

SPONSORING

NOW YOU DON'T HAVE TO DO IT ALONE

NEW WORKSHOP: 12 WEEKS OF SPONSORING HOW-TO

GRACE UNITED METHODIST CHURCH, 4905 EAST YALE AVENUE, DENVER (SAME AS THE SATURDAY MORNING 9:00 MEETING)

SUNDAYS 6- 7 PM, STARTING JANUARY 23RD

CONTACT EMILY A: 720-352-1458 OR EMILY_ARONOW@HOTMAIL.COM

MORE INFO

EACH MEETING CONSISTS OF TWO 30 MINUTE SESSIONS. FIRST, SHARING OUR EXPERIENCE WITH A CHOSEN QUESTION. SECOND, SHARING OUR EXPERIENCE WITH TOOLS, ASSIGNMENT AND ACTIVITIES THAT HAVE HELPED US WORK THE STEP OF THE WEEK. WE HOPE THAT YOU WILL GET LOTS OF IDEAS FOR GUIDING A SPONSEE THROUGH WORKING THE STEPS.

WE NEED YOU! IF YOU ARE A SPONSOR, PLEASE DO A GREAT SERVICE AND COME TO A MEETING TO SHARE YOUR EXPERIENCE WORKING THE STEP OF THE WEEK.

DATE) QUESTION OF THE WEEK; STEP OF THE WEEK.

JAN 23) WHAT DOES A GOOD SPONSOR DO? AND SHARING IDEAS FOR HELPING SOMEONE WORK STEP 1

JAN 30) GETTING STARTED: SETTING EXPECTATIONS FOR THE RELATIONSHIP. AND SHARING IDEAS FOR HELPING SOMEONE WORK STEP 2

FEB 6) FOOD SPONSORS, STEP SPONSORS, TEMPORARY SPONSORS, MULTIPLE SPONSORS. AND SHARING IDEAS FOR HELPING SOMEONE WORK STEP 3

FEB 13) SPONSEE OR FRIEND: KEEPING THE FOCUS ON RECOVERY. AND SHARING IDEAS FOR HELPING SOMEONE WORK STEP 4

FEB 20) MY SPONSEE HAS A SLIP OR IS IN RELAPSE. WHAT DO I DO? AND SHARING IDEAS FOR HELPING SOMEONE WORK STEP 5

FEB 27) I HAD A SLIP OR AM IN RELAPSE. WHAT DO I DO? AND SHARING IDEAS FOR HELPING SOMEONE WORK STEP 6

MAR 6) HELPING YOUR SPONSEE DEVELOP OTHER SOURCES OF SUPPORT BESIDES YOU AND SHARING IDEAS FOR HELPING SOMEONE WORK STEP 7

MAR 13) MY LIFE IS REALLY BUSY NOW AND I CAN'T KEEP MY COMMITMENTS TO MY SPONSEE. WHAT DO I DO? AND SHARING IDEAS FOR WORKING STEP 8

MAR 20) MY SPONSEE ISN'T KEEPING HIS OR HER COMMITMENTS. WHAT DO I DO? AND SHARING IDEAS FOR HELPING SOMEONE WORK STEP 9

MAR 27) WHEN AND HOW DO WE END THE RELATIONSHIP? AND SHARING IDEAS FOR HELPING SOMEONE WORK STEP 10

APR 3) TOPIC LEFT OPEN FOR GROUP CHOICE AND SHARING IDEAS FOR HELPING SOMEONE WORK STEP 11

APR 10) HELPING YOUR SPONSEE BE A SPONSOR AND SHARING IDEAS FOR HELPING SOMEONE WORK STEP 12