

**Central Colorado Intergroup Meeting of Overeaters Anonymous**  
**DRAFT minutes for May 1, 2012**

**Attendees: Marcia V., Carolyn W., Jan B., Emily T., Emily A., Mark M., Lynn M., Heidi B., Tom G.**

1. **Call to Order and Serenity Prayer** – *Please shut off all cell phones and pagers as a courtesy to those in attendance.* Marcia called the meeting to order at 7:01 p.m.
2. **Meditation Reading on Service (Voices of Recovery page 130)** read by: Carolyn W
3. **Tradition of the Month (*Tradition 5*)** read by: Mark M
4. **Reading of OA Concept 8 Delegation:** Marcia V, Carolyn W, Emily T, Mark M, Lynn M
5. **Introductions** *Please let us know if this is your 1<sup>st</sup>, 2<sup>nd</sup>, or 3<sup>rd</sup> Intergroup meeting* – Carolyn W, IG rep from Tuesday noon Mi Hi Church meeting, is here for the first time. Welcome!
6. **Welcome and Reminder**

Welcome! If you are representing a meeting, you may participate fully in all discussions and voting. Please don't hesitate to be involved, that is why you are here. CCI is our link to OA worldwide. Each member is equally valuable. To members new and old, please raise your hand and wait to be recognized by the Chair before speaking. This will help us operate more efficiently in accordance with Robert's Rules of Order and give everyone an opportunity to continue. Each individual will be given a maximum to speak for 2 minutes per topic when business items are discussed.

7. **7<sup>th</sup> Tradition**
8. **Reading and approval of minutes** – No amendments were found, so the April meeting minutes were approved as written
9. **Officer Reports**
  - A. **Chair – Marcia's report** – The 9 News Health Fair were staffed for 16 or 17 sites, but Mike and Amy can't be here today so they'll report next time. Western Slope retreat coming up mid-May. Please ask meetings for baskets. Tom comments that he talked to Patty at Western Slope and they have enough scholarships but need baskets. Marcia remarks that the Intergroup donation could be used for baskets or scholarships.

Thanks to everyone for making a commitment to come to Intergroup. I so appreciate your service.

- B. **Vice Chair** – N/A, Brock at Region III conference.
  - C. **Corresponding Secretary** – Emily passed many checks to Jan. She gave the Lifeline to Carolyn for being here for the first time. There is a Silent Retreat in New Mexico Oct 12-14<sup>th</sup> put on by Northern New Mexico Intergroup. Email [2012pecos@comcast.net](mailto:2012pecos@comcast.net) for more info.
  - D. **Treasurer** – Jan reports we sent \$600 to WSO, \$400 to Region III, \$250 in delegate funds to WSO and Northern CO IG. Printed meeting lists last month which was a higher expense. She will pay the rent for the year. Balance in the bank is just over \$8000. Contributions are ahead of schedule. Bank charge for Paypal is \$9.95 a month. We won't need it until the Brunch which starts taking registrations in November, so Jan will cancel it for now.
10. **Standing & Ad-hoc Committee Reports**
    - A. **Publications Chair / Recovery Road** –
      - Heidi: Alex is stepping down from Recovery Road.
      - Heidi's idea is that we merge the Blast and Recovery Road. FYI people can subscribe to the Blast on the OA Denver website. Marcia: we need something printed so that people that don't have internet can have something. Heidi: will research how to get the Blast printed in two sheets. Maybe they can cut and paste the Blast into RR
      - Lynn was trained by Tom how to work on the website.
      - Heidi will send out an announcement for the Publications Committee to meet in July.
      - When you are sending announcements to Heidi, please send her exactly what you want published and add a title. Tom: we could add a form in the Events section of the website so people could upload announcements and fliers. A big button on the homepage that says "Click to post to the Website."
      - Tom is going to post training videos for how to edit the website.
    - B. **Twelve Step Within** – N/A, Amy not here
    - C. **Region III Rep/WSBC Delegate Report** – Tom: Brock left for the WSBC today. Tom is heading out tomorrow. They will be voting on Amendments to the WS Bylaws and other business. Amendments of note:
      - Item B: In favor of changing the existing policy to restrict approved AA literature to books with original edition copyrights of 2010 or earlier.
        1. Interpretation: AA Books are part of our literature, if prior to 2010. AA books from 2011 on have to be individually approved by OA to be part of our literature. This only approves books, and eliminates pamphlets and the Grapevine. A negative keeps things as status quo.
        2. Discussion: Jan: Last year's discussion was about eliminating all AA literature. That was voted down. This motion has evolved from that. She noticed that current AA literature talks about many addictions

