

Recovery ROAD

AUGUST 2011 – STATE CONVENTION AND BOARD ELECTIONS!

Central Colorado Intergroup (CCI) website is <http://www.oadenver.org/>

CCI contact/voicemail hotline is 303-369-7766

CCI e-mail address is oameetings@hotmail.com

Step and Tradition of the Month

Step Eight: Made a list of all persons we had harmed and became willing to make amends to them all.

Tradition Eight: Overeaters Anonymous should remain forever nonprofessional, but our service centers may employ special workers.

Upcoming Events

Here's a list of upcoming OA events – see www.oadenver.org/category/events/ for more events and details.

- ◆ 8/2/11, 7 pm – monthly Central Colorado Intergroup meeting at National Jewish Hospital (corner of Colfax Ave. & Colorado Blvd.); see announcement on back of newsletter.
- ◆ 8/8/11, 6:30 pm – planning meeting for Region III Assembly and Colorado State Convention to be held in October, contact Jan B. for location information or to give ideas (janbluecpa@msn.com or 303-456-8755).
- ◆ 9/6/11, 7 pm – monthly Central Colorado Intergroup meeting at National Jewish Hospital (corner of Colfax Ave. & Colorado Blvd.); see announcement on back of newsletter.
- ◆ 9/12/11, 6:30 pm – planning meeting for Region III Assembly and Colorado State Convention to be held in October, contact Jan B. for location information or to give ideas (janbluecpa@msn.com or 303-456-8755).
- ◆ 10/4/11, 7 pm – monthly Central Colorado Intergroup meeting at National Jewish Hospital (corner of Colfax Ave. & Colorado Blvd.); see announcement on back of newsletter.
- ◆ **10/7/11, 3pm to 10/9/11, 11:30am – Colorado State Convention and Region III Assembly, Red Lion Hotel (Stapleton) 4040 Quebec St., Denver, CO 80206**
- ◆ 10/14/11 to 10/16/11 – Las Vegas OA Intergroup Fall Retreat at Casablanca Resort, 950 W. Mesquite Blvd., Mesquite, NV 89027.



DRUMMING UP SUPPORT: VOLUNTEERS NEEDED FOR THE STATE CONVENTION/REGIONAL ASSEMBLY IN OCTOBER

"We Are the Message" is the theme of the combined Colorado State Convention and Region III Assembly which will be held on October 7th through October 9th at the Red Lion Inn in Denver's Stapleton area. Local volunteers are needed to embody this theme by performing service in the following roles:

- Secretarial – taking notes, typing, email correspondence
- Printing & Copying Committee
- Special Events Committee
- Transportation
- Public Information
- Signs & Decorations
- Welcome Committee

You can get information on service positions needed by contacting Jan B. at 303-456-8755, janbluecpa@msn.com or by attending the next Planning Committee meeting on Monday, August 8th, 2011.

WHY SHOULD I ATTEND THE CONVENTION IN OCTOBER?

The convention is coming up!!! What does that mean for me? It means a chance to choose 4 out of 8 great workshops, plus meetings led by folks from outside our area. I can take a low-key vacation in which I get a BIG dose of recovery in a way that works for me! I can take advantage of OA meetings, create a silent retreat, take a break from everyday life, and/or just work on my program. I can get a glimpse of the bigger picture with regard to OA. I can sit with an array of strangers to share, listen and learn. I can practice "living in the solution." Come and join us...celebrate the "we" of our program! (P.S. – If all that isn't enough, scholarships are available too!) Amy K.

CENTRAL COLORADO INTERGROUP BOARD ELECTIONS

I have to admit, I'm really tempted to put a diaper joke in here... **But seriously, here's the deal – every year in September, Central Colorado Intergroup holds elections for five board members, including the Chairperson, the Vice-Chair, the Treasurer, the Recording Secretary, and the Corresponding Secretary.** We do this because of a 12-Step concept about the spirit of rotation which strongly suggests that no one person should stay in a given service position for too long, since it can become problematic both for the person and for the group. Qualifications for positions are listed on page 6 here: <http://www.oadenver.org/wp-content/uploads/2009/05/Central-Colorado-Intergroup-Bylaws-2005-Revision.pdf>. If you have any interest or questions about these elections, please show up on September 6th and participate!

