

Central Colorado Intergroup Meeting of Overeaters Anonymous Agenda

December 5, 2017

Attendees: Carrie S., Jan B., Jim C., Lolo D., Nick S., Heidi B., Nickie L., Carolyn C., Marcia V., Amy K., Mike K., Jodie R.



- 1) **Call to Order**
- 2) **Meditation Reading on Service-** Carrie S. (from Dr. Bob's Nightmare)
- 3) **OA Concept Reading-** Concept 12- read by Lolo D.
- 4) **Tradition of the Month-** Tradition 12- read by Nickie L.
- 5) **7th Tradition and Review, amend and approve DRAFT minutes** - Jim moved and Mike seconded to approve the minutes as amended. Motion carried as unanimous.
- 6) **Officer Reports**
 - a) **Chair** – Carrie S. Carrie recognized and thanked both Mike K. and Jan for their budget services in regards to the annual audit of CCI's accounting records.
 - i) Carrie followed up with the chair of NCI, Mandy, to relay the CCI vote to invite NCI to join our hotline number. She then forwarded the pertinent information of how to link those members into joining the service of answering that line.
 - ii) Last month Carrie reported how two members living in Aurora began actively looking to open a F2F meeting. HP continues to provide! These members have succeeded in collaborating and are opening this new meeting as a Thursday night 6:30-7:30 OA Big Book study beginning Jan. 4th, 2018. This meeting has already been registered on oa.org.
 - iii) The Thursday 6:30 Golden meetings members voted to move from their location of 4 years. Carrie checked with Mike K on any possible breaching of traditions and when she discovered there would be none if a meeting was held at an established business. She chose to approach Natural Grocers. Her application was approved. Beginning Dec.7th, the Golden meeting will be held in the Natural Grocers classroom. The exciting aspect of this location, is that the meeting will be posted on their weekly events & hopefully this helps carry the OA message.
 - iv) Carrie researched multiple locations for possible venue options of the proposed Sept. 2018 OA event. Prior to doing any site tours, she did her due diligence, and emailed both PPSI and NCI checking if there was any overlapping of OA events on that proposed weekend in 2018. Both Intergroup confirmed there was nothing conflicting. Jan B and Carrie visited the YMCA of the Rockies in Estes Park for a site tour on Nov. 27 (Jan to give details in her report).
 - v) Carrie connected with Lainey regarding the final R3A fiscal report. Lainey was able to finalize her report once getting feedback & clarity around what to do with the remaining \$231- of OA literature unsold at the recent Assembly. The chair and treasure agreed CCI would take possession of the books, and that the literature monies collected go directly back to CCI. These books can also be taken to CCI sponsored events and sold at that

time (such as the New Year's Day Luncheon). Lastly, the chair of PPSI, Cathy G., thanked us, as she received their seed money of \$1,000.

- vi) Carrie spoke to Annie in regards to the meeting list updates. She recommended that we get a box set up for Rita to be able to receive the updates. Carrie called Heidi to get details on moving forward.
 - vii) Nickie shared that Monday night Stapleton Church meeting will be open on Christmas night at 7pm. Info will be sent to Jim at news@oadenver.org so that the information can be shared on the website.
- b) **Vice Chair** – Vice Chair position remains vacant and open.
 - c) **Corresponding Secretary** - Corresponding Secretary position remains vacant and open. In the interim, Jan has been acting in the role and got copies of all materials needed and has been checking the P.O. Box.
 - d) **Treasurer** – Jan B.
 - i) We have money! We are sitting on \$12,817.31.
 - ii) Fall Convention netted CCI \$2,457.23.
 - iii) Only a few books left that CCI took possession of and Marcia will provide a list later to the meeting.
 - iv) Motion made by Heidi to take the literature left over from convention and have as give-away literature at the New Year's Day Luncheon, Jim seconded the motion and it was a unanimous decision.

