

Recovery ROAD

OCTOBER 2011

Central Colorado Intergroup (CCI) website is <http://www.oadenver.org/>

CCI contact/voicemail hotline is 303-369-7766

CCI e-mail address is oameetings@hotmail.com

Step, Tradition and Concept of the Month

Step Ten: Continued to take personal inventory and when we were wrong, promptly admitted it.

Tradition Ten: Overeaters Anonymous has no opinion on outside issues; hence the OA name ought never be drawn into public controversy.

Concept Ten: Service responsibility is balanced by carefully defined service authority; therefore, duplication of efforts is avoided.

Upcoming Events

Here's a list of upcoming OA events – see www.oadenver.org/category/events/ for more events and details.

- ♦ **10/7/11, 3pm to 10/9/11, 11:30am – Colorado State Convention and Region III Assembly, Red Lion Hotel (Stapleton) 4040 Quebec St., Denver, CO 80206**
- ♦ 10/14/11 to 10/16/11 – Las Vegas OA Intergroup Fall Retreat (“Oasis in the Desert”) at Casablanca Resort, 950 W. Mesquite Blvd., Mesquite, NV 89027.
- ♦ **10/21/11, 6pm-8:15pm – quarterly speaker meeting at Shepherd of the Hills Presbyterian Church in Lakewood – please come!**
- ♦ 11/1/11, 7pm-8:30pm – monthly Central Colorado Intergroup meeting at National Jewish Hospital; see back of this newsletter.
- ♦ 11/19/11 – International Day Experiencing Abstinence (IDEA); time and location of CCI's IDEA celebration to be determined
- ♦ 12/6/11, 7pm-8:30pm – monthly Central Colorado Intergroup meeting at National Jewish Hospital; see back of this newsletter.
- ♦ 12/12/11 (Monday) – Twelfth-Step Within Day, typically observed with a candlelight meeting; time and location to be determined
- ♦ 1/1/12 – CCI New Year's Day brunch event, time and location to be determined



LAST NOTICE FOR THE STATE CONVENTION/REGIONAL ASSEMBLY ON OCTOBER 7TH THROUGH 9TH

Let's be honest – by the time you see this newsletter, chances are that the state convention will have passed. However, if this is not the case when this piece of paper finds its way into your hot little hands, check your calendar for this weekend. There will be events on Friday evening, Saturday all day, and Sunday morning at the Red Lion Hotel in the Stapleton area (see bold announcement at left). If you have a free evening, day, or morning, come over and get a taste of what an OA celebration looks like, perhaps meet people outside of your normal OA circle, and maybe even ask at the registration table if you can do one or two hours of mind-expanding service.

In addition, as the convention event passes, CCI would like to thank all of the members of Overeaters Anonymous in Colorado who have helped make this happen through their hard work, dedication, and simple willingness to show up. Thank you all! OA in Colorado is richer for having experienced what you worked so hard to organize.

REQUEST FOR SERVICE FOR YEAR-END EVENTS

Dear OA Friends, There are three main events corresponding to the holiday season (in the Gregorian calendar) that we in the Denver metro area have been very fortunate to enjoy on a consistent basis for several years. These events are: the IDEA celebration just before Thanksgiving, the Candlelight meeting in mid-December, and the New Year's Day brunch. **Organizing the convention has taken a lot from the people who usually do service for OA in the Denver-metro area. If haven't been involved in service and you would like to dip your toe in the water without having to take on a major formal commitment, please volunteer to help organize one of these events!** For information or to volunteer, please call or e-mail Amy K. at 303-909-6049 or amy.ken@msn.com. Thank you so much!

THANKS TO OUR CCI TRUSTED SERVANTS

Thanks to all of our trusted servants for CCI for the past year and the coming year! Thanks in particular to **Gina C. and Annie H.** who stepped forward at the September CCI meeting for the 2011-2012 term to serve as Treasurer and Recording Secretary, respectively. Your service is invaluable. :o)

