

**Central Colorado Intergroup Meeting of Overeaters Anonymous**  
**AMENDED and APPROVED**  
**Minutes**  
**July 5, 2016**

In attendance: Annie, Maureen, Mark, Jim, Gina, Mike K., David, Nancy, Brenna  
Amy K.

*Excused Absence: Arun, Heidi, Marcia, Rita*

1. Meeting was called to order by Annie at 7:00 p.m. with the Serenity Prayer.
2. Meditation Reading on Service was read by Maureen.
3. Tradition 7 was read by Mike.
4. OA Concept 6 (the concept itself and not the explanation) was read by Mike.
5. Introductions *Please note the OA meeting you represent and if this is your 1st, 2nd, or 3rd IG Meeting*  
Mike volunteered to serve as Recording Secretary for the meeting.
6. Welcome and Reminder
7. 7th Tradition and Review of June 7, 2016 CCI Minutes. The minutes were approved with the following corrections:
  9. a. 5. delete the number "2016" and insert the number "350."
  - 9.d.1. delete the word "June" and insert the word "July."
  - 12.c. delete the word "IVIBC" and insert the word "iVibe." Spelling of Sheridan corrected.
  - 12.c. Second "c." deleted and "d." was inserted.
8. Officer Reports
  - a. Chair - Annie H.
    1. CCI can request Region Rep funding for the upcoming Region III Assembly in Austin, TX.
  - b. Vice-Chair - Arun: No report given, excused absence.
  - c. Corresponding Secretary - Maureen:
    1. 7th Tradition checks were given to Gina.
    2. Flyers were distributed for silent retreat to be hosted by Northern New Mexico IG in Santa Fe 9/30/16 - 10/2/16.
    3. Lifeline magazine was given to David who was attending his first intergroup meeting representing the 5:30 p.m. Saturday evening Dragon's Den meeting.
  - d. Treasurer - Gina:
    1. June 7th Tradition for IG was \$865.71; \$65 was from the 12th Step Within Committee.
    2. \$8,562.92 was the June checking account balance.
9. Standing & Ad-hoc Committee Reports
  - a. Pub/Tech Committee: Jim
    1. Correction to Recovery rOAd is Step, Tradition, & Concept 7 not Step, Tradition and Concept 6 as printed.
    2. New feature in Recovery rOAd is entitled "A Closer Look."
    3. 315 members are currently on the CCI email list.
    4. March - June 2016 Recovery rOAd issues will be added to the oa.denver.org website.
    5. A palm card should be ready for approval next month to encourage OA members to be have their name added to e-mail newsblast.
    6. Gina will register CCI with Office Depot to receive mailings for discounted office items and printing services.

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- b. Region III/WSBC Delegates
  - 1. Mike K. distributed application for a two year term to serve as CCI Regional Representative/World Service Business Conference Delegate.
  - 2. Mike answered questions for those in attendance regarding his application.
  - 3. Election for Region Representative/World Service Business Delegate will take place at the August 2016 IG meeting.
- c. 12th Step Within
  - 1. The committee is planning a potential workshop for 9/24/16; title and location to be determined.
- d. PI/PO: Mark
  - 1. The PI/PO Committee did met in June.
  - 2. CCI participated in 16 9HealthFairs throughout the metro Denver area.
    - a. Some venues did not have a large number of participants.
    - b. Placement of OA table was not most desirable in some locations.
    - c. Discussed the importance of having a balanced table placement for visibility.
    - d. Few people actually stop at the table, but there is quite a bit of foot traffic that does pass the table.
    - e. Important for OA members to look professional.
  - 3. Committee will not have an on-going column in the Recovery rOAd at this time but will provide content when a PI/PO event is scheduled.
  - 4. Possibility of having an OA presence to speak at Denver East High School's "Comparative Religions Class" to discuss 12 step spirituality.
  - 5. Committee discussed the strategic planning as to where CCI should go to speak and identifying the individuals whose stories would be pertinent to each specific venue.
- e. Fall 2017 Region III Assembly/Convention
  - 1. Annie reported 9/15-17/17 has been selected for the date of the event.
  - 2. Annie and Mike are working on securing the location for the event as 5 site visits were made to view the facilities and discuss hotel amenities for the assembly/convention.
- 10. Old Business
  - a. Digital assets - no report.
- 11. New Business
  - a. Amy K will contact Karen C. at Colorado Access to discuss having a guest speaker for the Colorado Access weight management program.
  - b. *M/S/P 8-0* \$215.64 was approved to pay Blue Host for renewal of website hosting services for next three years.
  - c. Intergroup will provide new and struggling groups with newcomer's packets but the packets must be picked up in person at a regularly scheduled CCI meeting.

The meeting was adjourned at 8:30 p.m. with recitation of "*I Put My Hand in Yours.*"

Respectfully submitted,

Mike Koechner  
Acting Recording Secretary