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| 15-Jul-17 Region 3 Fall Assembly Planning Committee meeting minutes | |
|  | Meeting was called to order with the Serenity Prayer at 3:01 |
|  | Attendees: Lainey, Carrie, Annie and Jim via phone |
| 1 | Carrie, Lainey and Annie put labels on the journals and bags |
| 2 | Gina, Mike, Amy and Marcia all let us know they would be unable to attend. Amy provided an update that she will begin contacting groups and asking them to put together a basket |
| 3 | Updated oadenver.org website to make Assembly/Convention more prominent; added a note to say that all OA members are welcome |
| 4 | Lainey provided a financial and registration update. We currently have 27 people registered, and we have just over $4,000 in the bank |
| 5 | Discussed Colorado speaker/meeting moderator’s qualifications:  Regularly attending meetings Working with a sponsor Working the steps Being willing to do service |
| 6 | Carrie volunteered to coordinate speakers for workshops - Annie updated names and emails for Region Chairs on Region Chairs&Speakers tab in the spreadsheet (also copied below for reference) |
| 7 | Registration packet will include:  Journal Bookmark Pen Schedule Evaluation Drawing Ticket Name Tag Chamber of Commerce items (we need a volunteer to contact the Denver Chamber) |
| 8 | Added Kathy's items to schedule (see revised schedule below):  Assembly Forum Friday from 4p-5p Green Dot Orientation Friday from 5p-5:30p |
| 9 | Sent Workshop Topics to Jim for email blast: |
|  | 1. Seeking a Spiritual Solution |
|  | 2. Steps 4 & 5 |
|  | 3. Sweet Surrender: Giving Over not Giving Up |
|  | 4. Steps 6 & 7 |
|  | 5. Three-fold Abstinence: Physical, Emotional and Spiritual |
|  | 6. Keeping the Peace: Action Plan (How you use the tools for long-term abstinence) |
|  | 7. Steps 8 & 9 |
|  | 8. Surrender your Resentments through Service |
|  | Colorado Intergroup Boards meet and greet in hospitality room during 2:30-3:15 session on Saturday |
| 10 | Carrie committed to going to meetings to talk about Assembly and encouraging people to register |

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| 11 | Revised Schedule: |
|  | FRIDAY 8:00am-5:00pm Region Chairs meeting  4:00pm-5:00pm Assembly Forum 5:00pm-5:30pm Green Dot Orientation 7:00pm-9:00pm Opening and Welcome/Panel {3 Region Chairs} (Steps 1,2 &3)/Baskets  SATURDAY 6:45am-7:45am Guided Meditation 8:00am-5:00pm Region III Assembly 9:00am-9:15am Greeting/Welcome 9:15am-10:00am Region Chair Speaker {1 Region Chair, anyone but Brenda} 10:15am-12:00pm Morning Workshops - 4 {10:15-11:00; 11:15-12:00} 12:00pm-1:30pm Lunch 1:30pm-3:15pm Afternoon Workshops - 4 {1:30-2:15; 2:30-3:15} Colorado Intergroup meet and greet 2:30-3:15pm 3:15pm-6:00pm Afternoon Break 6:00pm-9:00pm Banquet Program—Panel {3 Region Chairs} (Surrender to a New Way of Life: Maintaining Long Term Abstinence)/Entertainment/Baskets 9:15pm-10:15pm Meeting  SUNDAY 7:30am-8:30am Meditative Movement 9:15am-9:45am Region Chair Speaker {1 Region Chair} 10:00am-11:00am Recovery and Re-entry Panel {All remaining Chairs} (Steps 10, 11 & 12) 11:00am-11:15am Closing Ceremony |

