

Recovery ROAD

September - Fall Into Recovery!

Central Colorado Intergroup (CCI) website is www.oadenver.org

CCI contact/voicemail hotline is 720-443-3676

CCI e-mail address is oameetings@oadenver.org

Step, Tradition and Concept of the Month

Step Nine: Made direct amends to such people wherever possible, except when to do so would injure them or others.

Tradition Nine: OA, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.

Concept Nine: Able, trusted servants, together with sound and appropriate methods of choosing them, are indispensable for effective functioning at all service levels.

NEWS

Twelfth Step Within Presents An Alphabet For Recovery

Join us for a few hours of listening to others and sharing what works for you and your own recovery!

Place: Grace United Methodist Church
4905 E. Yale Ave., Denver, CO
Date: Sunday, September 20th
Time: 12:30—3pm

It's Coming Soon! - October 2nd—4th, 2015 2015 Colorado OA State Convention

Hyatt Place Colorado Springs/Garden of the Gods
503 West Garden of the Gods Road, Colorado Springs, CO 80927
Info at: www.oadenver.org/event/2015-colorado-state-convention/

Quarterly OA Speakers Meeting

Friday October 16th, 7:00 - 8:15 pm

St. Peter Lutheran Church

9300 E. Belleview Ave, Greenwood Village

Come and hear OA members tell their story. Share in their experience, strength and hope. Support this vital meeting as it encourages us all to keep coming back!

New Year's Day Brunch 2016

Applewood Golf Course, 14001 W 32nd Ave
Golden, CO

10 am to 1 pm

****Sign up early to save \$\$\$****

Thru Oct 4th: \$30

Oct 5th-Dec 12th: \$35

Dec 13th-Dec 27th: \$40

\$40

Online Registrations begin Oct 5th. To register online, go to OADenver.org
Our Greatest Apologies! No walk-ins this year due to the facility's policy

Upcoming Events

Here's a list of upcoming OA events – see <http://www.oadenver.org/calendar/> for more events and details:

- ◆ 9/5 & 10/3 Special Focus Meeting Bulimia & Anorexia at Amy's House 12 Noon
- ◆ 9/20 An Alphabet for Recovery - Twelfth Step Within - Grace United Methodist 12:30 - 3 pm
- ◆ 10/2-4 Colorado OA State Convention
- ◆ 10/6 Intergroup Meeting National Jewish Hospital 7 pm
- ◆ 10/16 Speakers Meeting 7:00 - 8:15 pm



**Principle for September:
Love for Others**

Heard in a Meeting:

OA is not drive-through recovery!

INTERGROUP BOARD	
Chairperson	chair@oadenver.org
Annie H.	720-373-5753
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(position is currently open)	
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OVEREATERS ANONYMOUS WEBSITES

Central Colorado Intergroup:
www.oadenver.org/

OA Region III: www.oaregion3.org/

World Service: www.oa.org/

SELECTED ONLINE RESOURCES

Order OA Literature:
<http://bookstore.oa.org/>

Look up Online/Telephone Meetings:
www.oa.org/membersgroups/find-a-meeting/

Listen to L.A. Intergroup Speakers:
www.oalaig.org/html/speakers.php

Hear from Central CO Members:
www.oadenver.org/category/members-share/podcasts/

(Recordings of speakers from recent local events and written content from Colorado OA members.)

OA PUBLICATIONS

A Step Ahead (Quarterly OA World Service Newsletter):
www.oa.org/membersgroups/a-step-ahead-newsletter/
Lifeline Magazine:
www.oa.org/lifelinemagazine
Recovery Road Archive
 copies available at: www.oadenver.org/newsletter/

SPECIAL FOCUS MEETING - BULIMIA & ANOREXIA

On the first Saturday of each month, OA in Denver hosts a special focus meeting for those suffering from the disease of bulimia and anorexia. While the topic is geared towards those issues, anyone is welcome. The meeting starts at Noon, but if you can, come early (11:30ish am with or without your own abstinent meal) to enjoy fellowship before the meeting. The **September and October** meetings are at Amy's house. If you need directions, please call Amy K at 303-909-6049, or look online at [oadenver.org/calendar/](http://www.oadenver.org/calendar/). Please note: while this meeting does have a special focus, it is open to anyone who has issues with food.

Meeting In Aurora Tuesday Evening | 6:30-7:30 PM

This newer meeting is held at Cedars Center in Aurora, 1693 Quentin St. Located through glass doors facing E. Quentin St. Take 1st right through wood doors to Rm 120 at the end of the hall. You're welcome to call Kirk for more detailed information: 720-338-2129.

Phone Meetings

How to Find a Phone Meeting: Go to www.oa.org, click the **Find a Meeting** link (under **Meetings**), click **Telephone Meeting**. You can then filter by day of week, time, topic, language and more. Ask a friend to join in together!

Newcomer's Welcome - Tuesday Noon at Mile Hi Church will now have a Newcomer's Welcome at 11:45 (just before the Noon meeting).

MEETING NOTICES – PLEASE NOTE UPDATES!

Details on available local meetings:
www.oadenver.org/oa-meetings/find-a-meeting/

- There is a weekly **phone meeting for Spanish speakers** on Tuesdays at 7 pm MT. The phone number is 712-432-5200, access code 629561#. Contact person is Nicholas R. – call him at 443-302-9832 (EST) or email nicroa7@gmail.com.
- See www.oadenver.org/calendar/ for the latest listing of local and regional OA events.

ABOUT RECOVERY ROAD

"Recovery Road" is a publication of the Central Colorado Intergroup (CCI) of Overeaters Anonymous and actively solicits comments, suggestions and contributions from all OA members. We reserve the right to edit style and punctuation, but not content.

Opinions expressed are those of the contributors and not necessarily those of OA as a whole. To contribute or to get more information, e-mail news@oadenver.org, or call one of the contacts for CCI Publications.

SEVENTH TRADITION DONATIONS

OA's Seventh Tradition tells us that we should be fully self-supporting through our own contributions. Please put your group number (assigned by OA's World Service Office) on all checks or money orders. Please do not send cash in the mail.

Disbursements of funds beyond your group's expenses are suggested as follows:

60%	30%	10%
Central Colorado Intergroup	World Service Office	Region 3 Treasurer
Attn: Treasurer	P.O. Box 44020	Attn: Barbara Vervenne
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