7) **Standing & Ad-hoc Committee Reports** (20 minutes)

- a) **Region III Rep/WSBC Delegates** – Mike K.
 - i) Still working on updating bylaws at the Regional level. We had our last young people's meeting in November. The young person's group is working on a form for sponsorship. Our trustee co-chair for committee said that the new 12 & 12 will be coming out the first quarter of 2018. There is a young person's book in proposal and with the conference literature committee at this time. Mike brought the new Step Ahead to share. Also, it can be downloaded. There are three guidelines updated and revised for Newsletters, Lifelines & for OA Events. Only OA members can be invited to participate in Events. There is also a new Speaker statement that should be shared and possibly read before a speaker event occurs.
 - ii) Annie's Southwest Airlines ticket to the World Service Convention is in the process of being transferred to Mike.
 - iii) Replacement of Annie's position needs to be follow the guidelines as specified by OA. The process starts with an application.
- b) **Twelfth Step Within** – Rita C., Maureen J.
 - i) Amy spoke for the committee about the Candlelight Meeting and shared that the word got out late in the game. The speakers were not recorded and it was felt that this was an unfortunate miss. There is an intention to schedule next year's event now for December 10th, 2018. This way, the event will happen after the monthly Intergroup Meeting and have better communication ahead of time.
 - ii) Jan shared her experience about attending IDEA day and the collages that were made at the event. It was a good turn-out.

- iii) Heidi brought up that there are standard events and that we could set up the website with these recurring events being listed well ahead of time. As the new website gets rolled out, we can make the 12th Step events posted as soon as we know about them. Details to be sorted out as we move forward between the 12th step committee and the website committee (Pubtech).
 - iv) There was a conversation about bringing the recording device to the events so that we don't miss out on the opportunity to record events that need to be shared. Jim is happy to make this happen when needed. Also, if someone lives on the south side of Denver who would like to assist in this task, Jim is happy to work with that person to share the load.
- c) **PI/PO** – Amy K. et al.
 - i) Carrie and Amy spoke about continuing events with Natural Grocers at Mission Trace. They will be following up with Natural Grocers, since OA was welcomed back.
 - ii) Marcia & Amy went to Co Springs to speak with High Schoolers and had a delightful time. Looking to get into local high schools.
 - iii) Future PI/PO meetings will be happening via conference calls to ensure consistent meetings keep happening.
- d) **Region III Fall 2017 Assembly/Convention planning committee** -Annie
 - i) Carrie shared that Pikes Peak got their seed money.
 - ii) Annie has resigned from her role as Region III rep.
 - iii) All Region Rep e-mails have been re-assigned to Mike K.
 - iv) Jan is super grateful for such a successful convention and the money that was made was substantial.
 - v) Jim shared that the quality of the content and how the organization of the talent and materials was amazing. Great quality for the recordings.
 - vi) Carrie thanked Jim for the quality of the recordings.
- e) **New Year's Day Luncheon**- Carolyn C.
 - i) Carolyn updated all on the current registrations for the event. Concerns were shared regarding the lack of Scholarship funds and the desire to have funds available as requests come in. Carolyn asked the group for a donation of \$250 toward scholarship funds. Any leftover scholarship funds will be given back to CCI. Also, Carolyn was concerned about how the event would be paid, if registrations did not meet the needed fund amount. She asked for a float until the financial needs were sorted out.
 - ii) Jodie shared that she supports the request for donation and the float for the event.
 - iii) Jan shared that there is a line item in CCI's finances \$840 for scholarships. It would be a waste to not have people show up. She suggested that we make the funds available. Jan also let everyone know that if the event does not break even, the funds would just come out of CCI, as that is how it works.
 - iv) Mike does not feel that there needs to be any concern about the attendance or the money available.
 - v) Carrie said that since there are four weeks left in December then there does not need to be concern for the outcome.
 - vi) Amy shared that in the past, by the second week in December lots of registrations came in and suggested not to panic.

- vii) Mike motioned that we share \$250 toward scholarship money for the New Year's Day event. Jim seconded and the vote was unanimous.

