

**Central Colorado Intergroup Meeting of Overeaters Anonymous
Final Meeting Minutes for September 5, 2017**

Attendees: Jan B., Carrie S., Gina C., Annie H., Jim C., Heidi B., Mike K., Maureen J., Marcia V., Amy K., Carolyn C., Nick S., Lolo D., Nickie, Beth

1. **Call to Order** – meeting called to order at 7:00 by Jan B. with the Serenity Prayer
2. **Meditation Reading on Service** – read by: Carrie S.
3. **Tradition of the Month** – Tradition 9 – read by: Heidi B.
4. **OA Concept 12 Reading** – Concept 9 – read by: Nickie
5. **Introductions:** Nickie and Beth are first time attendees.
6. **Welcome and Reminder**
7. **7th Tradition and Review, amend and approve DRAFT minutes** – 2 changes were suggested for the August minutes; the bullet points in 9a were tightened up, 9d was reworded to include July. Mike moved and Jim seconded to approve the minutes as amended. Motion carried unanimously.
8. **Officer Reports**
 - a. **Chair** – Jan B reported there were 12 people who attended the CCI meeting last month. 2 meetings were represented outside of the board and committee chairs.
 - b. **Vice Chair** – Carrie S. reported she attended the Special Focus meeting, and is a moderator for A Vision for You meeting. She has been working diligently with the Assembly Planning Committee, and has made some significant contributions to this event.
 - c. **Corresponding Secretary** – Gina C. reported printing is done, she gave the Lifeline to Nickie.
 - d. **Treasurer** – Jan B. reported, we have \$9,441.90 in the bank; the 7th Tradition was \$2,346.16 for August. Jan wrote a check of \$700 for the deposit for New Year’s Day event. We need an Audit committee for the past fiscal year, next month we will compile that committee. We need to have a budget committee, Mike, Carrie, Carolyn and Jan will make up the committee and meet prior to our next meeting. Jan suggested to do the meeting via conference call after emailing the documents to participants. The committee will present the proposed budget for next fiscal year. Jan will take a disbursement from PayPal prior to the end of this year.
9. **Standing & Ad-hoc Committee Reports**
 - a. **Pub/Tech Committee/Website update** – Jim stated the email blast went out to 311 people. Committee meeting is coming up later this month. Heidi reported that the committee will be working on worksheets for the website redesign. The emails aren’t ready yet, but will be coming, stay tuned.
 - b. **Region III Rep/WSBC Delegates** – Mike passed out information for the upcoming Region III Assembly. We will be voting on steering committee board officers and selecting our Region Trustee. Nine of ten Regions will be represented by the Region Chairs who are joining us for the Assembly. WSBC will be April 23-28, 2018. There are trustee openings for Regions 3,6,9 and Virtual Services, and two 3-year term positions for General Trustees. Mike has the revised agenda for the Conference. Mike is also the delegate co-chair for the Young person’s committee. Board Materials Approval committee is reviewing some literature they are working on, and there is also a person designated to keep up with Facebook. WSBC bylaws or amendments for consideration in 2018 are due Dec. 10, 2017. Beth asked why the Young Persons group is only for people over 18, Mike explained that for below 18, it is a family issue, and out of the individual’s power. Amy commented that PI/PO went to Colorado Springs and spoke to ninth graders, her question was if there is a problem with speaking to that grade level. Mike said it is not a problem for us to visit classes where we are invited to speak to younger people.
 - c. **Twelfth Step Within** –Maureen shared that she and Rita are considering an event for November, more information on that to come. Carrie reported that the New Year’s Day event will be a luncheon at Applewood Vista, contract is signed. Time is 11a-2p. Kelli will be monitoring a table at the assembly with information about the event. Carolyn thought the meeting representatives worked well last year.

- d. **PI/PO** – Amy reported the committee met this month, and the committee will meet again in October.
- e. **Region III Fall 2017 Assembly/Convention planning committee** – Annie reported on the committee meetings from August.

Meeting called to order with Serenity Prayer	
Meditation on serenity (August 23rd VOR) read by Mike	
Estimate for Simplicity Project cards - need to get these ordered and printed so we can put them into bags next weekend	
Moderator/Leader format for workshops - Carolyn and Mike will make a draft then send to the committee for approvals	
Region Chair ribbon/button - since we don't have a ribbon, we will add their Region # to their name tags	
Roommate status - Gina does have a roommate for Annette, and she will let Brenda know	
Literature cost was \$851.20	
Hotel pre-payment required by 9/8/17 - Mike will contact Laura to discuss additional 10% charge. If it will increase as the banquet numbers go up, and/or if any unneeded funds will be returned to us	
Hospitality suite offerings - the committee voted not to have items for sale in the hospitality suite during the weekend, other than water and fruit that we will provide	
Detailed hotel contract received from Laura	
Tickets for Baskets and Dinner - Amy has rolls of tickets we can use, she will give them to Carolyn so she can bring them to the next meeting	
Mike will contact Sandy to see if she has a copy of the audio release	
Question about arrangements for transportation from hotel to airport, Carrie is following up	
Annie will send an email to Laura to ask if we can bring our hot water pot with tea	
Carrie will have a table near registration for the New Year's Day event	
Agenda for 9/9/17	
Name tags - Lainey will send Annie the names on Wednesday 9/6/17 for printing. We will add Region # Chair to each of the Region chair name tags	
Jenn will bring Simplicity Project card sets and the committee will tie/band them together and stuff them into the give away bags	
Annie will send the schedule to Jenn for formatting and Jenn will bring copies of the schedule to put into name tags	
Agreed on format and Copies of Moderator announcements, Audio agreement, Timer sheets, Literature Table sign	
Name tag contents:	
*name tag	*drawing ticket
*conference schedule	*dinner ticket
We need to formulate an email for participants including schedule, local contact info, directions	

10. New Business

- a. Corresponding Secretary Job Description – Jan read the job description for corresponding secretary, and mentioned that it would be good for the corresponding secretary to compile information from email that would come from the chair email. Picks up printing, Would be responsible for scanning documentation for archives.
- b. Board Elections – Carrie is running for Chair, she would be in her fourth year of service, she looks forward to the challenge of being Chair. Vice Chair is open at this time. Jan B. is running for Treasurer, and would like to see the job simplified and to have our archives in electronic form. Corresponding Secretary is open. Annie H. is running for Recording Secretary. Carrie was elected Chair, Jan was elected Treasurer and Annie was elected Recording Secretary. Mike will destroy the ballots. He also thanked Gina for her years of service as Corresponding Secretary and Treasurer

11. Old Business – Best practices Manual for Officers and Committee Chairs

12. Good of the Order – Carrie mentioned that we may need a group conscience meeting to discuss the time, location and of the CCI meeting. Jan stated that this is a discussion for new business, not necessarily a group conscience. Amy mentioned that we recently lost a member of 25 years who will be having a memorial service on Sunday this week. The memorial service is a testament to recovery, addiction and suicide. It will be held at Temple Emmanuel at 3:00 p.m., she asked if we could put it in the email blast for tomorrow. Carolyn C. mentioned that she didn't run for a position, but she feels strongly about getting the message out to meetings that aren't represented here. She would like to work with others to get out the message. Will be a new business item for next month.

13. The meeting was adjourned at 8:30 p.m. with I Put My Hand in Yours.

Respectfully submitted by Annie H. 9/7/17