

Recovery ROAD

APRIL 2012 – PLEASE CHECK MEETING CANCELLATIONS ON BACK

Central Colorado Intergroup (CCI) website is <http://www.oadenver.org/>

CCI contact/voicemail hotline is 720-443-3676

CCI e-mail address is oa meetings@oadenver.org

Step, Tradition and Concept of the Month

Step Four: Made a searching a fearless moral inventory of ourselves.

Tradition Four: Each group should be autonomous except in matters affecting other groups or OA as a whole.

Concept Four: The right of participation ensures equality of opportunity for all in the decision-making process.

Upcoming Events

Here's a list of upcoming OA events – see www.oadenver.org/category/events/ for more events and details.

- ◆ 4/20/12 (Friday), 6pm-8:15pm – quarterly all-metro speaker meeting at Shepherd of the Hills Presbyterian Church, Lakewood
- ◆ 4/28/12 (Saturday), 8am-4pm – fifth annual "Day in OA" hosted by Hills and Plains Intergroup, Rapid City, SD
- ◆ 4/30/12 (Monday)-5/5/12 (Saturday) – World Service Business Conference, Embassy Suites Albuquerque Hotel, Albuquerque, NM – theme is "Visions for the Fellowship"
- ◆ 5/1/12 (Tuesday), 7pm-8:30pm – monthly Central Colorado Intergroup meeting at National Jewish Hospital, SW corner of Colfax Ave. and Colorado Blvd.
- ◆ 5/18/12 (Friday)-5/20/12 (Sunday) – Western Slope OA Groups' annual spring retreat at Sunlight Resort outside of Glenwood Springs; this year's theme is "Balance in Recovery" – register early if you're interested, participation is capped at 35 people!



Principles for March:
Courage
Autonomy
Equality

OUTREACH AT THE 9 HEALTH FAIRS

The 9 Health Fairs in the Denver metro area will begin on Saturday 4/7 and run through Saturday 5/12. **There is an online sign-up form for entering your information and availability at the Central Colorado Intergroup website:**

<http://www.oadenver.org/volunteer-at-9healthfair/>

Here is a list of the fair dates and cities in the Denver metropolitan area:

- Sat. 4/7: Denver, Englewood
- Sat. 4/14: Denver, Aurora, Lakewood
- Sun. 4/15: Thornton, Littleton
- Sat. 4/21: Broomfield, Highlands Ranch, Littleton, Denver, Golden, Wheat Ridge, Lakewood
- Sun. 4/22: Aurora, Thornton, Littleton, Lakewood, Parker, Westminster, Arvada, Denver
- Mon. 4/23: Arvada, Denver, Northglenn, Aurora
- Tues. 4/24: Denver, Centennial, Aurora, Arvada
- Wed. 4/25: Glendale, Denver, Evergreen, Arvada
- Thur. 4/26: Westminster, Evergreen, Centennial
- Fri. 4/27: Castle Rock, Denver, Aurora
- Sat. 4/28: Denver, Westminster, Lakewood, Arvada, Aurora, Broomfield, Lone Tree
- Sun. 4/29: Arvada, Aurora, Denver, Parker, Commerce City
- Wed. 5/2: Denver - Sat. 5/5: Littleton - Sat. 5/12: Thornton

Most of the fairs last about five hours – 7am to 12pm – but if you can help for just two or three hours, that's fine. Maybe you can even find an OA buddy to keep you company and/or cover the other half of the time slot! Central Colorado Intergroup has committed to try and have a presence at twenty-four of the events. In the past, these have been great events for outreach – we set up a table with literature and a simple sign containing our name in large letters, and then we see what happens...

