

Recovery ROAD

Remember this September of Recovery!

Central Colorado Intergroup (CCI) website is www.oadenver.org

CCI contact/voicemail hotline is 720-443-3676

CCI e-mail address is oa meetings@oadenver.org

Step, Tradition and Concept of the Month

Step Nine: Made direct amends to such people wherever possible, except when to do so would injure them or others.

Tradition Nine: OA, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.

Upcoming Events

Here's a list of upcoming OA events – see <http://www.oadenver.org/calendar/> for more events and details:

- ♦ **9/2 - Intergroup Meeting** National Jewish Hospital 7 pm
- ♦ **9/6 - Special Focus Meeting Bulimia & Anorexia** Noon call Amy K at 303-909-6049
- ♦ **9/6 CO State Convention Planning Meeting** 2:00 pm at Amy K's house
- ♦ **9/17 CO State Convention Planning Meeting** 7:00 pm call Marcia V at 303-278-3422
- ♦ **10/17 -19 State OA Convention Frisco** go to www.oadenver.org - Register today!



**Principle for September:
Love For Others**

Concept Nine: The Board of Trustees has delegated to its Executive Committee the responsibility to administer the OA World Service Office. Able, trusted servants, together with sound and appropriate methods of choosing them, are indispensable for effective functioning at all service levels.

NEWS

2014 OA State Convention

Time for the convention is quickly approaching! Early registration closes on September 30th, so register now and save \$10. We will be giving away printed water bottles for the first 40 full program convention registrants, so get your registrations in soon.

The convention planning committee is working hard to make this a great experience. Our meetings in September will be on the 6th at 2:00PM at Amy K.'s house, and on the 17th at 7:00PM at Marcia V.'s we will also be meeting at Amy K.'s house at 2:00PM on Saturday October 4th, if you need details or directions for any of these meetings, please call Annie H. at [720-373-5753](tel:720-373-5753).

We hope to see you in Frisco on October 17th-19th for a weekend of recovery on higher ground. Scholarships for program fees are available, so if you need some financial assistance to be able to attend, please contact our Registrar, CJ at [303-908-3235](tel:303-908-3235). Also, if you'd like to share a room or carpool, please contact our room/ride coordinator, Shelly W. at (303) 598-3003.

Do You Know OADenver.org?

OADenver.org provides a strong local resource for OAs and compulsive eaters in Central Colorado. While most people use the site to find information on local meetings and events, there is a wealth of information provided on a broad variety of recovery topics. This feature will focus on exploring OADenver.org in more detail and we encourage you to contribute your own voice of recovery.

Featured Page for September 2014: <http://www.oadenver.org/oa-prayers/> Twenty-five prayers for every step on your recovery journey.

OA Grand Junction Website

The combined groups of Overeaters Anonymous in Grand Junction have launched an informational website at <http://www.overeatersanonymousgrandjunction.org> to list local meeting and contact information. It refers visitors to other OA websites that offer more resources about the organization.

INTERGROUP BOARD	
Chairperson	chair@oadenver.org
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Marcia V. (Stand In)	
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OVEREATERS ANONYMOUS WEBSITES

Central Colorado Intergroup:
www.oadenver.org/

OA Region III: www.oaregion3.org/

World Service: www.oa.org/

SELECTED ONLINE RESOURCES

Order OA Literature:
<http://bookstore.oa.org/>

Lookup Online/Telephone Meetings:
www.oa.org/membersgroups/find-a-meeting/

Listen to L.A. Intergroup Speakers:
www.oalaig.org/html/speakers.php

Hear from Central CO Members:
www.oadenver.org/category/members-share/podcasts/

(Recordings of speakers from recent local events and written content from Colorado OA members.)

OA PUBLICATIONS

A Step Ahead (Quarterly OA World Service Newsletter):
www.oa.org/membersgroups/a-step-ahead-newsletter/
Lifeline Magazine:
www.oa.org/lifelinmagazine
Recovery Road Archive
 copies available at: www.oadenver.org/newsletter/

SPECIAL FOCUS MEETING - BULIMIA & ANOREXIA

On the first Saturday of each month, OA in Denver hosts a special focus meeting for those suffering from the disease of bulimia and anorexia. While the topic is geared towards those issues, anyone is welcome. The meeting starts at Noon, but if you can, come early (11:30ish am with or without your own abstinent meal) to enjoy fellowship before the meeting. The **September** meeting is at Amy's house. If you need directions, please call Amy K at 303-909-6049, or look online at oadenver.org. Please note: while this meeting does have a special focus, it is open to anyone who has issues with food.

The Monday 7PM meeting at Unity Church in Denver is now a 12 & 12 meeting - formerly a Big Book meeting.

A new, updated meeting list is available now, in print (at most meetings), or as a .pdf file online at oadenver.org.

PHONE MEETING

Supporting Your Recovery with a Phone Meeting. Busy schedule? Hate traffic? Phone it in! Listen to speakers, participate in group share, study the steps, and learn the OA recovery tools TODAY. Thursday Mornings 6am -7am MST.

Newcomer's Welcome - Tuesday Noon at Mile Hi Church will now have a Newcomer's Welcome at 11:45 (just before the Noon meeting).

MEETING NOTICES – PLEASE NOTE UPDATES!

Details on available local meetings:
www.oadenver.org/oa-meetings/find-a-meeting/

- There is a weekly **phone meeting for Spanish speakers** on Tuesdays at 7 pm MT. The phone number is 712-432-5200, access code 629561#. Contact person is Nicholas R. – call him at 443-302-9832 (EST) or email nicroa7@gmail.com.

- See www.oadenver.org/calendar/ for the latest listing of local and regional OA events.

ABOUT RECOVERY ROAD

"Recovery Road" is a publication of the Central Colorado Intergroup (CCI) of Overeaters Anonymous and actively solicits comments, suggestions and contributions from all OA members. We reserve the right to edit style and punctuation, but not content.

Opinions expressed are those of the contributors and not necessarily those of OA as a whole. To contribute or to get more information, e-mail news@oadenver.org, or call one of the contacts for CCI Publications.

SEVENTH TRADITION DONATIONS

OA's Seventh Tradition tells us that we should be fully self-supporting through our own contributions. Please put your group number (assigned by OA's World Service Office) on all checks or money orders. Please do not send cash in the mail.

Disbursements of funds beyond your group's expenses are suggested as follows:

60%	30%	10%
Central Colorado Intergroup	World Service Office	Region 3 Treasurer
Attn: Treasurer	P.O. Box 44020	Attn: Barbara Vervenne
P. O. Box 461331	Rio Rancho, NM	P.O. Box 29903
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