

**Central Colorado Intergroup Meeting of Overeaters Anonymous
Final Meeting Minutes for October 3, 2017**

Attendees: Carrie S., Jan B., Annie H., Jim C., Heidi B., Mike K., Heidi B., Foster,
Carolyn C., Nick S., Lolo D., Nicki

1. **Call to Order** – meeting called to order at 7:01 by Carrie S. with the Serenity Prayer
2. **Meditation Reading on Service** – 5th Tradition read by: Carrie S.
3. **Tradition of the Month** – Tradition 10 – read by: Nick
4. **OA Concept 12 Reading** – Concept 10 – read by: Lolo
5. **Introductions:** We have no first-time newcomers
6. **Welcome and Reminder**
7. **7th Tradition and Review, amend and approve DRAFT minutes** – Mike moved and Jim seconded to approve the minutes as written. Motion carried unanimously.
8. **Officer Reports**
 - a. **Chair** – Oct. 2017 Chair Report
 - i. Carrie received a news bulletin from World Service regarding “What’s New”. She forwarded the details of the new Public Information Manual to PIPO team- Marcia and Amy for consideration of purchasing. She contacted Jan regarding our PIPO budget, and confirmed we have \$400 budgeted. She then purchased 3 packs of the new Public Information Posters (20 per set) for \$23-total. She then sent Jim an article for the RR inviting members to pick up a few posters at our CCI meeting to help carry the message. She also added to new business- Front Page of the OA website? Carrie met with Mandy and BJ from NCI at the R3A to help join our Intergroups through our hotline for greater effectiveness. She then linked them with Annie H. to help facilitate the logistical concerns around this endeavor. Carrie received a news bulletin stating that the 2018 First Set of e-Documents are now available. Carrie also joined the budget committee conference call this past week, working with Jan B. Mike K and Carolyn C on the 2017-2018 budget.
 - ii. Carrie and Jan went to Chase bank to have her name added to the checking account. She and Jan are now the sole names of the account. Jan then spent time mentoring Carrie on the Chairs Roles and Responsibilities and emailing her the necessary documents for CCI.
 - b. **Vice Chair** – no vice chair
 - c. **Corresponding Secretary** – no corresponding sec
 - d. **Treasurer** – Jan B. reported, we have \$9149.90 in the bank; the 7th Tradition was \$166.81 for September. We ended the year in good shape. Jan presented the 2017-2018 budget to the group. There is a large amount of money in the bank, more than the prudent reserve which was calculated to be \$1560 for 6 months of expenses. Nickie asked about 7th tradition for the Sunday meeting. She will ask the past group treasurer. Mike mentioned that we need to get the word out for website donations. The Communications/Technology line item was set for \$10,900 with the expectation that \$2,100 will come in for the website. Heidi was wondering if there could be two lines for the website to break out technology vs. website. Jan mentioned that the whole bucket of money is earmarked for the committee. Mike elaborated on the Region Rep/WSBC delegate budget item. The committee recommends sending 2 delegates to Salt Lake City in the Spring, and 2 delegates to WSBC, the Fall Assembly for 2018 will be from next year’s budget. Mike moved and Jim seconded the budget be approved as presented. Motion carried unanimously.
9. **Standing & Ad-hoc Committee Reports**
 - a. **Pub/Tech Committee/Website update** – Jim stated the email blast went out to 311 people, the committee is meeting next week. Podcasts from convention are available on the website. The new version of the site will have fewer pages, a mobile site. Heidi reported the New Year’s Day Celebration email is ready. The new website will be simple and clean. We are changing to be more modern. Essentials will post first. Meeting is next Monday at Jim’s. Hoping to keep the budget down by trimming the fat so to speak out of the website. Paying attention to what customers are wanting and going to the website for. There will be a new mast head made. There is a hope that the website will resonate for all generations of

people in recovery. Annie asked about where our documents will be archived. Heidi responded that this is a larger discussion on how we want to manage the documents moving forward. Do we create a portal? Jan mentioned that the website is inefficient and costly to use as a storage place for documents. Jim did some research on the Policy and Procedure manual for the website. He will be getting some information from OAIG next year. Lolo asked about website donations, that people could go to oadenvr.org to donate, it's not in Recovery Road. Jan reported there were donations for the website, and we are at about 20% of our goal for fund raising.