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| **Region** | **Chair** | **Speaker/Panel time** | **Workshop** | **Email** | **Attending** |
| 1 | Beverly M. |  |  | [chairr1@gmail.com](mailto:chairr1@gmail.com) |  |
| 2 | Anne O. |  |  | [chair@oar2.org](mailto:chair@oar2.org) |  |
| 3 | Brenda Q. | Saturday night | n/a | [r3chair@oaregion3.org](mailto:r3chair@oaregion3.org) | Yes |
| 4 | Annette P-R. |  |  | [chair@oaregion4.org](mailto:chair@oaregion4.org) |  |
| 5 | CJ M. |  |  | <http://www.region5oa.org/contact-the-region-5-chair/> |  |
| 6 | Debbie H. | n/a | n/a | [chair@oaregion6.org](mailto:chair@oaregion6.org) | No |
| 7 | Ginny S |  |  | <http://oaregion7.org/board/contact-region-7-board-member/> |  |
| 8 | Viviana G. |  |  | [chair@oaregion8.org](mailto:chair@oaregion8.org) |  |
| 9 | Francene |  |  | [chair@oaregion9.org](mailto:chair@oaregion9.org) |  |
| 10 | ? |  |  | [info@oaregion10.org](mailto:info@oaregion10.org) |  |
| R3 Trustee | Vicki W. |  |  | [vtwilcox@gmail.com](mailto:vtwilcox@gmail.com) |  |

Respectfully submitted July 16, 2017 – Annie H.

**CENTRAL COLORADO INTERGROUP BOARD APPLICATION**

**Central Colorado Intergroup Overeaters Anonymous**

**oadenver.org**

**Submitted for consideration at the CCI Intergroup meeting on \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_\_\_\_\_**

**Applications are due at the September meeting for which they are to be considered**

**I am applying for a position on the CCI Intergroup Board as:**

**\_\_\_\_\_ Chairperson**

**\_\_\_\_\_ Vice Chairperson**

**\_\_\_\_\_ Treasurer**

**\_\_\_\_\_ Corresponding Secretary**

**\_\_\_\_\_ Recording Secretary**

**Full Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**City, State, Zip \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Email Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Years in OA: \_\_\_\_\_\_\_\_\_\_\_ Number of years of service beyond the group level: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Date Continuous abstinence began (Month/Year) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**CENTRAL COLORADO INTERGROUP BOARD REQUIREMENTS: Listed in Bylaws of CCI Of Overeaters Anonymous, Inc. (Article IV).**

1. **Be working the Twelve Steps of OA to the best of their ability.**
2. **Have knowledge of the Twelve Traditions of OA.**
3. **Have knowledge of the Twelve Concepts of OA**
4. **Have one (l) year of current abstinence except as follows (each person shall be the sole judge of his or her abstinence). 1. the abstinence and length of service specified in the region’s bylaws (World Service Business Conference delegates must comply with the abstinence and length of service requirements in the OA, Inc. Bylaws, Subpart B, Article X, Section 3c 1). Current requirements are one year current abstinence and at least two years of service beyond the group level. 2. Region representatives must comply with the abstinence and length of service specified in the region’s bylaws (NOTE: Per Region III bylaws Article V. Section C, Each RR should have at least a minimum of one (1) year of current abstinence and at least one (1) year of service beyond the group level).**
5. **Regularly be attending an active OA group and have one (l) year of service above the group level.**
6. **Attend the August and September Intergroup meetings.**

**Each CCI Board member is expected to adhere to all bylaws and policies adopted by CCI. They shall keep intact all papers and materials received upon and during their term of office, to be turned over to their successor upon leaving office. The first duty of all officers shall be to attend all CCI meetings unless excused.**

**CCI SERVICE RESPONSIBILITY PLEDGE:**

**I commit to physical, emotional and spiritual recovery, one day at a time, while serving on the Central Colorado Intergroup Board. As a board member, I pledge to provide support and encouragement to the recovery of my fellow board members, and to talk honestly about my perceptions of relapse or denial with kindness and love.**

**NOMINEE AFFIRMATION:**

**As a CCI Board Nominee, I declare and affirm by my signature below:**

**I meet all REQUIREMENTS set forth in the CCI Bylaws as listed above.**

**I commit to the CCI SERVICE RESPONSIBILITY PLEDGE above.**

**I have read and understand the DUTIES for this position set forth in the CCI Bylaws.**

**I have read and understand the BEST PRACTICES for this position (posted at oadenver.org).**

**I will to the best of my ability perform the specific duties and responsibilities of this position.**

**(Electronic) Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Application received by CCI – Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_ by \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**APPLICANT’S QUALIFICATIONS: (Please briefly complete each section. Keep it simple and limit responses to the space provided below. Thanks)**

**BRIEF OA HISTORY:**

**SUMMARY OF OA SERVICE (Including service beyond Group level):**

**Business, professional or other experience I can bring to the CCI Board:**

**I would like to be a member of the CCI Board for the following reasons:**