

Central Colorado Intergroup Meeting of Overeaters Anonymous

Meeting Minutes for March 6, 2018

Attendance: Susan*, Carrie, Jan, Jodie, Carolyn, Mike, Jim*, Rita*, Maureen*, Foster*, Nickie*, Heidi B, Beth* (2nd meeting), Nick*, Amy*, Rachel S. * = representing a specific meeting

1. **Call to Order. Meditation Reading on Service-** Read by Jodie R. (May 5th in OA For Today). **Tradition of the Month – Tradition 3** - Read by Jim C. **OA**
Concept Reading – Concept 3- Read by Maureen. **Welcome and**
Reminder. 7th Tradition and Review, amend and approve DRAFT minutes -
Rita moved for approval. Jim seconded. Unanimous approval of the Draft Minutes.

2. Officer Reports

a. Chair – Carrie S.

1. Carrie assisted two members with getting their new OA meetings at their local Natural Grocers- Monday nights 7-8pm at Kipling and Coal Mine in Littleton, and Thursday nights 6:30-7:30 at Cherry Knolls in Highlands Ranch. She then made sure this information was properly distributed to our meeting list service position- Thanks to Rita for working to get them added to both the website as well as the hardcopy meeting list (please be sure to take new copies and toss out old list at the meeting you're representing- as well as announce these new meetings).
2. Taking into account a member's inquiry which came up at last month's meeting, regarding current website funds collected. In order for the group to make an informed decision about how to move forward with collections, Carrie dug through the 2017 meeting minutes to locate the CCIG meeting minutes (exactly one year ago) that carried a motion regarding how website funds would be matched. She emailed these details to the treasurer, Jan, asking for her service in offering a Matching Funds update and overview. Do we need/want to continue collecting?
3. Feb. 2017- The motion was made to approve CCI to match funds of monies raised for the new website development, up to half of the cost of said development, not to exceed \$2000. These matching funds will come from monies currently identified in the financials as, "Convention".
4. Carrie worked with Heidi and helped collect contact information to send out Request For Proposals for the website refresh. She also attended the ad hoc committee meeting at Jim's house on March 3rd. Where the group considered bids for RFP.
5. Lastly, a rep. from 24 Hour Fitness saw one of our community posters and asked if we'd like to consider joining their advertising program.
 - will run for 2 minutes every hour on all the screens in the network
 - will display 3 lines of scrolling text at the bottom of the screen while your ad display
 - will also be featured on our 24-Hour Fitness website page as well as our mobile app with your ad and a link to your website
 - In addition, at least twice a year we will have you set up a booth or table
 - The cost of the program, they say, is "very affordable" at \$1950 for the year.
6. **Vice Chair - Jodie R.** - Said she will be sharing more at individual meetings for members to come join us at Intergroup Meetings. She met with Carrie since our last Intergroup meeting to better understand her new role. Personally, Jodie will be assisting with the Big Book Retreat in September.
7. **Corresponding Secretary-** (open position) - Jan (interim C.S.) is working on collecting a box of information that needs to be scanned and put into Google Docs. Proposal to get all items scanned and into Google Docs. Suggested that Intergroup

would pay someone \$16.50/hour for 10 hours of work to see how long it takes to get the information formatted electronically. Still looking for someone to fill the role.

8. **Treasurer – Jan B.** - No printed report. Website donations so far are \$1,063.46. Pub/tech budget increase to \$10,900 (to include Computers, Sound, Recordings, Etc.) Also, we made \$700 from the New Year's Day Event. Rita suggested that we cease collecting money for the website from the meetings. Post a note on the website and in the meetings to thank the community for the money raised. Jim is concerned that if we stop raising money, it might be premature. Perhaps we just put out a "Thanks" on the website and share the progress of what we have raised and what is happening with the development. Jim: There is the building of the website and it is an ongoing process. Jan suggests that we drop the matching funds. We can continue, thank and let the community know where we are in the progress of the project. We will continue to collect funds.... just not have it be "matching" funds. Jodie suggested that perhaps we ask meetings to donate money toward scholarships for the Big Book Weekend, as opposed to the Website. Heidi suggested a Poster Campaign fund. Mike moved for the main motion to be set.

- i. Rita motioned that we cease the requirement for "matching funds" for the website and that we continue to raise funds and thank our local meetings for the money raised. Jim seconded the motion. Vote was unanimous.

