**Recovery R d**

**OA**

# **December - The Season of Remembering Abstinence**

# **Central Colorado Intergroup (CCI) website is www.oadenver.org**

**CCI contact/voicemail hotline is 720-443-3676**

**CCI e-mail address is oameetings@oadenver.org**

**Step, Tradition and Concept of the Month**

**Step Twelve**: Having had a spiritual awakening as the result of these Steps, we tried to carry this message to compulsive overeaters and to practice these principles in all our affairs.

**Tradition Twelve**: Anonymity is the spiritual foundation of all these Traditions, ever reminding us to place principles before personalities.

**Concept Twelve:** The spiritual foundation for OA service ensures that:

a) No OA body shall ever become the body of perilous or power;

b) Sufficient operating funds, plus an ample reserve, shall become OA's financial principle; c) All important decisions shall be made by discussion, vote and wherever possible by substantial unanimity; d) No service action shall ever be personally punitive or an incitement to public controversy;

e) No OA service committee or service board shall ever commit any acts of government, and each shall always remain Democratic in thought and action.

**News**

**New Year's Day Brunch**

**Only a few Weeks Away Now!**

The time to register to the 2016 OA Brunch is **now**. Enjoy delicious, abstinent meal with OAs from up and down the front range at The Vista - at Applewood Golf Course in Golden. Cost of the brunch is $35 until December 12th. Then the prices go up to $40 December 13 - 27th. (No walkups are possible at this venue so PLEASE , get your ticket soon.) Make this a memorable experience to help you

find and keep recovery in 2016.   
To register online, go to OADenver.org [**https://www.eventbrite.com/e/14th-annual-oa-new-years-brunch-tickets-18573199941**](https://www.eventbrite.com/e/14th-annual-oa-new-years-brunch-tickets-18573199941)

**Annual OA Candlelight Celebration Mon December 7th**

Unity Church of Denver 3021 South University Blvd.

6 - 8:30 pm

Power up for the Holiday season at the Annual OA Candlelight Celebration. Speakers, Music, Fellowship and Sharing our Experience, Strength and Hope in Recovery with one another.

Contact Margie P. at 303-284-9611.

**Public Information** **& Professional Outreach**

This important CCI position has been graciously filled by Mark

P. Already the group he heads has had their first meeting.

Tune in for upcoming details on the work of Mark and his

team. If you would like to volunteer to be on the committee,

please email pipo@oadenver.org.

**Recording Secretary Position Opening**: CCI is looking for someone to take notes during the meetings, if you are available, let Annie know. Please call 720-373-5753.

**Upcoming Events**

Here’s a list of upcoming OA events – see http://www.oadenver.org/calendar/ for more events and details:

* 12/5 Special Focus Meeting - Noon
* 12/7 Candlelight Meeting 6 - 8:30 pm
* 1/1/16 New Year's Day Brunch 10 am - 1 pm
* 1/5 Intergroup Meeting   
  National Jewish Hospital 7 pm



**Principle for Twelve:**

**Service**

## **Heard in a Meeting:**

**Keep Coming Back!**

|  |  |
| --- | --- |
| Intergroup Board | |
| **Chairperson** | chair@oadenver.org  720-373-5753 |
| Annie H. |
| **Vice Chairperson** | [vicechair@oadenver.org](mailto:vicechair@oadenver.org)  303-319-8017 |
| Arun P. |
| **Treasurer** | treasurer@oadenver.org  303-910-5967 |
| Gina C. |
| **Corresponding Sec’y** | corsec@oadenver.org |
| Rita C. |
| **Recording Secretary** | secretary@oadenver.org |
|  |
| **Region III/WSO Representatives**  Steven K. [r3rep1@oadenver.org](mailto:r3rep2@oadenver.org)  Mike K. r3rep3@oadenver.org | |
|  | |
| Committee Chairs | |
| **Twelfth-Step-Within** tsw@oadenver.org  Rita C [970 333-4364](tel:970%20333-4364)  Maureen J [303 842-5200](tel:303%20842-5200) | |
| **Public Information & Professional Outreach**  Mark P. [pipo@oadenver.org](mailto:pipo@oadenver.org)  303-748-5385 | |
| **Publications and Technology**  Heidi B.  720-937-2730 pubchair@oadenver.org **Recovery Road Editor**Jim C.  303-379-0171 news@oadenver.org | |