8) **New Business**

a) **OA Retreat-** proposed venue/contract

- i) Jan shared copy of the proposed contracts with the group. Proposed date is for the weekend of September 14, 2018. There are Bunk Rooms and shared rooms. Prices are a bit higher than a hotel because it has to include one meal (institutional style meal for dinner). Room costs will range for a two night stay, \$98-\$208 depending on room choice and number of roommates. There is a separate website where people can go and reserve a room. There is a whole system set up so that the YMCA can take care of all of the reservations. Great venue! If we commit to a block of 20 rooms, we need to write a check for \$1,000. We would get that money back when we have 20 rooms booked. There are different styles of rooms and great meeting rooms for what we do. This has been a space that has been utilized by other 12 Step programs and it has worked out very well. If we do 10 rooms.... it is only \$500 deposit, but we need to decide what amount of rooms we would like to make sure are available for our people. We believe that it will be a great turn out and if we commit to it, Carrie will bring fliers to the OA Birthday party in LA to advertise the event and get people excited about it!
- ii) Nickie asked if there is a standard menu for the evening meal that would be provided. Carrie said that this was discussed and there would be a salad bar, protein and some standard items available. Jan suggested that people would want to bring their own food to supplement their meals.
- iii) Do we want to go small and play it safe? Or go big to make sure we have accommodations for the potential good turnout. Jodie supports going bigger and that given the time of year, people would want to come to the event. Colorado is a desirable place
- iv) Nick asked about a registration fee in order to pay for speakers and other fees. Keeping the event at a low cost is the intention of Jan & Carrie, maybe \$50 for the weekend so that it remains affordable. Amy feels that the Big Book will be a big draw. Go big! Heidi asked if this was going to be called "Serenity in the Rockies" or what? Lolo asked how many speakers? Not sure.... probably one speaker at this time.
- v) Jan put a motion that we sign the contract as stated with the 10 rooms at YMCA and go with this date. Amy seconded the event. 10 Voted Yes. 0 opposed. 2 abstentions.

9) **Old Business**

- a) **Open Board Positions-** thanks to Carolyn C. for standing in temporarily for Recording Secretary
- b) **CCIG Meeting location at National Jewish** - No discussion.
- c) **Blue Host-** set up boxes
 - i) Heidi said that they are all full of SPAM and spent an hour trying to clean them out. The information is there from 2013 and since. She can work with each person to try and set up the accounts and make them accessible.
 - ii) Jan feels that the e-mail boxes should get cleaned up, but also maintained so that we have the history available that is within them.

10) **Standing & Ad-hoc Committee Reports**

(final 10+/- minutes)

- a) **Pub/Tech Website Committee** – Jim C., Heidi & Rita

- i) Jim updated all of us on the Recovery Road publications. There were three blasts, mid Nov. & Dec. Two editions of the Recovery Road print edition. Our subscribers stay steady. Every month we go down a couple and up a couple of subscribers. 316 subscribers got the blast this month. New meetings are starting. Jim is going to the OA Birthday party and requested to meet with the LA folks who work on their website. We are looking for someone to be on the committee to help out with content on the website and recording events in the SW part of Denver. He is going to try and find out how LA gets all of their recordings done. He is getting good feedback and is trying to keep up with all of the changes going on.
- ii) Heidi updated on the overview of CCI. She had a PowerPoint presentation that she prepared for the web designer that shares our Purpose and all of the areas that we want to address in our new website. She showed us all the presentation on the core layout. Lots of research has been done to find out what is working on other successful websites and there is a clear layout for how we want to proceed.
- iii) Homework: Suggestion that everyone should go to www.OALIFELINE.org and check out their blog. Come to the next meeting aware of what is possible and ready to discuss.
- iv) Jan motioned that we extend the meeting by 5 more minutes. Mike seconded the motion. Unanimous to extend the meeting.
- v) Any suggestions for the website? Jan gave kudos for all of the work that has been done to help create and organize the website for the designer.
- vi) Mike is wondering more about the BLOG. Answer: There is already a "Member Share" area that has been on our site. The new one, if you look at the Lifeline Blog, you will see what it is like. There is a lot of up-keep for the timely parts of the website. Or we could link to the Lifeline. Folks should check it out as a potential add-on. Jim and Heidi encourage us to do our homework and provide feedback to the Webtech committee regarding our thoughts and feelings about it. We would have free graphics and pictures for the Blog part of our updated website if we want that feature now or in the future.

11) Good of the Order

12) Adjournment and I Put My Hand in Yours

Respectfully submitted by Carolyn Carlson. 12/21/17