

Time	City	Meeting Name & Location	Contact Info	Focus
<b>SUNDAY</b>				
10:00-11:00a	Denver	Women's Step Study, St Joseph's Hospital, 1375 E 19th Ave; Russell Pavilion Conference Center; Garage A Prkng-19th & Downing	Kris W 303-329-6026	W, SS
3:00-4:15p	Arvada	OA Big Book Study 1st and 3rd Sunday Primary Purpose Club 8250 W 80th Ave #12	Stacey 303-345-1707	AABB, SP
4:30-5:30p	Lakewood	Shepherd of the Hills, 11500 W 20th Ave. NE door w/red circle, Rm E	Amy K 303-909-6049	BL, BG, SP, OP
<b>MONDAY</b>				
5:15-6:15p	Glenwood Spgs	First United Methodist Church, 824 Cooper Ave., Meeting room on 2nd Floor, MEETING TEMPORARILY CLOSED DUE TO ROAD CONSTRUCTION ON HWY. 82	Sally P 970-390-5378	OP; check back in Dec. 2017
5:30-6:30p	Denver	Capitol Heights Presbyterian Church, 1100 Fillmore St., 11th St. Entrance. If locked, call Shana for code	Shana 303-263-8231	D
7:00-8:00p	Denver	Unity Church (aka: Christ Way Community Church), 3021 S University Blvd.	Margie 303-284-9611	LT
7:00-8:00p	Denver	Stapleton Fellowship Church (Hanger 61) ,8700 E 21st Ave, Denver, CO 80238	Mike 303-325-6650	
7:00-8:00p	Grand Jct	Unity Church, 3205 N. 12th St. Grand Junction – Beginning 7/31/17, this group will be using the Twelve Step Workshop and Study Guide provided by Overeaters Anonymous World Service office. The Study will last 15 consecutive weeks with the final workshop scheduled for 11/6/17.	Roy 970-263-4496 / Joan 970-210-2867	LT, SS
<b>TUESDAY</b>				
7:00-8:00a	Denver	S Broadway Christian Church, 23 Lincoln St (Ellsworth & Lincoln). East side office	Charlie G 303-459-4653	OP, LT, FF
12:00-1:00p	Lakewood	Mile Hi Church, 9077 W Alameda Ave – look for sign, "teenage underground" north side of main building, lower level	Carrie 720 339-0346	(1145-12P NC)
12:00-1:00p	Grand Jct	Unity Church, 3205 N. 12th St., Grand Junction	Roy 970-263-4496	
5:30-6:30p	Eagle	Black Bear Building 200 Capitol St 2nd Floor	Mimi 970-401-0450	
<b>Central Colorado Intergroup Meeting:</b> 1st Tuesday of each month; 7:00-8:30p; Fragrance Free; National Jewish Hospital, 1400 Jackson. SW corner of Colfax & Colorado Blvd. Park and enter from Colfax; Map and details at OADenver.org <a href="http://www.oadenver.org/intergroup-meeting/">http://www.oadenver.org/intergroup-meeting/</a> :: <b>ALL OAs Welcome!</b>				FF
<b>WEDNESDAY</b>				
10:00-11:00a	Castle Rock	New Hope Presbyterian Church, 2100 W. Meadows Parkway Sedalia Room	Bryann 303-663-5766	D
6:00-7:00p	Denver	Grace United Methodist Church –Library NE Corner of church, 4905 E. Yale Ave.	MaryAnn 303-332-4674	LT, LC, OP, TF
7:00-8:00p	Denver	Monthly Speaker meeting – first Wednesday of every month at S Broadway Christian Church, 23 Lincoln St (Ellsworth & Lincoln). East side office	Charlie G 303-459-4653	OP SP
<b>THURSDAY</b>				
7:00-8:00a	Denver	South Broadway Christian Church, 23 Lincoln St (Ellsworth & Lincoln)	Kelley B 970-237-1868	SS, FF
12:00-1:00p	Wheat Ridge	West Pines Hospital, 3400 Lutheran Parkway, see receptionist for room#	Cheryl 303-975-1748	
6:30-7:30p	Centennial	Smoky Hill UMC 19491 E Smoky Hill Rd Room 215 Centennial, CO	Ruth 720-277-5275	LS, SS
6:30-7:30p	Golden	First United Methodist Church, 1500 Ford St., South Building, not Chapel. "Office & Education" Doors	Carrie S. 720-339-0346	OP
7:00-8:00p	Littleton	St. Philip Lutheran Church, 7531 S Kendall Blvd, Room MC-3, Enter by door near mailbox.	Chelsea 303-887-5189	SS
7:00-8:00p	Grand Jct	Unity Church, 3205 N. 12th St. Grand Junction	Roy 970-263-4496	
<b>FRIDAY</b>				
10:00-11:00a	Parker	New location – United Methodist Church room 138; 11805 Pine Drive; Parker, CO 80134	Joy T. 303-680-7322	HC
7:00-8:00p	Greenwood Village	St. Peter Lutheran Church, 9300 E. Belleview Ave. Parking entrance between church & daycare center.	Lainey O. 303-204-4836	LT, OP
<b>SATURDAY</b>				
8:30-9:30a	Grand Jct	1st Saturday of every month Unity Church 3205 N 12th St-Basement, Grand Junction	Bev 970-250-8435	NC
9:00-10:00a	Denver	South Broadway Christian Church, 23 Lincoln St (Ellsworth & Lincoln)	Kyla 773-733-2048	BB, FF
9:00-10:00a	Grand Jct	Unity Church, 3205 N. 12th St., Grand Junction	Roy 970-263-4496	D
9:00-10:00a	Carbondale	Carbondale United Methodist Church, 385 S 2nd St, Basement	Nan 970-948-1898	
9:00-10:15a	Denver	"Welcome Home". Grace United Methodist, 4905 E Yale Ave. Parking lot on East side.	Jenn A. 720.300.6803	OP, HC
9:30-10:30a	Arvada	King of Glory Church, 10001 W 58th Ave	Gina 303-910-5967	HC, OP, TF, FF
11:00a-noon	Lakewood	Monthly Special focus meeting (Anorexic/Bulimic) everyone is welcome, please call for location – Call-in number to participate remotely: (605) 472-5623 Access code 323435#	Amy 303-909-6049	BL
5:30-6:30p	Denver	Dragons Den 3600 S Clarkson St, Englewood, CO 80113 (S.E. Corner of Hampden & Clarkson)	Shelly W. 303-598-3003	OP

