

**Central Colorado Intergroup Meeting of Overeaters Anonymous  
Final Minutes for September 4, 2012**

**Attendees: Emily A., Annie H., Jan B., Tom G., Gina C., Amy K., Shelly W., Mike F.,  
Jana W., Emily T., Steven K., Jane S., Georgie and Terri S. via Skype**

1. **Call to Order and Serenity Prayer** – Emily A. Called the meeting to order at 7:02p.m.
2. **Meditation Reading on Service** (Lifeline ‘Service Shy’, September, 2012 pg. 21) – read by Emily A., Sue, Steve and Emily T.
3. **Tradition of the Month** (*Tradition 9*) – read by Emily A.
4. **Reading of OA Concept 12– Please bring your copy of the OA 12 Concepts pamphlet to the meeting!**
5. **Introductions** Please let us know if this is your 1<sup>st</sup>, 2<sup>nd</sup>, or 3<sup>rd</sup> Intergroup meeting
6. **Welcome and Reminder**
7. **7<sup>th</sup> Tradition**
8. **Reading and approval of minutes July & August (5 minutes)** – Mike moved and Steven seconded approval of August minutes as revised, there were no changes to the July minutes, motion carried unanimously.
9. **Officer Reports (10 minutes)**
  - a. **Chair** – See attached report
  - b. **Vice Chair** – no report
  - c. **Corresponding Secretary** – Emily had two checks for Jan, and sat in for Marcia at the meeting tonight. Lifeline was given to Jane.
  - d. **Treasurer - - Jan reported that we have \$6568.06 in bank; 7<sup>th</sup> tradition YTD \$953.99; total income \$953.99; total expense \$868.38; Total Income-Expense YTD \$7229.98**
10. **Standing & Ad-hoc Committee Reports**
  - a. **Publications Chair / Recovery Road (5 minutes)** – Gina provided the Recovery Road report on behalf of Jim C. This was Jim’s first time doing RR, Thanks Jim, for your service.
  - b. **Web/Tech Committee (5 minutes)** – Jan reported that the meeting last Monday was a working meeting that started with the serenity prayer and then got Jim to be the RR editor, Tom, Gina and Jan worked on the web blast, and based on that information, Jim created the newsletter. The biggest hurdle is the amount of information that comes together at one time. What was missed was the October 13<sup>th</sup> flyer, two people worked on the postcard; examples were passed around for people’s input during the meeting. We have \$100 budgeted for postcards. Tom offered to help people get comfortable with Google docs so we can more easily share documents, and track versions. Next meeting is 9/24/12
  - c. **Twelve Step Within (5 minutes)** – Amy reported that the bulimic meetings are going strong with about 10 people joining the meeting. The next speaker meeting is on October 19<sup>th</sup> at Shepherd of the Hills. A couple of car loads of people are planning on driving down to Colorado Springs for the Saturday events for the convention. There is a plan to get young people together for a meeting of their own. IDEA day will be in November, and Candlelight meeting in December and brunch coming up in January. Jan commented on the speaker meeting falling through the cracks, to address events, we should get them into the calendar and in Recovery Road.
  - d. **PI/PO (5 minutes)** – Mike brought fliers with phone number flags for people to post around neighborhoods. Jan asked if color copies would be preferred, and Mike said the black and white are fine.

- e. **By Laws Ad Hoc Committee Report (10 minutes)** – Annie reported on the process of creating our revised copy of the bylaws. The existing by-laws were compared side-by-side with the sample by-laws and changes were made. The copy was provided to the group for 30 day review, and will be revised/approved at the October meeting.
- f. **Region III/WSBC Delegates (5 minutes)** – Georgie reported that she visited the Carbondale and Montrose meetings; she gave them information about CCI and the website. The Aspen meeting has disbanded. 9/28/12 Tom and Georgie will be attending R3 convention in Las Vegas. They have received their documents

#### 11. Old Business

- a. **STC: Steps, Traditions, Concepts Workshop (10 minutes)** – The questions is should we pay for half of Vickie’s transportation and lodging? Steven thinks we should pay for the half that brings her here from Utah. Jan said, we have money, we should pay. Jan moved we pay for half of her transportation and her meals. Motion carried unanimously.
- b. What are our other budgeted expenses? We have our location

#### 12. New Business

- a. **Intergroup Board Officer Elections** – Jan is willing to stay as Treasurer, Annie is willing to stay on as Recording Secretary, and Emily is willing to stay on as Corresponding Secretary, and all three were re-elected in their positions. Jana was elected as vice chair; she has been an active OA member since 2008. Gina C. and Jana W. are both interested in the open Region III position, and an election was held for that position. Gina C. was elected to be the third Region III representative.
- b. **Basket for State Convention** – Jan made a motion to provide \$75 for a basket, Mike F. seconded, motion carried unanimously.
- c. **Budget Committee** – Gina will work with Jan on the 2012 budget for the October meeting.

13. **Good of the Order (*Time permitting*)** – Amy needs a hand-cart for drinks. Emily made a motion and it was seconded by Mike to buy one for her. Motion carried unanimously. Jan volunteered to buy the cart.

#### 14. Adjournment and OA Promise

*I put my hand in yours, and together we can do what we could never do alone. No longer is there a sense of hopelessness, no longer must we each depend upon our own unsteady willpower. We are all together now, reaching out our hands for power and strength greater than ours, and as we join hands, we find love and understanding beyond our wildest dreams!*

### **Chairperson’s Report September 2012**

I will be out of town for the September Intergroup Meeting so Emily has graciously agreed to chair the meeting September 4<sup>th</sup> Intergroup Meeting. Thanks so much Emily.

Thanks to everyone for their support to me these last 2 years as Intergroup Chairperson. I really do appreciate all of you who have participated in Intergroup. A special thanks to Mike K. for mentoring me and for sharing his experience, strength and hope with me.

In loving service,  
Marcia V.