

Central Colorado Intergroup Meeting Minutes
National Jewish Health, Room L111
March 8, 2016

The monthly meeting of the Central Colorado Intergroup of Overeaters Anonymous opened at 7:10 p.m. with the recitation of the Serenity Prayer.

Annie H., Chair, stated that the Recording Secretary would not be able to be in attendance and Mike K. offered to serve as Recording Secretary for the meeting.

Mike K. read the Meditation on Service; Steven K. read Tradition 3; Amy K. read Concept 4.

Those in attendance introduced themselves and indicated the position held within CCI or the group they were representing.

Publications/Technology Committee

Jim stated there are 307 individuals signed up for the email list and the next goal will be have 350 subscribers.

A discussion was held regarding sending out notification about the Speaker Meetings held at the South Broadway Christian Church (2nd Thursday of the month beginning at 7 p.m.), King of Glory Lutheran Church (2nd Saturday of the month beginning at 9:30 a.m.), and the CCI Quarterly Speaker's Meeting (3rd Friday of each quarter). Members will be encouraged to attend the meeting or offer to be a speaker.

There are issues with the website and browser which will be sent to Tom, CCI Webmaster.

Google Sheets is the new format for Recovery Road and the committee is working on tweaking the format to be more user friendly.

It was brought to the Recovery Road Editor's attention the new Recording Secretary's name needs to be added to the newsletter.

It was recommended that an email blast be sent out prior to each CCI special event.

WSBC Delegates/Region 3 Region Representatives

Steve K. will be attending the Region III Assembly in Abilene, TX in March. Both Steven and Mike K. stated there is not much going on at the present time for the 2016 WSBC. Results have not yet been announced for the New Business Items and Bylaws Amendments for the 2016 WSBC.

Unity Day

Twenty-five members throughout the afternoon attended the Unity Day celebration held at St. John's Episcopal Cathedral on February 27, 2016. There were a variety of speakers for the event which dealt with the topic of communication. Members were pleased with the venue and the speakers for the event were recorded and will be added to the podcasts located on the website.

PIPO Committee

Mark, Committee Chair, stated the second formal meeting was recently held and 8 people were in attendance. Three members met with the Eating Disorders Foundation located at 20th & High in Denver and Mark stated it was a good meeting. One of the problems with the name "Overeaters Anonymous" is that the name is not indicative the fact that those suffering from anorexia or bulimia also are OA members.

Mark stated that 19 individuals were in attendance at the February Speaker's Meeting at the South Broadway Christian Church.

Amy K., Health Fair Co-ordinator, stated that CCI has been invited to approximately 14 9News Health Fairs throughout the Denver metro area. The first Health Fair will be held on Saturday, April 9, 2016 beginning at 7 a.m. at the Visiting Nurses Association.

An email blast will be sent out for Health Fair volunteers. Heidi will help Amy K. with Google Docs volunteer sign-up sheet. Intergroup Reps are encouraged to inform their meetings about the upcoming Health Fair volunteer opportunities.

Old Business

The procedures for digital assets is still pending.

A Meeting List Editor is needed and Amy K. and Annie H. will be working together at the present time to assure the CCI Meeting Directory is updated.

New Business

M/S/P CCI will offer to pay Annie's \$100 registration fee for the March 2016 Region III Spring Assembly. (Annie indicated that she was going to attend the spring regional assembly to get a better idea of how the assembly room should be set up and to meet with Brenda Q., Region III Vice-Chair).

M/S/P The dates for the Region III 2017 Fall Assembly will be September 15-17, 2016.

The meeting was adjourned with "I Put My Hand in Yours" at 8:35 p.m.

Respectfully submitted,

Mike K.
Acting Recording Secretary