

EXTRA! EXTRA!
READ ALL ABOUT IT!

9HealthFair

Thanks to the volunteers who have been carrying the message of recovery... at this year's 9HealthFair. We've agreed to provide volunteers to offer the message of recovery from compulsive eating at 15 of this year's 9HealthFair locations with the last scheduled in June.

Recording Secretary Needed Colorado Central Intergroup needs a recording secretary. This service position encompasses taking notes for monthly CCIIG meetings and preparing minutes from those notes. If you are interested in this position, please contact Annie H by emailing chair@oadenver.org.

UPCOMING EVENTS

Intergroup Meeting June 7th 7:00 pm - 8:30p, National Jewish Hospital, 1400 Jackson St, Denver; All OAs welcome! See oadenver.org/intergroup-meeting for details.

Focus Meeting June 4th 11:30 fellowship, 12 noon meeting; all OAs are welcome, although the topic is geared towards for those suffering from these diseases bulimia and anorexia. Details on oadenver.org/bulimic-anorexic-meeting-info

Also: Please take note that for the months of July, August and September (2016), the meeting will take place at Shepherd of the Hills, 10500 W. 20th Ave., Lakewood 80215. It will resume at a member's house in October.

SEVENTH TRADITION DONATIONS

OA's Seventh Tradition states that we should be fully self-supporting through our own contributions. Please send checks or money orders, noted with group number (as assigned by OA's World Service Office).

Please do not send cash via mail.

Disbursement of funds beyond your group's expenses are suggested as follows:

60%	Central Colorado Intergroup PO Box 461331 Glendale, CO 80246
30%	World Service Office PO Box 44020 Rio Rancho, NM 87174-4020
10%	Region 3 Treasurer Attn: Elaine Lang PO Box 310290 New Braunfels, TX 78131-0290



ABOUT RECOVERY ROAD

Contributions, comments, and suggestions are actively solicited! All considerations for content must be submitted in final draft by the 15th of the preceding month to news@oadenver.org. Content may be edited for style and/or punctuation.

Opinions expressed in this monthly publication of the Central Colorado Intergroup (CCI) of OA are those of the contributors, and not necessarily those of OA as a whole.

Get Recovery Road delivered to your inbox every month! oadenver.org/subscribe



MAY 2016

"Genuine beginnings begin within us, even when they are brought to our attention by external opportunities."

...OF THE MONTH

STEP 5 Made a searching and fearless moral inventory of ourselves.

TRADITION 5 The only requirement for OA membership is a desire to stop eating compulsively.

CONCEPT 5 Individuals have the right of appeal and petition in order to ensure that their opinions and personal grievances will be carefully considered.

PRINCIPLE 5 Integrity

HONESTLY SPEAKING...

OA is **not** drive through recovery.

CCI HOTLINE 720 443 3676
oameetings@oadenver.org

Just wanna talk?

MEETING NOTICES

KEEP MEETINGS UPDATED meeting information is as current as the communication CCI and the OA World Service Office receives from each group.

FIND PHONE MEETINGS

Visit oa.org/find-a-meeting, select the *Telephone Meeting* tab. You can then use *Advanced Settings* to further filter by day of week, time, topic, language, and more. Ask a friend to join in together!

SPEAKERS MEETINGS

There are now multiple Speakers Meetings across Metro Denver giving you ample opportunity to hear messages of experience, strength and hope from a variety of OA members.

MONTHLY

South Broadway Christian Church

23 Lincoln Street , Denver, 80203

The 2nd Thursday of each month at 7pm

King of Glory Lutheran Church

10001 W. 58th Ave., Arvada 80002

The 2nd Saturday of each month at 9:30 am

Look for podcasts of the Speakers Meetings including the quarterly meetings on OADenver.org.

MEETING UPDATES

- We have another meeting **closure** (Tuesday at Orchard Club)
- We have a **NEW meeting** in Westminster on Thursdays at 6 at iVibe Coffee, 5199 w 112th Ave #700 Westminster 80031

ONLINE RESOURCES

CENTRAL CO INTERGROUP	oadenver.org
REGION 3	oaregion3.org
FIND A MEETING	oa.org/find-a-meeting
PODCASTS	oalaig.org/html/speakers.php oadenver.org/category/podcasts
ORDER LITERATURE	bookstore.oa.org
PERIODICALS & NEWSLETTERS	oadenver.org/newsletter oa.org/lifelinemagazine oa.org/a-step-ahead-newsletter/ espanol.oa.org/encuentra-una-reunion/
ENCUENTRA UNA REUNIÓN	

WSO INFORMATION

NEW VIDEO!

Breaking Out of Relapse This is a free download to use as a resource for Twelfth Step Service and Outreach.

New Workshop on the Importance of Working the Steps Encourage step work with this new workshop that blends readings, discussions, writing exercises and more.

Step Eleven Podcast Available to download now - Learn more about working Step Eleven and hear how the workshop speakers turn to their Higher Power in everyday life. Visit OA.org to find out more out what is happening with World Service!

WRITE FOR OA!

WSO-OA is developing a brand new publication to address body image, sexuality, relationships, and recovery, and seek your story. Strengthen your recovery, give service, and share your polished story of experience, strength, and hope by January 31. Complete info on oa.org!

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