

Recovery ROAD

FALL INTO RECOVERY THIS OCTOBER

Central Colorado Intergroup (CCI) website is www.oadenver.org

CCI contact/voicemail hotline is 720-443-3676

CCI e-mail address is oa meetings@oadenver.org

Subscribe to CCI Updates
by e-mail:

oadenver.org/subscribe

Step, Tradition and Concept of the Month

Step Ten: Continued to take personal inventory and when we were wrong, promptly admitted it.

Tradition Ten: Overeaters Anonymous has no opinion about outside issues; hence the OA name ought never be drawn into public controversy.

Concept Ten: Service Responsibility is balanced by carefully defined service authority; therefore, duplication of efforts is avoided.

NEWS

Don't Let the Flood Waters Hold Back Your Recovery!

Attend the OA State Convention in Loveland, Oct 4 - 6. **They need our support now, more than ever!** The list of workshops is LARGER than any state convention in the last 3 years! The keynote speaker is from San Francisco has maintained over 100 pounds of weight loss for over 20 years. You will be surrounded by people who are new to OA, been in OA for just a few years as well as, long timers. They know that recovery is One Day At A Time and continues to be Alive with Recovery.

Young People's Meeting News

Committee Members Needed – We have formed a “Young People in OA” committee and we need committee members! So, if you are concerned that we don't currently have any meetings geared to young people – please join our committee and give us your input! Sunday, October 13th at Shepherd of the Hills, Lakewood 6-8:15pm Contact Gina for more information: r3rep2@oadenver.org

New Monday 7 pm Stapleton OA Open Meeting

Stapleton Fellowship Church (Hanger 61) 8700 E 21st Ave, Denver, CO 80238. This is a new meeting starting September 9. We will evolve the meeting format with those wanting to attend this meeting which is open to anyone. Mike (303) 325-6650 or Rich (720) 209-3385.

Colorado Central Intergroup has some new Officers

Service continues at CCIG with Vera A. taking on the role of treasurer as Jan B. has rotated out of that position. Rose N is the new Recording Secretary replacing Annie H. Amy K. will now be the new Corresponding Secretary as Emily A. rotates out. Tom G. has also finished his service as a Region III representative leaving an opening available for a 3rd Representative. Come and join us at an Intergroup meeting this fall! Many have found service to be an important instrument in their recovery.

The Final Conference Report for the 2013 World Service Business Conference is now posted online.

Read More... www.oa.org/world-service-events/world-service-business-conference/.

Upcoming Events

Here's a list of upcoming OA events – see www.oadenver.org/category/events/ for more events and details:

- ◆ 10/1 – **Intergroup Meeting**
National Jewish Hospital 7 pm
- ◆ 10/4 – 10/6 – **Colorado State Convention**
Loveland, CO
- ◆ 10/5 – **Special Focus Meeting - Bulimia and Anorexia** Noon
(contact Amy K. for details)
- ◆ 10/13 – **Youth in OA Committee Meeting**
Shepherd of the Hills Church, Lakewood
OA Meeting: 4:30-5:30 Committee ~6-8:15pm
- ◆ 10/18 – **Fall Speakers Meeting !**
Shepherd of the Hills, Lakewood
6-7 pm community time; 7-8:15mtg. time.
- ◆ 10/28 – **Publications and Technology Committee** – Virtual Meeting –
Contact Jim at 303-650-0424



**Principle for September:
Perseverance**

INTERGROUP BOARD	
Chairperson	chair@oadenver.org
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Vice Chairperson	vicechair@oadenver.org
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Jim C.	
303-650-0424	news@oadenver.org

OVEREATERS ANONYMOUS WEBSITES

Central Colorado Intergroup:
www.oadenver.org/

OA Region III: www.oaregion3.org/

World Service: www.oa.org/

SELECTED ONLINE RESOURCES

Order OA Literature:
<http://bookstore.oa.org/>

Lookup Online/Telephone Meetings:
www.oa.org/membersgroups/find-a-meeting/

Listen to L.A. Intergroup Speakers:
www.oalaig.org/html/speakers.php

Hear from Central CO Members:
www.oadenver.org/category/members-share/podcasts/

(Recordings of speakers from recent local events and written content from Colorado OA members.)

OA PUBLICATIONS

A Step Ahead (Quarterly OA World Service Newsletter):
www.oa.org/membersgroups/a-step-ahead-newsletter/

Lifeline Magazine: www.oa.org/lifeline-magazine

Recovery Road Archive copies available at:
www.oadenver.org/newsletter/

SPECIAL FOCUS MEETING - BULIMIA & ANOREXIA -

On the first Saturday of each month, OA in Denver hosts a special focus meeting for those suffering from the disease of bulimia and anorexia. While the topic is geared towards those issues, anyone is welcome. The meeting starts at Noon, but if you can, come early (11:30ish am with or without your own abstinent meal) to enjoy fellowship before the meeting. The **October** meeting will be at Amy's house and **November's** will be at Shepherd of the Hills (in the room where the Sunday 4:30 meeting meets). If you need directions, please call Amy K at 303-909-6049. Please note: while this meeting does have a special focus, it is open to anyone who has issues with food.

ALL-METRO SPEAKER MEETING !

The quarterly all-metro speaker meeting will take place on Friday, October 18th, with fellowship at 6pm and the meeting at 7pm.

Brand New Meeting for Newcomers

There is a new meeting at Porter Adventist Hospital at 4 pm Sunday. The old meeting at the same time and location is **now** titled "NEWCOMERS MEETING". We are looking for guest speakers and will be reading from the BIG BOOK, OA 12x12 and the OA Abstinence books. **Please join us!**

Updated Grand Junction Meeting –

Sat 9 am Grand Junction Meeting at Christ Center Four Winds Coffee & Tea 1235 Bookcliff Avenue, Grand Junction 81501 (Upstairs in Library). Georgie W. 970-985-4089.

Friday Noon Meeting

A new lunchtime meeting has started up on Fridays at noon at Grace United Methodist Church. The location is 4905 E. Yale (with easy access to I-25 at approximately Yale & I-25)

MEETING NOTICES – PLEASE NOTE UPDATES!

Details on available local meetings:
www.oadenver.org/oa-meetings/find-a-meeting/

- There is a weekly **phone meeting for Spanish speakers** on Tuesdays at 7 pm MT. The phone number is 712-432-5200, access code 629561#. Contact person is Nicholas R. – call him at 443-302-9832 (EST) or email nicroa7@gmail.com.

- See www.oadenver.org/calendar/ for the latest listing of local and regional OA events.

ABOUT RECOVERY ROAD

"Recovery Road" is a publication of the Central Colorado Intergroup (CCI) of Overeaters Anonymous and actively solicits comments, suggestions and contributions from all OA members. We reserve the right to edit style and punctuation, but not content.

Opinions expressed are those of the contributors and not necessarily those of OA as a whole. To contribute or to get more information, e-mail news@oadenver.org, or call one of the contacts for CCI Publications.

SEVENTH TRADITION DONATIONS

OA's Seventh Tradition tells us that we should be fully self-supporting through our own contributions. Please put your group number (assigned by OA's World Service Office) on all checks or money orders. Please do not send cash in the mail.

Disbursements of funds beyond your group's expenses are suggested as follows:

60%	30%	10%
Central Colorado Intergroup	World Service Office	Region 3 Treasurer
Attn: Treasurer	P.O. Box 44020	Attn: Barbara Vervenne
P. O. Box 461331	Rio Rancho, NM	P.O. Box 29903
Glendale, CO 80246	87174-4020	Austin, TX 78755