Overeaters Anonymous Websites

**Central Colorado Intergroup:** [**www.oadenver.org/**](http://www.oadenver.org/)

**OA Region III**: [www.oaregion3.org/](http://www.oaregion3.org/)

**World Service**: [www.oa.org/](http://www.oa.org/)

**SELECTED ONLINE RESOURCES**

**Order OA Literature:**

<http://bookstore.oa.org/>

**Lookup Online/Telephone Meetings:**

[www.oa.org/membersgroups/find-a-meeting/](http://www.oa.org/membersgroups/find-a-meeting/)

**Listen to L.A. Intergroup Speakers:**

[www.oalaig.org/html/speakers.php](http://www.oalaig.org/html/speakers.php)

**Hear from Central CO Members**:

[www.oadenver.org/category/members-share/podcasts/](http://www.oadenver.org/category/members-share/podcasts/)

(Recordings of speakers from recent local events and written content from Colorado OA members.)

OA Publications

**A Step Ahead** (Quarterly OA World Service Newsletter): [www.oa.org/membersgroups/a-step-ahead-newsletter/](http://www.oa.org/membersgroups/a-step-ahead-newsletter/) **Lifeline Magazine**: [www.oa.org/lifelinmagazine](http://www.oa.org/lifeline-magazine)**Recovery Road Archive** copies available at: [www.oadenver.org/newsletter/](http://www.oadenver.org/newsletter/)

See [www.oadenver.org/calendar/](http://www.oadenver.org/calendar/) for the latest listing of local and regional OA events.

**Meeting NOTICes – please note updates!**

**The Friday night meeting at St. Peter will not be held on Christmas Day, December 25th.**

**SPECIAL FOCUS MEETING - BULIMIA & ANOREXIA**

On the first Saturday of each month, OA in Denver hosts a special focus meeting for those suffering from the disease of bulimia and anorexia. While the topic is geared towards those issues, anyone is welcome. The meeting starts at Noon, but if you can, come early (11:30ish am with or without your own abstinent meal) to enjoy fellowship before the meeting. The **December** meeting is at Amy’s house. If you need directions, please call Amy K at 303-909-6049, or look online at **oadenver.org/calendar/.** Please note: while this meeting does have a special focus, it is open to anyone who has issues with food.

**New Meeting in Centennial**  
Orchard Meeting  
When: Tuesday 5:45PM - 6:45PM  
Where: 8081 E Orchard Rd, Englewood, CO 80111  
Orchard Club is located within the Marilyn Hickey Ministries center at the intersection of Orchard Road and I-25 (north-west corner). We are located two doors down the main corridor on the west side. Please proceed around the west side to the North covered underground parking lot and enter through door #6.   
For more information contact Stephanie D. at [303-210-3452](tel:303-210-3452)

**Phone Meetings**

**How to Find a Phone Meeting:** Go to **www.oa.org**, click the **Find a Meeting** link (under **Meetings**), click **Telephone Meeting**. You can then filter by day of week, time, topic, language and more. Ask a friend to join in together!

**Newcomer’s Welcome** - Tuesday Noon at Mile Hi Church will now have a Newcomer's Welcome at 11:45 (just before the Noon meeting).

**Details on available local meetings:**[**www.oadenver.org/oa-meetings/find-a-meeting/**](http://www.oadenver.org/oa-meetings/find-a-meeting/)

* There is a weekly **phone meeting for Spanish speakers** on Tuesdays at 7 pm MT. The phone number is 712-432-5200, access code 629561#. Contact person is Nicholas R. – call him at 443-302-9832 (EST) or email nicroa7@gmail.com.

about Recovery Road

“Recovery Road” is a publication of the Central Colorado Intergroup (CCI) of Overeaters Anonymous and actively solicits comments, suggestions and contributions from all OA members. We reserve the right to edit style and punctuation, but not content.   
Opinions expressed are those of the contributors and not necessarily those of OA as a whole. To contribute or to get more information, e-mail news@oadenver.org, or call one of the contacts for CCI Publications.

Seventh Tradition Donations

OA’s Seventh Tradition tells us that we should be fully self-supporting through our own contributions. Please put your group number (assigned by OA’s World Service Office) on all checks or money orders. Please do not send cash in the mail.

*Disbursements of funds beyond your group’s expenses are suggested as follows:*

**60% 30% 10%**

Central Colorado Intergroup World Service OfficeRegion 3 Treasurer  
Attn: Treasurer P.O. Box 44020 Attn: Elaine Lang  
P. O. Box 461331 Rio Rancho, NM P.O. Box 310290  
Glendale, CO 80246 87174-4020 New Braunfels, TX 78131-0290