th St ,Montrose, CO	Lorri 970-497-9613	OP
7:30-8:30p	Westminster	United Methodist Church, 3585 W 76 th Ave, 76 th & Lowell Blvd (West door) Rm W-15	Laura 303-428-9293	
<p>Central Colorado Intergroup Meeting; 1st Tuesday of each month; 7:00-8:30p;Fragrance Free; National Jewish Hospital, 1400 Jackson. SW corner of Colfax & Colorado Blvd. Park and enter from Colfax; Map and details at OADenver.org http://www.oadenver.org/intergroup-meeting/ :: ALL OAs Welcome!</p>				
WEDNESDAY				
10:00-11:00a	Castle Rock	Sedalia Room, New Hope Presbyterian Church, 2100 W. Meadows Parkway	Bryann 303-663-5766	D
6:00-7:00p	Denver	Grace United Methodist Church –Library NE Corner of church, 4905 E. Yale Ave.	MaryAnn 303-332-4674	LT, LC, OP,TF
THURSDAY				
7:00-8:00a	Denver	South Broadway Christian Church, 23 Lincoln St (Ellsworth & Lincoln)	Kelley B 970-237-1868	SS
12:00-1:00p	Wheatridge	West Pines Hospital, 3400 Lutheran Parkway, see receptionist for room#	Cheryl 303-975-1748	
6:30-7:30p	Aurora	Smoky Hills United Methodist, 19491 E Smoky Hill, Room 215; back entrance (main door for HC)	Ruth 720-277-5275	OP, D, LT SS, HC
6:30-7:30p	Golden	First United Methodist Church, 1500 Ford St., South Bldg, not Chapel. "Office & Education" Doors	Carrie S. 720-339-0346	OP, TF
7:00-8:00p	Littleton	St. Philip Lutheran Church, 7531 S Kendall Blvd, Room MC-3,Enter by door near mailbox.	Julia M 303-562-7645	SS
7:00-8:00p	Grand Junction	Unity Church, 3205 N. 12th St.	Roy 970-263-4496	
FRIDAY				
10:00-11:00a	Parker	Ave Maria Catholic Church, 9056 E Parker Rd, St. Joseph Room	Marcie 303-805-1881	HC
7:00-8:00p	Greenwood Vllg	St. Peter Lutheran Church, 9300 E. Belleview Ave. Parking entrance between church & daycare center	Lainey O. 303-204-4836	LT
SATURDAY				
8:30-9:30a	Grand Junction	1 st Saturday of every month Unity Church 3205 N 12 th St-Basement, Grand Junction	Bev 970-250-8435	NC
8:00-9:15a	Broomfield	United Church of Broomfield, 825 Kohl (*Suggestion that only members with 90+ days of abstinence share)	Mandy 303-915-6188	90*
9:00-10:00a	Denver	South Broadway Christian Church, 23 Lincoln St (Ellsworth & Lincoln)	Carey 970-214-4067	BB
9:00-10:00a	Grand Junction	Unity Church, 3205 N. 12th St., Grand Junction	Roy 970-263-4496	D
9:00-10:00a	Carbondale	Carbondale United Methodist Church, 385 S 2 nd St, Basement	Nan 970-948-1898	
9:00-10:15a	Denver	"Welcome Home". Grace United Methodist, 4905 E Yale Ave. Parking lot on East side.	Maureen 303-842-5200	OP, HC
9:30-10:30a	Arvada	King of Glory Church, 10001 W 58 th Ave	Gina 303-910-5967	HC, OP, TF,FF
5:30-6:30p	Denver	Dragons Den (S.E. Corner of Hampden & Clarkson)	Shelly W. 303-598-3003	OP

OTHER MEETINGS

Colorado

- Speakers meetings and special events: <http://www.oadenver.org/category/events/>
- Pikes Peak Serenity Intergroup – Colorado Springs and Southern Colorado – <http://www.oasoutherncolorado.org/oa-meetings/>
- Northern Colorado Intergroup – including Boulder, Greeley & Ft. Collins – <http://ncoloig.oagroups.org>
- Grand Junction OA Groups – meeting & contact information for Grand Junction – <http://www.overeatersanonymousgrandjunction.org>

Telephone Meetings

- Overeaters Anonymous Telephone meetings: <http://www.oa.org/membersgroups/find-a-meeting/> -click telephone meeting
- Phone Meeting for Spanish Speakers on Tuesdays at 7pm MT. Phone: 712-432-5200, access code 629561#

FOCUS CODES

BB = Big Book Study	LC = Leader's choice	SS = Step Study
BG = Beginners	LT = Literature meeting	TF = Teen Friendly
BL = Bulimia/Anorexia	M = Men's Meeting	W = Women's meeting
D = Discussion	NC = Newcomer's Meeting	30/90 = Group conscience suggests that only members with those many days or more of abstinence share.
FF = Fragrance Free	RRR = Relapse, Recompmitment, Recovery	
HC = Handicap Accessible	SP = Speaker's meeting	
HOW = Structured Meeting		

OP = Indicates a meeting which is open to anyone.
CL = Indicates a meeting open to anyone with the desire to stop eating compulsively, e.g., overeaters, bulimics, anorexics and other EDs.
Any group without a code is presumed to be open.

If new to a meeting it is suggested you call the contact person to ensure the accuracy of the meeting information.

Always Online at www.OADenver.org
Central Colorado Intergroup #09014