CCI TRUSTED SERVANTS	
Chairperson	chair@oadenver.org
Marcia V.	303-278-3422
Vice Chairperson	vicechair@oadenver.org
Brock H.	303-333-3452
Treasurer	treasurer@oadenver.org
Jan B.	303-456-8755
Corresponding Sec'y	corsec@oadenver.org
Emily A.	720-352-1458
Recording Secretary	secretary@oadenver.org
Annie H.	720-373-5753
Region III/WSO Representatives	
Tom G. (Rep. 1)	303-882-8252
	r3rep1@oadenver.org
Brock H. (Rep. 2)	303-333-3452
	r3rep2@oadenver.org
[Rep. 3 position open]	[your phone # here]
COMMITTEE CHAIRS	
<u>Twelfth-Step-Within/9 Health Fair</u>	
Amy K. (acting chair)	tsw@oadenver.org
303-909-6049	
Ruth (9 Health Fair co-chair)	
720-277-5275	
<u>Public Information & Professional Outreach</u>	
Mike L.	pipo@oadenver.org
<u>Publications</u>	
Website: Heidi B.	pubchair@oadenver.org
720-373-2187	
"Recovery Road" assistant: Alex W.	
303-322-0085	news@oadenver.org

OVEREATERS ANONYMOUS WEBSITES

Central Colorado Intergroup:

<http://www.oadenver.org/>

OA Region III: <http://www.oaregion3.org/>

World Service: <http://www.oa.org/>

SELECTED ONLINE RESOURCES

Order Literature:

<http://bookstore.oa.org/>

Online/Telephone Meeting Lookup Tool:

<http://www.oa.org/meetings/find-a-meeting-online.php>

L.A. Intergroup Speaker Recordings:

<http://www.oalaig.org/html/speakers.php>

Denver Intergroup Members Share:

<http://www.oadenver.org/category/members-share/podcasts/>

(This "Members Share" resource contains recordings of speakers from recent local events as well as written content from OA members in Colorado.)

NEWSLETTERS

A Step Ahead (OA World Service

Newsletter): <http://www.oa.org/services-for-members/newsletters.php>

MEETING CANCELLATIONS

The Thursday 7pm meeting at the Loretto Center in Lakewood closed early last month. Please disregard last month's appeal for support, the meeting is now defunct.

The Thursday 7:15pm meeting (30-Day Focus) at South Broadway Christian Church was discontinued within the last two months. If you are interested in this type of meeting, there is a 90-day abstinence meeting in Broomfield on Saturday mornings that is similarly structured.

The proposed meeting at the new Eating Disorders Foundation center will not be taking place due to the needs of the host facility to focus on its core mission as it establishes its operations.

MEETING NOTICES – PLEASE NOTE UPDATES!

(Local meeting information online at <http://www.oadenver.org/>)

- There is a bulimia/anorexia meeting on the first Saturday of the month at a rotating location – please call Amy K. at 303-909-6049 or Tom G. at 303-882-8252 for directions

- The time for the Tuesday evening meeting in Eagle, CO (at the Eagle Library) has changed from 6pm to 5:30pm

- There is a new weekly men's phone meeting for bulimics, anorexics, and exercise addicts. It meets at 5:30pm Mountain Time on Sundays. The telephone number is 661-673-8600, access code 833625#

- There is a weekly phone meeting for Spanish speakers on Tuesdays at 7pm MT. The phone number is 415.400.0300, access code 629561#. Contact person is Nicholas R. – call him at 443.302.9832 or e-mail to nicroa7@gmail.com

- Information about women's step-writing meeting and Big Book phone meeting are still online at www.oadenver.org

ABOUT RECOVERY ROAD

"Recovery Road" is a publication of the Central Colorado Intergroup (CCI) of Overeaters Anonymous and actively solicits comments, suggestions and contributions from all OA members. We reserve the right to edit for style and punctuation, but not for content. Opinions expressed are those of the contributors and not necessarily those of OA as a whole. To contribute or to get more information, e-mail oameetings@oadenver.org, or call one of the contacts for CCI Publications.

SEVENTH TRADITION DONATIONS

OA's Seventh Tradition tells us that we should be fully self-supporting through our own contributions. Please put your group number (assigned by OA's World Service Office) on all checks or money orders. **Please do not send cash in the mail.**

Disbursements of funds beyond your group's expenses are suggested to be done according to the 60-30-10 plan:

60%	30%	10%
Central Colorado Intergroup	World Service Office	Region 3 Treasurer
Attn: Treasurer	P.O. Box 44020	Attn: Barbara Vervenne
P. O. Box 461331	Rio Rancho, NM	P.O. Box 29903
Glendale, CO 80246	87174-4020	Austin, TX 78755