

**Central Colorado Intergroup Meeting of Overeaters Anonymous
Minutes for March 6, 2012**

Attendees: Marcia V., Annie H., Jan B., Tom G., Mike L., Amy K., Mark M., Shelly W., Emily A., Emily T., Terri S. via Skype

1. **Call to Order and Serenity Prayer** – *Please shut off all cell phones and pagers as a courtesy to those in attendance.* The meeting was called to order by Marcia at 7:02 p.m.
2. **Meditation Reading on Service Voices of Recovery** pg. 39 Read by: Shelly
3. **Tradition of the Month (*Tradition 3*)** Read by: Emily
4. **Reading of OA Concept 6– *Please bring your copy of the OA 12 Concepts pamphlet to the meeting!*** Read by: Marcia, Annie and Jan
5. **Introductions** *Please let us know if this is your 1st, 2nd, or 3rd Intergroup meeting* – This was Emily T.’s first meeting
6. **Welcome and Reminder**

Welcome! If you are representing a meeting, you may participate fully in all discussions and voting. Please don’t hesitate to be involved, that is why you are here. CCI is our link to OA worldwide. Each member is equally valuable. To members new and old, please raise your hand and wait to be recognized by the Chair before speaking. This will help us operate more efficiently in accordance with Robert’s Rules of Order and give everyone an opportunity to continue. Each individual will be given a maximum to speak for 2 minutes per topic when business items are discussed.
7. **7th Tradition**
8. **Reading and approval of minutes (5 minutes)** – additions/corrections to minutes from 2/7/12: in section 11a. Add “The *oadenver.org* website continues to do well.”
9. **Officer Reports (Time permitting)**
 - a. **Chair** – Marcia V. Thanks to everyone who attended Intergroup in February and participated in the process of deciding the topics that we want discussed at the WSBC in April. Thanks to Tom G. & Michael K. for leading us through the process in a timely manner; Unity Day was held February 25, at Trinity United Methodist Church, at 12:30 PM we said “I Put My Hand in Yours” with people around the world in OA. Always a powerful reminder that we are not alone! PI/PO is busy getting ready for the Health Fairs in April.
 - b. **Vice Chair** – Brock is not here tonight to give a report
 - c. **Corresponding Secretary** – Emily gave the Lifeline to Emily T since it is her first meeting. Lifeline renewal came, do we want to renew for 1, 2 or 3 years, we will renew for 3 years.
 - d. **Treasurer** – Jan read the treasury report we had \$10, 637.39 in the bank at the end of February. Income for the month was \$1530.24 TSW revenue over expense \$160; Expenses for the month total \$382.74. Will check with Linda to see when we are supposed to disperse rent and WSO payments
10. **Standing & Ad-hoc Committee Reports (Time permitting)**
 - a. **Publications Chair / Recovery Road** - Heidi/Alex are not here to give reports. Tom said the website (*oadenver.org*) had over a thousand visits again for February. We have over 200 subscribers on the email list. Made some changes to the site, updated the header with a map of Colorado. Added a 9HealthFair form, emails to Mike L., Amy K., and Ruth. Mike L. was surprised that we have a mobile access. Tom said that the navigation is slightly incomplete, but it is cool. Jan asked Tom how much time he is spending on the website; Tom estimated he spends approximately 2-3 hours a week on the website. Jan is concerned at the amount of time Tom is spending on this job that is not his responsibility. Because of the number of hits we get on the website, it is an important outreach. We have a vibrant vehicle we can use to reach the overeater who still suffers. A suggestion was made that we form a group to work on the website, including an editor, other voices to write, etc. Tom would be happy to train others on how to work on the

website. Mark M suggested we put out the word at meetings to recruit people who want to be trained. We could put an ad on the website and in Recovery Road. Amy suggested Tom gets compensated for training. Jan suggested a website committee that can meet after April. Tom would like to set it up with permissions for people who are responsible for events to post them directly on the website. Mike gave a summary of the discussion that 1) the website is a big job that can become too much for one person and 2) to expand the job so that we have more people working on the project. Tom noted that we need a vision for the site, and asked what's our 'conversion' strategy, and how do we know if we are being successful with our visitors? Jan reminded the group that it has been over a year since Tom has taken on the Region III rep, and yet has still worked on the website, and she would like to see some compensation for Tom in the meantime until we can get a committee assembled. Mark asked if we have money available to pay him. Marcia questioned if we have budgetary permission to spend the money. Jan mentioned we have money from the convention and that 7th tradition is staying up with the budgeted amounts. Marcia suggested we put it on the agenda for April. At this time, we don't have anything in the budget for website maintenance. Mike L. said it is possible to amend the budget if needed to add the expense, and if we feel that with guidance of HP that we can do group conscience to make the decision. Emily suggested we ask if Tom wanted to be paid for website maintenance, or just for training. Tom responded that he would not mind being paid, and the work is getting to the point where it interferes with his own work, and his time to spend with Region III. Mark pointed out it is our interest to get this done, and to have volunteers. Marcia called for a motion – Jan moved that we use 12 hours at \$25/hour and pay Tom \$300 a month for the next four months until we can establish a committee to focus on the website. Mike L. seconded the motion. Discussion – Marcia added that as people are trained, we make the tasks smaller and do-able. Motion carried. Committee might consider making the website a paid position.

- b. **Twelve Step Within** - Amy talked about Unity Day and said Trinity United Methodist church was excited to have us at there, and would be happy to host activities in the future. Bulimics meeting will stay at Amy K's house
- c. **Region III Rep/WSBC Delegate Report** – Tom/Brock are headed out to the assembly at the end of the month in Abilene. He received documents today the agenda for World Service in May which will be a bigger meeting.
- d. **PI/PO** - Mike L. and Amy K. are working on the HealthFair with Ruth, and are collecting volunteers.
 - i. **Health Fair Update** - Will choose 24 sites, Amy ordered literature for the HealthFair. There is a *sign-up on the website* for people to volunteer that will send email to Mike and Amy
- e. **By Laws Ad Hoc Committee Report** – Mike K. is sick and not here

11. Good of the Order (*time permitting*)

- a. Last week was Eating Disorder awareness week: Tom mentioned we should participate as much as possible and is aware of an opportunity to create an alliance with the Eating Disorder Foundation. Mark suggested they ask about young people meetings and should be considered.
- b. OA Hotline is getting between 3 and 5 calls a week

12. Adjournment and OA Promise

I put my hand in yours, and together we can do what we could never do alone. No longer is there a sense of hopelessness, no longer must we each depend upon our own unsteady willpower. We are all together now, reaching out our hands for power and strength greater than ours, and as we join hands, we find love and understanding beyond our wildest dreams!