including food, and she find that valuable. Marcia: wants to see all AA literature available and considered conference-approved. Carolyn: has been in OA since the only book was For Today. She didn't identify with AA literature. She's for the Motion since it recognizes the wealth of literature we have in OA. Mark: Likes OA literature, but doesn't see what harm there is in allowing AA literature as an additional resource. He is concerned that this motion is the beginning of getting rid of all the AA literature. He thinks having the historical record of AA's early days is important to everyone. Emily T: if the current AA literature does not follow OA traditions, it should not be part of OA. But if the AA literature does not contradict OA, it should be allowed. Vote: against: 9. for: 1.

- Motion (Item F): Only the WS Conference can amend the WS bylaws. All other service bodies and groups must defer to WS bylaws.
  1. Interpretation: Our bylaws have to reflect OA World Service bylaws. We have to have the same definitions for things such as an OA group and a delegate. We currently say that our definitions can't be in conflict by addition or omission.
  2. Discussion: Tom: he brought this up because of the tradition that every group has to be autonomous unless it affects other groups or OA as a whole. Written by Mary Rose. Tom says he has no knowledge of any particular problem that initiated this motion. Jan: there has been a problem even getting IGs to write bylaws. There has been a problem with groups who are out in left field and really not in compliance. She would like Tom to find out more about the context and would trust his opinion. Mark: he would support this motion only as long as it helps us reach out to suffering compulsive overeaters. Vote that we trust Tom's discretion: For: 10. Opposed: none.
- D. **PI/PO – 9HealthFair Update** Mike L: not here, has to work.
- E. **By Laws Ad Hoc Committee Report** – Mike K resigned as Bylaws Ad Hoc Committee Chairperson. We need someone to volunteer as Chair. Tom states he is still on the Committee. Marcia is on the Committee. Jan and Heidi volunteer. Marcia asks for others to volunteer.

## 11. New Business

- A. **Steps, Traditions and Concepts Workshop:** Marcia: will someone be the coordinator for this workshop: pick date, plan, contact Region III for a speaker? Tom: I'll ask for speakers at the retreat. Andrea M from Co Springs is the Chair of Region III. Vicki is a firecracker and would be a great speaker. Marcia: CoSprings is doing workshops this summer and we have the State Convention in September (28-30). Let's be sure to avoid Yom Kippur (Sept 25-26) and Rosh Hashana (Sept 16-18). How about having this workshop in October? Heidi: how about early March as an alternate date? Tom: We have nothing in August. But people might be on vacation. Lynne: how far in advance do we have to have this set up? Marcia: 2-3 months to get the word out. Tom will ask Vicki for dates and we will vote next meeting. Last two weeks of August and Oct 2012, and March 2013. He will ask others how groups have made this event awesome. Marcia: supports a one day workshop. It was done at St John's Episcopal, all day, group evaluation.
- B. **Intergroup computer:** Jan: our finances are doing fine. Having our own computer would be a good way to store documents and calendars. I just bought one from Costco that was \$700 with all the Word programs loaded. We can back it up on a Cloud. Carolyn: how much? Tom: I like the idea of having a repository. But only one person will be able to have custody of the computer. I propose using Google docs or another doc sharing system to store our documents so we can all have access. We have up to 5 GB storage. I'm not arguing against a computer, but I think storage should be on an internet-based platform. Jan: I want to get rid of the old spreadsheets. Lynn: how about a thumb drive or external hard drive? Emily T: I like the idea of a Cloud because we might lose the external hard drive or thumb drive. Emily A: We don't have to use Word, we can use OpenOffice. I support using an internet-based storage and having someone's job description be changed to include updating the shared calendar, scanning and uploading documents. Mark: I've been in groups that use Google Docs and it worked really well. Tom: I will demo Google docs at the next meeting. I can set up access for the board to try it before the next meeting. We have the ability to add different levels of access and editing privilege, and to see who made what changes. Heidi: I support an internet based storage platform and Cloud. I'm against a physical computer. They are too fragile. Jan: this sounds like a job for the Publications Committee. We will discuss it at the Pub Committee meeting in June and report in July.

12. **Good of the Order:** no time

## 13. Adjournment and OA Promise

*I put my hand in yours, and together we can do what we could never do alone. No longer is there a sense of hopelessness, no longer must we each depend upon our own unsteady willpower. We are all together now, reaching out our hands for power and strength greater than ours, and as we join hands, we find love and understanding beyond our wildest dreams!*