- b. **Region III Rep/WSBC Delegates** – Mike and Annie reported on the Fall 2017 Region 3 Assembly. Mike submitted a written report that is attached as an Appendix. Mike reported he is on the bylaws committee, there is one bylaw that will be updated. Annie reported that she is on the Twelfth Step Within committee, and that the Regional TSW committee sends out monthly email blasts to let people know what's going on at the regional level of the fellowship. The TSW committee is also contacting unaffiliated (no Intergroup affiliation) groups to assist our region chair in touching base with these groups.
- c. **Twelfth Step Within** – Rita and Maureen were not here this evening
- d. **PI/PO** – Carrie submitted the following report on behalf of Amy and Marcia:
 - i. Carrie worked with Amy K and set up our next outreach at Vitamin Cottage. The presentation is scheduled for the Golden location, on Sat. Oct 28th. Noon-1:00 p.m.
 - ii. Carrie and Amy K. are collaborating with an OA member, Kelli R. who works for RTD marketing on a proposal of 10 posters hung from Dec. 18-Jan.14th at bus stops around the Denver area. This will be occurring during a non-profit month, and that is how Kelli is able to offer CCI such a reasonable marketing fee. Jan moved that we spend the \$500 to purchase RTD bus shelter posters. Mike seconded, motion carried unanimously
- e. **Region III Fall 2017 Assembly/Convention planning committee** – Annie

10. New Business

- a. **Committee for Increasing CCI Attendance and Awareness** – Carolyn C. – would like to get a group together to organize people to visit meetings that aren't regularly represented at CCI. She is looking for volunteers who would like to come up with ideas. Mike suggested there be a beginning date and an end date for the Ad Hoc committee, for example 6 months. Beginning in January? Carolyn agrees that it might be best to work from January to the end of March or April. Jan commented that the phone bridge is a great tool for these meetings. Two people are here because of last year's New Year's Day event. Carrie is wondering how long it has been since there was a group conscience about CCI for timing, date, etc. Jan and Mike responded that it has been probably a decade. Nickie wondered about the feasibility of a sign-up sheet for attending the meetings.
- b. **Committee for Auditing Books for 2016-2017 fiscal year** – Jan B. reported that we need 2-3 trusted members to look over finances and create a report. They do not have to be Intergroup reps, they can be OA members. Whole year is on QuickBooks, there are ideas on how to change the reports to make them more efficient. The committee will meet at Jan's house. Jan is working on treasurer's best practice. The report will be made next month. Mike and one other from outside of the CCI.
- c. **Current front page of the website** – advertising campaign should match the front page during the holiday season. Someone needs to write the copy and submit it to Heidi for. Carrie will provide graphic and copy for the site.

11. **Old Business** – Open Board Positions – we need a vice chair and a corresponding secretary. Annie mentioned that CCI meeting editor is also an open position. The meeting list should be printed on Odd months. Jim thinks this is a story for the email blast. Annie will write copy for the positions. Emphasize the time commitment.

12. **Good of the Order** – Jan mentioned that she went to the post office, they have a rule that whoever gets the P.O. Box has to be present to change the authorized person who can pick up the mail. Heidi asked when we're having Serenity in the Rockies again. Jan is also wanting us to have an event next summer. It has been a long time since we've done Serenity in the Rockies. It would be great to have all three COIGs come together.

13. **The meeting was adjourned at 8:30 p.m. with I Put My Hand in Yours.**

Respectfully submitted by Annie H. 11/7/17