

Recovery ROAD

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DON'T GET CAUGHT UP IN MARCH MADNESS!

Central Colorado Intergroup (CCI) website is www.oadenver.org

CCI contact/voicemail hotline is (720) 443-3676

CCI e-mail address is oa meetings@oadenver.org

Step, Tradition and Concept of the Month

Step Three: made a decision to turn our will and our lives over to the care of God as we understood him.

Tradition Three: The only requirement for OA membership is a desire to stop eating compulsively.

Concept Three: The right of decision, based on trust, makes OA leadership possible.

Upcoming Events

Here's a list of upcoming OA events – see www.oadenver.org/category/events/ for more events and details:

- ◆ 3/2 – **Bulimia/Anorexia focus meeting**
Noon (Call 303-909-6049 for details)
- ◆ 3/25 – **Publications and Technology Committee** – Virtual Meeting
(email: pubchair@oadenver.org to join in)
- ◆ 4/2 – **Intergroup Meeting**
National Jewish Hospital 7 pm
- ◆ 4/6 – **Bulimia/Anorexia focus meeting**
Noon (Call 303-909-6049 for details)
- ◆ 4/5 to 4/7 – **Region III Assembly**
Houston, Texas
- ◆ 4/19 **Quarterly Speakers Meeting**
Shepherd of the Hills 7 – 8:15 pm
- ◆ 8/29 to 9/1 – **OA World Convention**
Cleveland, Ohio



**Principle for March:
Faith**

NEWS

Public Information/Professional Outreach Committee Chair

Our PIPO Committee Chair position is open. With the upcoming health fairs coming next month, we need to fill this position. If you are interested in helping with Public Information & Professional Outreach please contact Steven K. at chair@oadenver.org ASAP.

Meeting List Manager

We've heard of several cases where newcomers attend a meeting only to find it no longer available with nobody there. Central Colorado Intergroup is looking for a Meeting List Manager. The primary responsibility of the manager will be to:

- Verify and update the OA Meeting list in Microsoft Word
- Convert the list to PDF format and provide to web master and CCI Secretary for distribution on and off-line

Should be comfortable working with MS Word and creating PDFs. Training and ongoing support is available. Interest or questions? Contact Heidi, at pubchair@oadenver.org.

Region 3/World Service Business Conference Rep

There is an opening for a Region 3/World Service Business Conference (WSBC) Representative. This is a great opportunity to serve your fellowship, and participate in the miracle of recovery at the regional and world level. You'll be one of 3 representatives of our Intergroup so you won't have to go it alone.

If you're interested in serving OA beyond the local level and can travel 3 times a year on Regional and World Service business, then you'll want to inquire about this valuable service position. Contact Tom at r3rep1@oadenver.org with interest and questions.

OA is Golden in Golden!

Join us for a brand new meeting in Golden, CO. Celebrate – or find – recovery from compulsive eating at the foot of the Rockies on Thursday nights! Newcomers Welcome! When: Thursdays 6:30-7:30 PM. Meeting Location: First United Methodist Church – South Building (not the Chapel). Look for the double glass doors. 1500 Ford Street, Golden, CO 80401. Contact: Carrie S. 720-339-0346

OA World Service Convention Registration is NOW OPEN!

Please visit the OA Convention Web page at <http://www.oa.org/world-service-events/world-service-convention/> for informational flyers, registration and payment details.

INTERGROUP BOARD	
Chairperson	chair@oadenver.org
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OVEREATERS ANONYMOUS WEBSITES

Central Colorado Intergroup:

www.oadenver.org

OA Region III: www.oaregion3.org/

World Service: www.oa.org/

SELECTED ONLINE RESOURCES

Order OA Literature:

<http://bookstore.oa.org/>

Lookup Online/Telephone Meetings:

www.oa.org/membersgroups/find-a-meeting/

Listen to L.A. Intergroup Speakers:

www.oalaig.org/html/speakers.php

Hear from Central CO Members:

www.oadenver.org/category/members-share/podcasts/

(Recordings of speakers from recent local events and written content from Colorado OA members.)

OA PUBLICATIONS

A Step Ahead (Quarterly OA World Service Newsletter):

www.oa.org/membersgroups/a-step-ahead-newsletter/

Lifeline Magazine: www.oa.org/lifeline-magazine

Recovery Road Archive copies available at:

www.oadenver.org/newsletter/

SPECIAL FOCUS MEETING - BULIMIA & ANOREXIA

On the first Saturday of each month, Central Colorado OA hosts a meeting with a special focus on bulimia and anorexia. While the topic is geared toward those issues, anyone is welcome.

The meeting starts at Noon, but if you can, come early (11:30 am) and bring an abstinent meal if you'd like, to enjoy fellowship before the meeting. The next meeting will be held on April 6th. If you need directions, please call Amy K at 303-909-6049. Please note: while this meeting does have a special focus, it is open to anyone who has issues with food.

QUARTERLY SPEAKERS MEETING – FRIDAY APRIL 19TH

6:00 pm to 8:15 pm Shepherd of the Hills - 20th/ Simms. Join us each quarter for the OA Speakers Series in Denver. Bring your dinner and eat with us at 6 pm and then listen from 7 – 8:15 pm as a guest speaker shares their experience, strength and hope!

NEW OPEN OA MEETING – NOON ON FRIDAYS

First United Methodist Church. 4905 E. Yale, Denver. (Approx. Yale & I-25). Contact: Dana B. 720-985-6195

MEETING NOTICES & UPDATES

Details on available local meetings:

www.oadenver.org/oa-meetings/find-a-meeting/

- There is a **weekly phone meeting for Spanish speakers** on Tuesdays at 7pm MT. The phone number is 712-432-5200, access code 629561#. Contact person is Nicholas R. – call him at 443-302-9832 (EST) or email nicroa7@gmail.com.

- Information about the women's step-writing meeting and the Big Book phone meeting are in the Events section at www.oadenver.org

- **New King of Glory Women's Writing Group Meeting Time !**

Start: 10:45 am – 11:00 am & End: 12:00 pm

King of Glory Lutheran Church (NW corner of 58th and Kipling in Arvada)

ABOUT RECOVERY ROAD

"Recovery Road" is a publication of the Central Colorado Intergroup (CCI) of Overeaters Anonymous and actively solicits comments, suggestions and contributions from all OA members. We reserve the right to edit style and punctuation, but not content.

Opinions expressed are those of the contributors and not necessarily those of OA as a whole. To contribute or to get more information, e-mail news@oadenver.org, or call one of the contacts for CCI Publications.

SEVENTH TRADITION DONATIONS

OA's Seventh Tradition tells us that we should be fully self-supporting through our own contributions. Please put your group number (assigned by `OA's World Service Office) on all checks or money orders. Please do not send cash in the mail.

Disbursements of funds beyond your group's expenses are suggested as follows:

60%	30%	10%
Central Colorado Intergroup	World Service Office	Region 3 Treasurer
Attn: Treasurer	P.O. Box 44020	Attn: Barbara Vervenne
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