

**Central Colorado Intergroup Meeting of Overeaters Anonymous  
Minutes for January 3, 2012**

**Attendees: Jan B., Annie H., Marcia V., Brock, Emily A., Mark M., Tom G., Mike K., Gina C., Jim C., Amy K., Jane S. Lisa R. Kelli R., Alex W., Mike L. - on Sykpe: Patty, Bev, Terry**

1. **Call to Order and Serenity Prayer** – *Please shut off all cell phones and pagers as a courtesy to those in attendance.* Meeting called to order at 7:01 p.m. by Marcia
2. **Meditation Reading on Service: As Bill Sees It** pg. 13 –read by Jane S.
3. **Tradition of the Month (*Tradition 12*)** read by Brock.
4. **Reading of OA Concept 4– *Please bring your copy of the OA 12 Concepts pamphlet to the meeting!***
5. **Introductions** *Please let us know if this is your 1<sup>st</sup>, 2<sup>nd</sup>, or 3<sup>rd</sup> Intergroup meeting.* Mark M. is visiting today.
6. **Welcome and Reminder**

Welcome! If you are representing a meeting, you may participate fully in all discussions and voting. Please don't hesitate to be involved, that is why you are here. CCI is our link to OA worldwide. Each member is equally valuable. To members new and old, please raise your hand and wait to be recognized by the Chair before speaking. This will help us operate more efficiently in accordance with Robert's Rules of Order and give everyone an opportunity to continue. Each individual will be given a maximum to speak for 2 minutes per topic when business items are discussed.

7. **7<sup>th</sup> Tradition**
8. **Reading and approval of minutes** – meeting minutes were revised and will be forwarded to the publications chair for website posting
9. **Officer Reports**
  - a. **Chair** – Marcia thanked Brock for leading the December meeting; she noted that the Candlelight meeting and New Year's Day Brunch were both a great success and gave thanks to Amy, Virginia and Annie and others involved in organizing and planning these events, other thanks were given for the speakers, the Stepettes, Marilyn and Mark for sharing their music.
  - b. **Vice Chair** – Brock had "nothing extraordinary to report this month"
  - c. **Corresponding Secretary** – Emily has a few more brochures for Region 3 Recovery in Action convention, and she gave Jan a couple of checks. Lifeline magazine will be mailed this month to Terry in Grand Junction.
  - d. **Treasurer** – Jan reported that our account balance \$8527.12; there was a \$379.76 expense for the 9HealthFair recorded under PI/PO for December.
10. **Standing & Ad-hoc Committee Reports**
  - a. **Publications Chair / Recovery Road**– not here to give a report
  - b. **Twelve Step Within** – Amy reported that the Candlelight and Day of Abstinence meeting summary is on the web. Unity day is coming up in February. Speaker meeting on Jan 20<sup>th</sup>, speaker position is still open. First Saturday Bulimic meeting is getting stronger and will meet at Amy's one more time. After that, Tom will have the meeting at his house. New Year's Day brunch was a success with 64 people attending; \$545 in scholarships was collected. Annie provided additional details on registrations and finances. Overall, there was a small amount of money left over after income and expenses were calculated. There is a question on whether the 12<sup>th</sup> step within should have the money designated to their budget line item if additional money is collected.

- c. **Region III Assembly and Colorado Convention wrap-up** – Jan reported that the convention had net proceeds and Region 3 got a check from us for \$3136.37, CCI’s check will be recorded in January; 7<sup>th</sup> tradition was \$832 which was collected in lieu of having a raffle.
- d. **PI/PO** – Mike L. reported: “We are working on it”
- e. **By Laws Ad Hoc Committee Report** – Mike K. is looking for input at this point for items of discussion to define groups, responsibilities of the board and qualifications for WSO delegates.
  - We will use both definitions of groups for face to face and virtual (telephone) meetings from the WSO Section 1 bylaws.
  - There was a question concerning the duties of corresponding secretary as currently written in the bylaws and if this position is still needed; discussion began with who would pick up the mail; Jan suggested it is still a useful thing to have a corresponding secretary but to have them use technology; Marcia suggested re-writing both recording secretary and corresponding secretary duties to make it more clear. She would like to see the corresponding secretary send out agenda, minutes and treasurer’s report before the meeting and make copies for the meeting; according to the bylaws the recording secretary will maintain a group list that needs to include email, so that people get them ahead of time. It is most important that job descriptions are clear.
  - Our qualifications for conference delegates is not quite in line with the WSO bylaws, since the WSO is a bit more strict, we may need to go with the WSO qualification. We need to get addresses and send a copy of the new by-laws to each group that is part of Intergroup so they can go out

## 11. Old Business

- a. **University of Denver Research on Binge Eating and Reward Learning Kayla Knopp** – Since we can’t officially sponsor this research, Marcia is willing to make announcements after meeting are adjourned, and passed around a sign-up sheet for others who may be interested.
- b. **Serenity in the Rockies** – since we are not doing Serenity in the Rockies, we are offering the name and our support to our western slope partners for their spring retreat. They are planning for the weekend of May 18<sup>th</sup> and 19<sup>th</sup> for up to 35 people at Sunlight, waiting on confirmation and pricing. Marcia asked that Patty and Bev get back with us to let us know what the retreat may be called and how we can support the effort. One concern that was expressed is in the number of attendees because historically, Serenity in the Rockies had 40-60 participants, and the facility at Sunlight can only accommodate 35.

## 12. New Business

- a. **“I Put My Hand in Yours” recording** - Mark played his song for the group, it was a pleasure to listen. Gina and Jim C. presented a quote for producing 50 CDs of Mark’s song with the New Year’s Day speaker and shares that cost would be \$200. The OA birthday is in a couple of weeks, and we would like to give a copy of the music to Roseanne at that time. Mike L. made a motion to split the discussion to send 5 copies to the birthday celebration and then address the issue of the New Year’s Day brunch CD next month. Motion carried. Emily will make the copies and mail them to the OA Birthday organizers so it can be presented to Roseanne.
- b. **Contact person for Pikes Peak & Northern Colorado Intergroups (tabled until February)**
- c. **Website reimbursement for Tom (tabled until February)**

- 13. **Adjournment and OA Promise** – Meeting adjourned at 8:30 p.m. Mark played his song for us one more time.