

MEMBER SHARE

(The following is a written share from an OA member here in Denver. If you would like to write of your story in recovery for use in Recovery Road and on our website (oadenver.org), please submit them to news@oadenver.org.)

May the miracle of my experience, bring you hope! Two weeks ago, I just lost my little dog. His name was Dexter and he was 16 years old. I am a compulsive overeater and bulimic. It is a miracle that I am not binging and purging! By the grace of a power greater than me, I have been abstinent for the past 3 months and all through Dexter's death. I have incredible memories and even as I continue to grieve my loss of him, my God is, and is able to give me abstinence, one day at a time. For that I am grateful! *(read the full version on Members Share at oadenver.org.)*

Monthly South Broadway Meeting

Denver OA now has a monthly meeting, at 7pm on the first Wednesday of every month, at South Broadway Christian Church. It is open to friends, family and the public. It provides a safe opportunity for others to experience the wonder of recovery as members share their stories. Thank you to those that saw the need for this meeting and brought it to fruition. Thank you too, to all who choose to “extend the hand” by attending this meeting. Together we get better! *South Broadway Christian Church is located at 23 Lincoln Street in Denver near Ellsworth and Broadway.*

SEVENTH TRADITION DONATIONS

OA's Seventh Tradition states that we should be fully self-supporting through our own contributions. Please send checks or money orders, noted with group number (as assigned by OA's World Service Office).

Please do not send cash via mail.

Disbursement of funds beyond your group's expenses are suggested as follows:

- | | |
|-----|--|
| 60% | Central Colorado Intergroup
PO Box 150395
Lakewood, CO 80225 |
| 30% | World Service Office
PO Box 44020
Rio Rancho, NM 87174-4020 |
| 10% | Region 3 Treasurer
Attn: Elaine Lang
PO Box 310290
New Braunfels, TX 78131-0290 |



ABOUT RECOVERY ROAD

Contributions, comments, and suggestions are actively solicited! All considerations for content must be submitted in final draft by the 15th of the preceding month to news@oadenver.org. Content may be edited for style and/or punctuation.

Opinions expressed in this monthly publication of the Central Colorado Intergroup (CCI) of OA are those of the contributors, and not necessarily those of OA as a whole.

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JANUARY 2018

Celebrating Abstinence as We Ring In the New Year!

STEP 1 We admitted we were powerless over food — that our lives had become unmanageable.

TRADITION 1 Our common welfare should come first; personal recovery depends upon OA unity.

CONCEPT 1 The ultimate responsibility and authority for OA world services reside in the collective conscience of our whole Fellowship.

PRINCIPLE 1 Honesty

Honestly Speaking... OA is a camaraderie and fellowship among people who understand.

CCI HOTLINE 720 443 3676
oameetings@oadenver.org

Just wanna talk?

MEETING NOTICES

KEEP MEETINGS UPDATED meeting information is as current as the communication CCI and the OA World Service Office receives from each group.

FIND PHONE MEETINGS

Visit oa.org/find-a-meeting, select the *Telephone Meeting* tab. You can then use *Advanced Settings* to further filter by day of week, time, topic, language, and more. Ask a friend to join in together!

ATTEND SPECIAL FOCUS MEETING BY PHONE

Here's how it works: Call a couple minutes before the meeting begins (starts 11am). Let us know you are on. You will have to dial the phone number and follow prompts. It will ask for an access number, followed by the "#" sign. Dial [605 472-5623](tel:6054725623)

Access code: 323-436#

Amy K.

OA 12 Step Workshop Starts Jan 2018

A 15-session workshop (noon - 2) starts Mon. Jan 29 and continues to Mon. May 7. OA-approved literature will be used in the workshop sessions and homework assignments. Contact Jacqui (303) 847-7494 with questions.

ATTEND CCIG MEETINGS BY PHONE

Now you can join into our monthly meetings to represent your meeting by calling a conference phone number newly set up for CCIG. Just call 605-475-4093 and then access code 104615. CCIG meets the first Tuesday of every month at 7pm.

ONLINE RESOURCES

CENTRAL CO	oadenver.org
INTERGROUP	oaregion3.org
REGION 3	oa.org/find-a-meeting
FIND A MEETING	oalaig.org/html/speakers.php oadenver.org/category/podcasts
PODCASTS	bookstore.oa.org
ORDER LITERATURE	oadenver.org/newsletter oa.org/lifelinemagazine oa.org/a-step-ahead-newsletter/
PERIODICALS & NEWSLETTERS	
ENCUENTRA UNA REUNIÓN	espanol.oa.org/encuentra-una-reunion/

SPECIAL FOCUS MEETING NEWS

On the **first Saturday of each month**, OA in Denver hosts a [Special Focus Meeting](#) for those suffering from the disease of bulimia and anorexia.

Next month's is February 3rd and will start at 11 am. The meeting will be at Amy K's house. If you need directions, please call Amy at (303) 909-6049. Please note that while this meeting does have a special focus, it is open to anyone who has issues with food.

CCIG OPPORTUNITIES FOR SERVICE

Colorado Central Intergroup has two open service positions. Vice-Chair would assist the chair in directing CCIG in the coming year. Also, CCIG needs a Corresponding Secretary who would monitor emails to the chair, regularly access our PO box and make monthly reports at CCIG meetings. Service is a gift to not only OA but to the giver of his/her time. If you would to find out how you can make a difference in OA please email chair@oadenver.org. Together we get better!

INTERGROUP BOARD

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NEW HOME FOR GOLDEN MTG

The Golden Thursday night 6:30 meeting is moving its meeting location to the classroom space at the Natural Grocers located at 2401 Ford Street in Golden!! The first meeting in its new location will be Thursday December 7th. If your meeting is changing or a new meeting is beginning, please let us know at Recovery Road. News@oadenver.org is the right address for event information, meeting info and feedback.