

Recovery ROAD

Will Your Shadow Show Recovery in February?

Central Colorado Intergroup (CCI) website is www.oadenver.org

CCI contact/voicemail hotline is 720-443-3676

CCI e-mail address is oa meetings@oadenver.org

STEP, TRADITION AND CONCEPT OF THE MONTH

Step Two: Came to believe that a Power greater than ourselves could restore us to sanity. in our group conscience.

Tradition Two: For our group purpose there is but one ultimate authority--a loving God as he may express Himself. Our leaders are but trusted servants; they do not govern.

Upcoming Events

Here's a list of upcoming OA events – see <http://www.oadenver.org/calendar/> for more events and details:

- ◆ 2/4 – **Intergroup Meeting**
National Jewish Hospital 7 pm
- ◆ 2/22 **Unity Day** Grace United Methodist
Noon - 3 pm
- ◆ 2/24– **Publications and Technology Committee** – Virtual Meeting – Contact Jim at 303-379-0171
- ◆ 3/1 - **Special Focus Meeting Bulimia & Anorexia** call Amy K at 303-909-6049
- ◆ 3/1 – **Colorado State Convention Planning Committee Meeting** at Amy K.'s house at 2587 Vivian Street in Lakewood at 2:30 pm.
- ◆ 5/16 – 5/18 **Western Slope Retreat** at Sunlight Mountain Inn.



**Principle for February:
Hope**

Concept Two: The OA groups have delegated to World Service Business Conference the active maintenance of our world services; thus, World Service Business Conference is the voice, authority and effective conscience of OA as a whole

NEWS

ROZANNE-PASSING OF BELOVED FOUNDER

We are deeply saddened to report that OA's beloved founder, Rozanne S., passed away peacefully on January 16.

A tribute to OA's founder, Rozanne S., is now posted on the OA Web site here: Rozanne: In Memoriam. Leave your remembrance of Rozanne: <http://www.oadenver.org/remembering-rozanne/>

BEHIND THE SCENES AT OADENVER.ORG

Our website attracted about **25,000 visitors** in 2013 from **81 countries**. Find out more about the outreach our site performs at <http://jetpack.me/annual-report/37108012/2013/> and consider contributing your Experience, Strength & Hope at <http://www.oadenver.org/share-your-story/>

UNITY DAY!

This year, Unity Day will take place on **February 22nd** Noon to 3 pm at Grace United Methodist Church 4905 East Yale Avenue in Denver. \$5 Suggested Donation. *Contact Rhonda for more info at 720 837-3550.*

CO STATE CONVENTION PLANNING COMMITTEE MEETING

March 1st at Amy K.'s house at 2587 Vivian Street in Lakewood at **2:30 pm**. The Colorado State Convention Planning Committee Meeting is working on the CO State Convention this fall which will be held in Frisco, CO. Come and join in on the planning fun!

WESTERN SLOPE HOSTS OA RETREAT IN MAY

Mark your calendar! The Western Slope retreat **WILL** happen the weekend of May 16th -18th at the Sunlight Mountain Inn outside of Glenwood Springs. *Flyers and more details to follow!*

INTERGROUP BOARD	
Chairperson	chair@oadenver.org
Steven K.	303-656-7848
Vice Chairperson	[Open Position Available]
Treasurer	treasurer@oadenver.org
Vera A.	303-456-8755
Corresponding Sec'y	corsec@oadenver.org
Amy K.	303-909-6049
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Gina C.	r3rep2@oadenver.org
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Marcia V. (Stand In)	
303-278-3422	tsw@oadenver.org
Public Information & Professional Outreach	
[Open Position Available]	
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Heidi B.	
720-937-2730	pubchair@oadenver.org
Recovery Road Editor	
Jim C.	
303-379-0171	news@oadenver.org

OVEREATERS ANONYMOUS WEBSITES

Central Colorado Intergroup:
www.oadenver.org/

OA Region III: www.oaregion3.org/

World Service: www.oa.org/

SELECTED ONLINE RESOURCES

Order OA Literature:
<http://bookstore.oa.org/>

Lookup Online/Telephone Meetings:
www.oa.org/membersgroups/find-a-meeting/

Listen to L.A. Intergroup Speakers:
www.oalaig.org/html/speakers.php

Hear from Central CO Members:
www.oadenver.org/category/members-share/podcasts/

(Recordings of speakers from recent local events and written content from Colorado OA members.)

OA PUBLICATIONS

A Step Ahead (Quarterly OA World Service Newsletter):
www.oa.org/membersgroups/a-step-ahead-newsletter/

Lifeline Magazine: www.oa.org/lifeline-magazine

Recovery Road Archive copies available at:
www.oadenver.org/newsletter/

SPECIAL FOCUS MEETING - BULIMIA & ANOREXIA

On the first Saturday of each month, OA in Denver hosts a special focus meeting for those suffering from the disease of bulimia and anorexia. While the topic is geared towards those issues, anyone is welcome. The meeting starts at Noon, but if you can, come early (11:30ish am with or without your own abstinent meal) to enjoy fellowship before the meeting. The **March** meeting is at Amy's house. If you need directions, please call Amy K at 303-909-6049, or look online at oadenver.org. Please note: while this meeting does have a special focus, it is open to anyone who has issues with food.

The Monday 7PM meeting at Unity Church in Denver is now a 12 & 12 meeting - formerly a Big Book meeting.

New, Updated Meeting List is available now, in print (at most meetings), or as a .pdf file online at oadenver.org.

PHONE MEETING

Supporting Your Recovery With a Phone Meeting. Busy schedule? Hate traffic? Phone it in! Listen to speakers, participate in group share, study the steps, and learn the OA recovery tools TODAY. [Thursday Mornings](#) 6 am - 7 am MST.

NEWCOMER'S WELCOME - Tuesday Noon at Mile Hi Church will now have a Newcomer's Welcome at 11:45 (just before the Noon meeting).

MEETING NOTICES – PLEASE NOTE UPDATES!

Details on available local meetings:
www.oadenver.org/oa-meetings/find-a-meeting/

- There is a weekly **phone meeting for Spanish speakers** on Tuesdays at 7 pm MT. The phone number is 712-432-5200, access code 629561#. Contact person is Nicholas R. – call him at 443-302-9832 (EST) or email nicroa7@gmail.com.

- See www.oadenver.org/calendar/ for the latest listing of local and regional OA events.

ABOUT RECOVERY ROAD

"Recovery Road" is a publication of the Central Colorado Intergroup (CCI) of Overeaters Anonymous and actively solicits comments, suggestions and contributions from all OA members. We reserve the right to edit style and punctuation, but not content.

Opinions expressed are those of the contributors and not necessarily those of OA as a whole. To contribute or to get more information, e-mail news@oadenver.org, or call one of the contacts for CCI Publications.

SEVENTH TRADITION DONATIONS

OA's Seventh Tradition tells us that we should be fully self-supporting through our own contributions. Please put your group number (assigned by OA's World Service Office) on all checks or money orders. Please do not send cash in the mail.

Disbursements of funds beyond your group's expenses are suggested as follows:

60%	30%	10%
Central Colorado Intergroup	World Service Office	Region 3 Treasurer
Attn: Treasurer	P.O. Box 44020	Attn: Barbara Vervenne
P. O. Box 461331	Rio Rancho, NM	P.O. Box 29903
Glendale, CO 80246	87174-4020	Austin, TX 78755