

SPECIAL FOCUS NEWS

On the **first Saturday of each month**, OA in Denver hosts a [Special Focus Meeting](#) for those suffering from the disease of bulimia and anorexia.

Next month's is August 4th and will start at 11 am. The meeting will be at Amy K's house. If you need directions, please call Amy at (303) 909-6049. Please note that while this meeting does have a special focus, it is open to anyone who has issues with food.

CALL INTO SPECIAL FOCUS MEETING

*Here's how it works; Call a couple minutes before the meeting begins (starts 11am). Let us know you are on. You will have to dial the phone number and follow prompts. It will ask for an access number, followed by the "#" sign. Dial [605 472-5623](tel:6054725623) Access code: **323-436#***

NEED A RIDE TO OA MEETINGS?

Many of you want to be able to carpool, but are simply at a loss in connecting with each other. Formation of an ad-hoc committee was approved by CCI on April 3rd. Rachel S and Tobin H will serve as co-chairs. Won't you please join us as we brainstorm effective ways of connecting our fellowship for the purpose of ridesharing? Contact Rachel S: 415 378 9301.

SEVENTH TRADITION DONATIONS

OA's Seventh Tradition states that we should be fully self-supporting through our own contributions. Please send checks or money orders, noted with group number (as assigned by OA's World Service Office).

Please do not send cash via mail.

Disbursement of funds beyond your group's expenses are suggested as follows:

- | | |
|-----|--|
| 60% | Central Colorado Intergroup
PO Box 150395
Lakewood, CO 80225 |
| 30% | World Service Office
PO Box 44020
Rio Rancho, NM 87174-4020 |
| 10% | Region 3 Treasurer
Attn: Elaine Lang
PO Box 310290
New Braunfels, TX 78131-0290 |



ABOUT RECOVERY ROAD

Contributions, comments, and suggestions are actively solicited! All considerations for content must be submitted in final draft by the 15th of the preceding month to news@oadenver.org. Content may be edited for style and/or punctuation.

Opinions expressed in this monthly publication of the Central Colorado Intergroup (CCI) of OA are those of the contributors, and not necessarily those of OA as a whole.

Get Recovery Road delivered to your inbox every month! www.oadenver.org/subscribe



JULY 2018

Recovery in July-

You Can Fly High!

STEP 7 Humbly asked Him to remove our shortcomings.

TRADITION 7 Every OA group ought to be fully self-supporting, declining outside contributions.

CONCEPT 7 The Board of Trustees has legal rights and responsibilities accorded to them by OA Bylaws, Subpart A; the rights and responsibilities of the World Service Business Conference are accorded to it by Tradition and by OA Bylaws, Subpart B.

PRINCIPLE 7 Humility

Honestly Speaking... SUGAR is like a grenade.

CCI HOTLINE 720 443 3676
oameetings@oadenver.org

Just wanna talk?

BIG BOOK WEEKEND RETREAT AT YMCA OF ESTES PARK - SEPT 14-16 (Bring a Friend - Don't Miss This!)

September 14- 16, a fantastic weekend retreat in Estes Park - "From Desperation to Transformation". This is more than a retreat - it could be the pivotal time that you have been looking for in your recovery from compulsive overeating. You can register online or to save money, mail a check and count yourself in for this impactful weekend. If you have registered please make sure to book your lodging with the YMCA by July 14th. That is when our block of rooms will no longer be reserved! Learn more about this Big Book Weekend Retreat:

<https://www.oadenver.org/event/2018bbweekend>

2018 COLORADO STATE CONVENTION

2018 Colorado OA State and Region III Fall Convention & Assembly is at Friday, October 12 – Sunday, October 14, 2018 at Hotel Elegante in Colorful Colorado Springs!

Come join us for a weekend of workshops focused on Your growth regarding **Acceptance is the Key**. More information at:

oasoutherncolorado.org WATCH FOR UPDATES!

Please Contact, Juliet at pattulloj@aol.com -- Put "Program Committee" in your subject line if you would like to speak or help with this event.

DENVER MONTHLY SPEAKER MEETING

Denver OA has a monthly speaker's meeting, at 7 pm on the first Wednesday of every month. It is open to friends, family and the public. Together we get better! *{Because of the 4th of July holiday, the next meeting is August 1st}*

South Broadway Christian Church is at 23 Lincoln Street in Denver near Ellsworth and Broadway.

ONLINE RESOURCES

CENTRAL CO INTERGROUP	oadenver.org
REGION 3	oaregion3.org
FIND A MEETING	oa.org/find-a-meeting
PODCASTS	oalaig.org/html/speakers.php oadenver.org/category/podcasts
ORDER LITERATURE	bookstore.oa.org
PERIODICALS & NEWSLETTERS	oadenver.org/newsletter oa.org/lifelinemagazine oa.org/a-step-ahead-newsletter/
ENCUENTRA UNA REUNIÓN	espanol.oa.org/encuentra-una-reunion/

BB WKEND PLANNING COMMITTEE

July 1st & 15 are the **next** meetings after the OA Big Book study meeting that runs 3-4:15pm- 8250 West 80th Ave Suite 12 in Arvada. (July 15th's planning meeting will be held at Jan B's house. Come to the Big Book Study at 3:15 July 1st or 15th to get directions)

MEETINGS AT NATURAL GROCERS CLASSROOMS! (Now There Are 4!)

Please help support these new weekly meetings:

Littleton - Monday 7 pm | Natural Grocers classroom | 6475 S. Kipling Parkway | Littleton, CO 80123 | contact--Carrie M. 720-315-6132

Centennial - Thursday 6:30 pm | Natural Grocers classroom | 6774 S. University Blvd. | Centennial, CO 80122 | contact--Jen M. 720-300-6803

Golden - Thursday 6:30 pm | Natural Grocers classroom | 2401 Ford St in Golden contact Carrie 720-239-0346

Northglenn - Monday 6:30 pm | Natural Grocers classroom | 11465 N Washington | Northglenn | contact--Bri 720-429-0277

INTERGROUP BOARD

CHAIRPERSON Carrie S	chair@oadenver.org 720-339-0346
VICE CHAIRPERSON Jodie R	vicechair@oadenver.org
TREASURER Jan B	treasurer@oadenver.org 303-345-3067
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REGION 3 REPRESENTATIVE Mike K	r3rep3@oadenver.org

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MEETING NOTICES

KEEP MEETINGS UPDATED meeting information is as current as the communication CCI and the OA World Service Office receives from each group.

Got a New Meeting News? Keep us up-to-date oa meetings@oadenver.org

Got News? Email us at News@oadenver.org with event information, meeting news, and feedback.

FIND PHONE MEETINGS Visit oa.org/find-a-meeting, select the *Telephone Meeting* tab. You can then use *Advanced Settings* to further filter by day of week, time, topic, language, and more. Ask a friend to join in together!