CCI TRUSTED SERVANTS	
Chairperson	chair@oadenver.org 303-278-3422
Marcia V.	
Vice Chairperson	vicechair@oadenver.org 303-333-3452
Brock H.	
Treasurer	treasurer@oadenver.org 360-356-6855
Linda G.	
Corresponding Sec'y	corsec@oadenver.org 720-352-1458
Emily A.	
Recording Secretary	secretary@oadenver.org 303-279-3110
Kelly F.	
Region III/WSO Reps	r3rep2@oadenver.org 303-882-8252 720-373-2187 [Your Phone # Here]
Tom G.	
Heidi B.	
[Position Open]	
COMMITTEE CHAIRS	
Twelfth-Step-Within: [OPEN]	
Professional Outreach: [provisionally filled?] poc@oadenver.org	
Publications Website: Heidi B. 720-373-2187 <i>Please send any meeting & citywide sponsor updates to: oameetings@hotmail.com</i> "Recovery Road" Assistant: Alex W. 303-322-0085	

OVEREATERS ANONYMOUS WEBSITES

Central Colorado Intergroup:

<http://www.oadenver.org/>

OA Region III: <http://www.oaregion3.org/>

World Service: <http://www.oa.org/>

SELECTED ONLINE RESOURCES

Order Literature:

<http://bookstore.oa.org/>

Online/Telephone Meeting Lookup Tool:

<http://www.oa.org/meetings/find-a-meeting-online.php>

L.A. Intergroup Speaker Recordings:

<http://www.oalaig.org/html/speakers.php>

NEWSLETTERS

A Step Ahead (OA World Service

Newsletter): <http://www.oa.org/services-for-members/newsletters.php>

Horizon (OA Region III Newsletter):

<http://www.oaregion3.org/horizon/index.html>

ABOUT RECOVERY ROAD

"Recovery Road" is a publication of the Central Colorado Intergroup (CCI) of Overeaters Anonymous and actively solicits comments, suggestions and contributions from all OA members. We reserve the right to edit for style and punctuation, but not for content. Please focus on your experience, strength and hope in the OA program of recovery. Opinions expressed are those of the contributors and not necessarily those of OA as a whole. E-mail contributions to oameetings@hotmail.com or call one of the contacts for CCI Publications.

MEMBERS SPEAK – OA WRITINGS AND RECORDINGS

Six new voice recordings (a.k.a. "podcasts") from the recent CCI workshop on the newest OA tool ("A Plan of Action") have been made available in the Members Speak section of the CCI website. Read and listen to local members share their experience, strength and hope in OA at:

<http://www.oadenver.org/members-speak/>

This webpage includes by audio recordings and written material from recent events and publications. If you would like to contribute to this library of member shares, send your story or digital recording to: oameetings@hotmail.com

MEETING NOTICES

(Find local meeting information 24/7 at <http://www.oadenver.org/>)

- **The Monday 7pm meeting in Castle Rock at New Hope Presbyterian Church has been discontinued as of 7/25.**
- The Friday 7pm meeting at Shepherd of the Hills Presbyterian Church in Lakewood was also discontinued at the end of June.
- On the first Friday of every month, the noon meeting in central Denver conducts an open step study of the step corresponding to the month of the year.

ATTEND THE NEXT INTERGROUP MEETING

Everyone is welcome! Tuesday, September 6th, 2011, from 7pm to 8:30pm at National Jewish Hospital, 1400 Jackson St., Denver 80206 (SW corner of E. Colfax Ave. & Colorado Blvd.).

Free parking is available in the surface lot off of E. Colfax Ave. just east of Garfield St. The parking lot faces the main entrance on the west side of the hospital. The meeting is usually in a cafeteria conference room – if you get lost, ask the security guard inside the main entrance for the room location.

FROM MARCIA F., REG. III RECORDING SECRETARY:

Don't just think locally - think regionally. Having a workshop, retreat or other recovery event? Region III would like to list them on its website. Send a notice, flyer or website link to r3webmaster@oaregion3.org (and be sure to keep CCI informed as well by sending information to oameetings@hotmail.com).

SEVENTH TRADITION DONATIONS

OA's Seventh Tradition tells us that we should be fully self-supporting through our own contributions. Please put your group number (assigned by OA's World Service Office) on all checks or money orders. **Please do not send cash in the mail.**

Disbursements of funds beyond your group's operating expenses are suggested to be done according to the 60-30-10 plan:

60%	30%	10%
Central Colorado Intergroup	World Service Office	Region 3 Treasurer
Attn: Treasurer	P.O. Box 44020	Attn: Barbara Vervenne
P. O. Box 461331	Rio Rancho, NM	P.O. Box 29903
Glendale, CO 80246	87174-4020	Austin, TX 78755