CCI TRUSTED SERVANTS	
Chairperson	chair@oadenver.org
Marcia V.	303-278-3422
Vice Chairperson	vicechair@oadenver.org
Brock H.	303-333-3452
Treasurer	treasurer@oadenver.org
Gina C.	303-379-0171
Corresponding Sec'y	corsec@oadenver.org
Emily A.	720-352-1458
Recording Secretary	secretary@oadenver.org
Annie H.	720-373-5753
Region III/WSO Reps	303-882-8252
Tom G. (Rep. 1)	r2rep1@oadenver.org
Brock H. (Rep. 2)	303-333-3452
[Rep. 3 position open]	r3rep2@oadenver.org [your phone # here]
COMMITTEE CHAIRS	
Twelfth-Step-Within/9 Health Fair	
Amy K. (acting chair)	303-909-6049
Ruth (9 Health Fair co-chair)	
Professional Outreach	
Mike L.	poc@oadenver.org
Publications	
Website: Heidi B.	720-373-2187
Please send any meeting & citywide sponsor updates to: oameetings@hotmail.com	
"Recovery Road" Assistant:	
Alex W.	303-322-0085

OVEREATERS ANONYMOUS WEBSITES

Central Colorado Intergroup:

<http://www.oadenver.org/>

OA Region III: <http://www.oaregion3.org/>

World Service: <http://www.oa.org/>

SELECTED ONLINE RESOURCES

Order Literature:

<http://bookstore.oa.org/>

Online/Telephone Meeting Lookup Tool:

<http://www.oa.org/meetings/find-a-meeting-online.php>

L.A. Intergroup Speaker Recordings:

<http://www.oalaig.org/html/speakers.php>

NEWSLETTERS

A Step Ahead (OA World Service

Newsletter): <http://www.oa.org/services-for-members/newsletters.php>

Horizon (OA Region III Newsletter):

<http://www.oaregion3.org/horizon/index.html>

FROM THE REG. III RECORDING SECR.:

Don't just think locally - think regionally. Having a workshop, retreat or other recovery event? Region III would like to list them on its website. Send a notice, flyer or website link to r3webmaster@oaregion3.org (and be sure to keep CCI informed as well by sending information to oameetings@hotmail.com).

ABOUT RECOVERY ROAD

"Recovery Road" is a publication of the Central Colorado Intergroup (CCI) of Overeaters Anonymous and actively solicits comments, suggestions and contributions from all OA members. We reserve the right to edit for style and punctuation, but not for content. Please focus on your experience, strength and hope in the OA program of recovery. Opinions expressed are those of the contributors and not necessarily those of OA as a whole. E-mail contributions to: oameetings@hotmail.com, or call one of the contacts for CCI Publications.

ATTEND THE NEXT INTERGROUP MEETING

Everyone is welcome! Tuesday, November 1st, 2011, from 7pm to 8:30pm at National Jewish Hospital, 1400 Jackson St., Denver 80206 (SW corner of E. Colfax Ave. & Colorado Blvd.).

Free parking is available in the surface lot off of E. Colfax Ave. just east of Garfield St. The parking lot faces the main entrance on the west side of the hospital. The meeting is usually in a cafeteria conference room – if you get lost, ask the security guard inside the main entrance for the room location.

MEETING NOTICES

(Find local meeting information 24/7 at <http://www.oadenver.org/>)

- Just a reminder that baby-sitting is available at the 9am Saturday meeting at Grace United Methodist Church on E. Yale Ave. near the I-25 interchange.
- **The Tuesday evening men's meeting at Grace UMC has changed its time from 6pm to 6:30pm (effective at the end of September 2011).**
- On the first Friday of every month, the noon meeting in central Denver conducts an open step-study meeting on the step corresponding to the month of the year.

MEMBERS SPEAK – OA WRITINGS AND RECORDINGS

Six new voice recordings (a.k.a. "podcasts") from the CCI workshop on the newest OA tool ("A Plan of Action") have been made available in the Members Speak section of the CCI website. Read and listen to local members share their experience, strength and hope in OA at:

<http://www.oadenver.org/members-speak/>

This webpage includes by audio recordings and written material from recent events and publications. If you would like to contribute to this library of member shares, send your story or digital recording to: oameetings@hotmail.com

SEVENTH TRADITION DONATIONS

OA's Seventh Tradition tells us that we should be fully self-supporting through our own contributions. Please put your group number (assigned by OA's World Service Office) on all checks or money orders. **Please do not send cash in the mail.**

Disbursements of funds beyond your group's expenses are suggested to be done according to the 60-30-10 plan:

60%	30%	10%
Central Colorado Intergroup	World Service Office	Region 3 Treasurer
Attn: Treasurer	P.O. Box 44020	Attn: Barbara Vervenne
P. O. Box 461331	Rio Rancho, NM	P.O. Box 29903
Glendale, CO 80246	87174-4020	Austin, TX 78755