

**Central Colorado Intergroup Meeting of Overeaters Anonymous  
Final Minutes for December 2, 2014**

Attendees: Annie H. Arun P. Gina C. (phone), Vera A. Jim C. Tom G., Nancy M., Danna, Shelly W., Christina,  
Amy K, Marcia, Mike K. (phone)

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1. **Call to Order** –meeting called to order at 7:00p.m. with the Serenity Prayer
2. **Meditation Reading on Service** – read by Arun
3. **Tradition of the Month** (Tradition 12)-read by Vera A.
4. **OA Concept 12 Reading** – Concept 2 – read by Jim C.
5. **Introductions** – this was Christina’s first ever OA meeting, she received a newcomer packet.
6. **Welcome and Reminder**
7. **7<sup>th</sup> Tradition**
8. **Review, amend and approve November minutes** – we didn’t have the November minutes, so we will review them next month.
9. **Officer Reports**
  - a. **Chair-** Annie H.
    - i. Thanks again to all who participated in service for this year’s state convention. It was most certainly a team effort, and I look forward to our next opportunity. We are prepared to mail the seed money to PPSI, however, we are waiting for them to verify their address so our check arrives in the right hands. More on this to come in the Convention wrap-up topic.
    - ii. I provided the August revision of the By-laws to Arun so he has something to work from.
    - iii. I would also like us to take a look at the Central Colorado Intergroup of Overeaters Anonymous Policy and Procedures Manual since it is from 2009 on our website.
    - iv. I authorized Vera to order our Newcomer packets and will bring them to our meetings for those groups who may need them.
    - v. I received two emails from Region 3 this month, one regarding Trustee Workshops in December and the other for a request for Lifeline articles, both of these items have been added to the agenda for tonight.
    - vi. Thank you for the opportunity to be in loving service,
  - b. **Vice Chair-** Arun P. – served as MC at candlelight meeting
  - c. **Corresponding Secretary-** Vera A. – we received 2 checks and we gave the Lifeline to Christina
  - d. **Treasurer-** Gina C. - we have \$2907.74 in the bank. 7<sup>th</sup> tradition for November was \$318.56.
10. **Standing & Ad-hoc Committee Reports – Chair elections for next year**
  - a. **Pub/Tech Committee** - Recovery Road, we need to be proactive on getting news for our publications. Tom asked for content for the website with examples of what changed for people who attended events. Give us your stories and we will soon have a bunch of new podcasts to share. The women’s step study meeting time and location has changed. Vera noted that it seems odd that the meeting is designated as a women’s meeting, but it is not uncommon for meetings to be designated, it however doesn’t mean others are not welcome, (unless the meeting is marked closed in which case a person must be struggling with the disease to be accepted).
  - b. **Region III Rep/WSBC Delegates**
    - i. **New Business Motions/Bylaws Amendments** – we don’t have any motions at this time, however in the future if someone has a suggestion for a motion for a change, we should begin this discussion in the summer. That way we would have time to talk to our Region 3 trustee to get their input. If you would like to see the bylaws, they are posted on oa.org

- ii. **Planning for 2015 assembly trips** – Last month Annie requested the reps to get together and discuss the assemblies and who would go to which assembly. Mike sent an email this afternoon, but Annie was unaware of its existence and didn't get a chance to read it. Gina said there are options to keep expenses down by carpooling and sharing a room with a friend from PPSI. Danna mentioned that we asked for meal, lodging and travel expenses. Mike will stay at the Embassy Suites hotel and share a room so he needs to be there Monday through Saturday night with meals of \$40/day, he plans to drive and request reimbursement for gas, so in all, he's thinking \$120. For Mike \$792. The general consensus was that all three delegates should attend WSBC and we will send one or two to our Region assemblies. Tom moved that we approve 3 WSBC registration contingent upon approval of the budget. Vera second, motion carried.
- c. **Twelfth Step Within** Amy brought flyers for the New Year's Day brunch, and Annie gave the money from the candlelight meeting. We used to have drinks in the winter, and Amy used to bring tea and coffee. She is asking to see if anyone wanted to do this simple service. Danna volunteered to be the caretaker of the tea and coffee. Amy cannot find the banner that we purchased last spring, so if anyone knows where it is, please let her know.
- d. **2014 Convention Wrap-up** – Annie reported on the progress of the state convention. There was a \$346 surplus scholarship. Tom moved and Arun seconded that this money be applied toward New Year's Day brunch motion carried unanimously. The convention will also have \$3100.42 to give to CCI once all checks are cashed. Amy has been in contact with people from PPSI and will give Annie their information so she can request Lainey send the seed money check to them.
  - i. We had a wonderful wrap-up meeting to review the evaluations and discuss our learning for future conventions. Most of the comments were very positive and people felt they got a lot from the weekend. Most also gave the hotel high marks, as well as the keynote speaker. The program was also listed as a high point.
  - ii. From our hotel liaison, it was suggested that this position be held by a person with at least 5 years of recovery as it can be difficult at times and we wouldn't want someone to jeopardize their recovery just to do it.
  - iii. From our treasurer, it was suggested that in the future, this person be given access to both PayPal and Eventbrite to allow for more thorough record-keeping. At times it was difficult to account for all the charges.
  - iv. From our program committee, we read in the evaluations that it was noted we didn't have any male speakers, so this would be something to note for next time.
  - v. As chair, I would like to thank everyone for their commitment to making the convention be the best it could be. –Annie

**11. Old Business** – Central Colorado Intergroup Of OA Policy and Procedures Manual – no time

**12. New Business** – R3 Trustee workshop in December – no time

**13. Good of the Order (Time permitting):** Lifeline magazine article request – no time

**14. Adjournment and Rozanne's Prayer:** meeting was adjourned at 8:35 p.m.