10. Standing & Ad-hoc Committee Reports

(20 minutes)

a. Pub/Tech Website Committee – Jim C., Heidi, Rita & Carrie

1. Presented by Rita: Received a one proposal. Delighted with it! From the woman who works on the LAIG website. Heather Rose Designs is her business name. Proposal met 100% of the criteria requested. When questions were asked, she was very clear and met our needs in the conversation. She is offering a 35% discount for a total of \$4,680 for the work that she would agree to do. This is because she has family members in OA and feels dedicated to our work. The website will also have minimal maintenance and cost in any follow-up. She will also train some of us so that we can do some of the basic work to update. She will be getting references back to us. The committee would like to recommend that if her references check out, that we could approve the contract for the \$4,680 with some minor additions and leeway to make those choices along the way. The extra money spent will be prudent. The template that will be built for us. CCI will own the rights and we will take the opportunity to share this with other Intergroups.
2. Presented by Jim: Wishlist is to load podcasts the way that LA is doing it, which is through iTunes. Part of the discussion had with Heather Rose Designs included that goal. It is more than the ability to stream audio, but to make it a link and downloadable. All three forms will be included in the re-design, which is a huge gift.
3. Presented by Heidi: Heather has 10 years of experience and has the backbone with LAIG which makes things even more seamless. There is also a link to pledge a certain amount each month on the website and this gives us the ability to be more self-supporting in regards to podcasts and possibility of monthly giving.
4. Carrie: Once the website is done, Heather Rose will work on a new Denver OA Logo.
5. Roll out timeline is 12 weeks.... so by the summer.

6. Rita made a motion that we contract with Heather Rose Designs for the \$4,680. Jan seconded the motion. No discussion. Vote was unanimous.
- b. Region III Rep/WSBC Delegates – Mike K.**
 1. It's been the month from Hell. Second edition of OA 12 & 12 is now available at \$15/book. New segmentation of questions and the spiritual principle is at the beginning of each step. Questionnaire was mailed by Maggie from our prior meeting. Region III Assembly is middle of April and Mike will be attending.
- c. Twelfth Step Within – Rita C., Maureen J.**
 1. Maureen shared about Unity Day held at the end of February. There were 24 people in attendance. It was a vibrant event. Next event planned is the Retreat.
 2. Carrie shared that a member was wondering about any other events that could be planned.
- d. PI/PO – Amy K.**
 1. Looked at the Proposal for advertising at 24 Hour Fitness and it is more of a promotion that does not feel authentic.
 2. Have 9 yes responses for attending the Health Fairs. Still waiting on a number that have not responded. Trying to pick Health Fairs where we can be strategically seated so that people can find us easily since we are not generally sought out. Will have the sign-up sheets at the next meeting. Amy is planning on working with a new person next year to start to hand over the service.
 3. Newcomer Speaker Monthly Meeting tomorrow night at South Broadway Christian Church at 7pm.
- e. Committee for Increasing CCI awareness & Attendance- Carolyn C.**
 1. Carolyn shared the breakdown of perspectives shared and opportunities voiced at the first meeting. Some of the major concerns were location, layout of the meeting and making our meetings easy for the new attendee to understand and feel "a part of" throughout. Committee was encouraged to investigate the possibility of a new meeting space that we might move into by June or July. Also agreed that we would edit some of the verbiage at the outset of our monthly Intergroup meeting to address the newcomer. Also agreed to discuss the role of a "service sponsor" at the Intergroup meetings so that newcomers have someone to turn to for advice and to better understand how the meetings run. We tabled the discussion of whether or not to collect 7th tradition funds as there were equal cases stated both for and against the act of collecting funds at this time. The committee will meet again before next month's Intergroup meeting and give a follow-up report.
- f. Estes Park Retreat- Jan B., Carrie S.- Convention Committee Meetings held at the Primary Purpose Club. 8250 West 80th Ave Suite 12, Arvada, CO 80005. 4:30pm - 5:45pm. Nine Meetings Scheduled: April 15, May 6, June 3, July 1 & 15, August 5 & 19, Sept. 2 & 9.**

11. New Business

- A. **Corresponding Secretary Open Position & Budget –** There is a member who is interested in the position. Jan wonders if there should be a budget line for the role.
 - a. We need to have the box full of printed historical documentation to be scanned to Google Docs and we should budget \$250, in order to have this completed.
 - b. Also, we should have a budgeted line item for other items, such as flowers, gifts, etc., or it could all go under board officer expense line item = \$500 to cover all expenses under this role.

- c. Mike moved that we include a line item for Board Officer Expense for \$500. Beth seconded that line item. Vote was unanimous.

B. Rachel S. - Aid to fellows for transportation to meetings – would like to suggest that OA Denver sets up a fund for LYFT/Uber and/or bus reimbursement for fellows that do not have the funds to get to the meetings.

- a. Foster – I like the idea.
- b. Mike – Would like to have this as a longer discussion item for our next meeting. There should be a sub-committee and an outline for how this would work.
- c. Rita – I also feel like we need more time to discuss and to see if other Intergroups have addressed this issue. (Rachel says that it has not been discussed at other Intergroups that she has researched.)
- d. Amy – If something is put together, maybe half or part of the fee would be paid so that there is "buy-in" on the participant's part.
- e. Maureen – moved that we table until next month for an agenda item.

12. Old Business

- a. **Open Board Position-** Corresponding Secretary

13. Good of the Order

14. Adjournment and I Put My Hand in Yours.