

## Central Colorado Intergroup Meeting of Overeaters Anonymous

### Final minutes for July 2, 2013

**Attendees:** Annie H., Vic S., Jan B., Gina C., Jim C., Tom G., Steven K., Arun P., Mark M., Mike K., Jana W., Lolo D., Amy K, Lynn M., Emily A., Rose N., Joan, Kris, Eric

1. **Call to Order and Serenity Prayer** – the meeting was called to order by Steven at 7:01 p.m.
2. **Meditation Reading on Service - *Big Book of A.A. Chapter 7: Working with Others*** – read by Jana
3. **Tradition of the Month (*Tradition 7*)** – read by Marcia
4. **OA Concept 10 Reading** – read by Mike K.
5. **Introductions** – newcomers for July were: Vic S. and Joan
6. **Thanks to our fabulous greeter:** Thanks to Annie for greeting. nobody volunteered for next month
7. **Welcome and Reminder**
8. **7<sup>th</sup> Tradition**
9. **Reading and approval of June minutes** – The end of 11a – the Pub/Tech committee report was missing: “and Annie will write a small article for the next Recovery Road.” was added to finish the thought. Jan sent in changes to new business sections b and c, the new sections are as follows: “**b. Professional Exhibits Fund Donation** – Mark reminded us that we received a flier from WSO. Jan moved, Heidi seconded, was to send a scholarship of \$231.74; motion carried with one vote against that we use funds from PI/PO to send a donation to WSO.  
**c. State Convention 2014** –we extended the meeting 5 minutes to discuss next year’s state convention. Theresa has agreed to start the research on hotels. We have had solicitation from a few hotels including the new Holiday Inn by Dillon Lake. It might be nice to have it in the mountains to be closer for the western slope members. Maybe earlier in the fall to see leaves change.”

Mike moved and Jim seconded minutes be approved as amended.

## 10. Officer Reports

- a. **Chair-** Steven K. reminded that service positions are coming up for election next month, Jan B, and Annie H. are both term limited, so Treasurer and Recording Secretary positions are open for sure.
- b. **Vice Chair-** Jana W. will probably not be here next month, she will be on vacation, she has mentioned the Youth Committee at meetings in Boulder and they are excited about the new committee
- c. **Corresponding Secretary-** Emily A. gave three checks to Jan, and we had two lifelines, and they were given to Vic and Joan.
- d. **Treasurer-** Jan B. reported we have \$4105.67 in the bank; 7<sup>th</sup> tradition is \$772.22; total expense (\$37.80); Income less Expense for June (\$734.42). Today is the last day discounted registration for World Service Convention, but this is not the event our delegates are attending. She let everyone know the treasurer’s job is not difficult, and she will train a replacement after elections.

## 11. Standing & Ad-hoc Committee Reports –

- a. **Pub/Tech Committee** – Jim reported that the committee has met virtually the last three times, he is getting experience with email blasts with Heidi’s help, and they are looking at training him in other places. He thanked the proofreaders as there are more people looking at Recovery Road now than at any time in the past. They are still looking at streamlining processes and to give Tom a break from the website. We don’t want to lose any momentum that has built up on the website. Tom reported that the events link on the website have a link to the local meetings that is nicely printable. There is a new event calendaring tool, so he would recommend that people go out and check it out. We would like to have more stories from members for the “Members Share” section

of the website. The stories would only be edited to ensure they fit the OA traditions. It would be nice to have local stories, please ask for submissions at meetings you attend. The only skill you need to learn how to update the website is how to get on the Internet. We have over 1000 visits a month on our website; we have days when we have over 90 hits on a given day. Tom will stay available as a resource, but needs to rotate out from a service perspective. Mike asked how often stories would be updated for submissions of Members Share. Tom responded that the Pub/Tech committee meets once a month and submissions would be added at that time. Jan asked about next meeting, if people want to join the meeting, they meet the last Monday of every month. Connection information is posted on the web if you are interested in joining the meeting find it on page [http://www.oadenver.org/ai/lec\\_event/publications-and-technology-committee/](http://www.oadenver.org/ai/lec_event/publications-and-technology-committee/)

- b. **Region Rep/WSBC Delegates** – Mike K., had nothing to report. Gina C. reported she turned in her registration for the WSBC; Tom G. reported that he is following up with our R3 trustee on the OA app for mobile.
- c. **Twelfth Step Within** – Amy K. reported that it is kind of slow right now, but the Bulimic meeting will be at Shepherd of the Hills; The speakers meeting on July 19<sup>th</sup> ends at 8:15 PM, attendance has been going down at the speakers meetings, and if it doesn't pick up the rest of this year, they may likely be discontinued in 2014. The workshop on July 24<sup>th</sup> at Shepherd of the Hills is meant to be a sharing of how the speaker has used the 12 steps for transitions in her own life.
- d. **Young People's Meeting Committee** – Amy reported that the committee has decided to meet the 24<sup>th</sup> of July after the workshop to address the young people issues. Age ranges are some of the challenges. What can we be successful at, and what are the risks when there are people at the meeting? The Porter meeting may change the time to 2:00 so it might coincide with the young people's meeting. Reviewing the format to make it youth friendly. Gina ordered some of the *Youth in OA packets*. Gina added that there were four people at the first committee meeting; she brought all the information she could find from the OA.org website. She mentioned that there may be an OA anon but she couldn't find anything. Jan mentioned that there is an ala teen group that is available. Jana said that she has a contact in OA anon and she will share it with Gina. Gina found in her research that after a child is 10, they can read the regular literature. Mark reported that he knows some people who started a young person's AA group and he is happy to share that information with Gina. He also mentioned that an organization doesn't have to worry much about liability for people attending meeting, organizing events may be a different story. Joan asked about what demographic is the target for these meetings? She also mentioned that parents may naturally gravitate away from the meeting with young people.

**12. Old Business – Professional Exhibits Fund Update** – Jan reminded us that we got a flyer to request for scholarship, however last month; she read the wrong line for the amount of the scholarship. We do have groups that have not spent their money, and most of our line items are under budget. Jan would like to amend her motion from last month to take \$250 out of PI/PO budget line; Mark M. seconded motion carried unanimously.

**13. New Business –Baskets & Scholarships for CO Convention** – Jan would like to propose we send one scholarship and enough money for one basket to the convention organizers; Jan moved and Mike K. seconded; motion carried unanimously.

**14. Good of the Order** – Jan would like to mention that the treasurer's job is not difficult, so please consider. Jan also wanted to commend how well this Intergroup runs, and it is great that the group gets things done.

**15. The meeting Adjourned at 8:15 p.m. with Rozanne's Prayer**