**OTHER MEETINGS**

**Colorado**

- Speakers meetings and special events: <http://www.oadenver.org/category/events/>
- Pikes Peak Serenity Intergroup – Colorado Springs and Southern Colorado – <http://www.oasoutherncolorado.org/oa-meetings/>
- Northern Colorado Intergroup – including Boulder, Greeley & Ft. Collins – <http://ncoloig.oagroups.org>
- Grand Junction OA Groups – meeting & contact information for Grand Junction – <http://www.overeatersanonymousgrandjct.org>

**Telephone Meetings**

- Overeaters Anonymous Telephone meetings: <http://www.oa.org/membersgroups/find-a-meeting/> -click telephone meeting
- Phone Meeting for Spanish Speakers on Tuesdays at 7pm MT. Phone: 712-432-5200, access code 629561#

FOCUS CODES	BB = Big Book Study	BG = Beginners	BL = Bulimia/Anorexia	D = Discussion	FF = Fragrance Free	HC = Handicap Accessible	SP = Speaker's meeting	LC = Leader's choice	LT = Literature meeting
NC = Newcomer's Meeting	RRR = Relapse, Recommitment, Recovery	SS = Step Study	TF = Teen Friendly	HOW=Structure d Meeting	W = Women's meeting	30/90 = Group conscience suggests that only members with those many days or more of abstinence share.			
OP = Indicates a meeting which is open to anyone.			CL = Indicates a meeting open to anyone with the desire to stop eating compulsively, e.g., overeaters, bulimics, anorexics and other EDs				Any group without a code is presumed to be open.		

If new to a meeting it is suggested you call the contact person to ensure the accuracy of the meeting information.

**Always Online at [www.OADenver.org](http://www.OADenver.org)**  
Central Colorado Intergroup #09014