

Central Colorado Intergroup Meeting Minutes of Overeaters Anonymous July 10, 2018

- 1. Call to Order and Serenity Prayer**
- 2. Meditation Reading on Service -**
- 3. Tradition of the Month – Tradition 7 Nick.**
- 4. OA Concept Reading – Concept 7 Jim C.**
- 5. Introductions – Carrie S. Heidi B. Jan B.**
- 6. Welcome to the Newcomer and Reminders to all about this meeting.**
- 7. 7th Tradition and Review, amend and approve DRAFT minutes**
 - a. Meeting minutes have been approved**
- 8. Officer Reports**
 - a. Chair – Carrie S.**
 - b.** Carrie created a Signup genius to help staff the Professional Trade Show- “Your Weight Matters” event and invited OA members to sign up for this PIPO opportunity to carry the message of recovery. She connected with our Region Three Chair, Brenda Q., to confirm the details. This is being held at the Hilton Denver City Center Located at 1701 California St. Denver. OA will host an expo booth for two days- Friday and Saturday, July 20 & 21st. This tradeshow will have medical professionals in attendance as well as members of the general public on Saturday. We are scheduled to be in booth #10. If you have signed up to attend, you will get a chance to meet our R3 Chair Brenda and also another OA member flying in, Christina, who are able and planning to help join with staffing our booth for both days. If you have to pay for parking, be sure to see Brenda, and she will reimburse you for those costs. Also, this event has a very informative website, if you're curious to learn more: <http://www.ywmconvention.com/exhibitors/exhibitor-list/>
 - i. Brenda said she will reimburse you for parking
 - ii. Jan, Jim, Carrie drove up to the YMCA to get a complimentary lunch and room block close this Friday and please pass the info around to your homegroups
 - iii. Carrie posted if people want to attend for the day – Saturday only \$33
 - iv. Friday or Sunday only - \$23 per day
 - v. All 3 days = \$50 total
 - c.** Jan Treasurer – there is some discretion on the cost of whether people are staying on site versus VRBO Offsite vs. Onsite: the issue is a lot of people are not doing the room block and the add-ons are not making possible for people to commit. The good news is over 100 people are registered
 - i. Saturday should be \$25.
 - d.** On June 9th, I joined Jan B, Jim C. Jenn A., and Jordan L for a day up at the YMCA for our second site tour. We were all offered a complimentary lunch by our representative as well as plenty of Q & A. We discovered that our room block closes on July 14th and therefore our Retreat committee has worked to seal up the final rooms still open. The Y also was giving a few of us incongruent information regarding a Day Fee that would be assessed to those members who are staying outside the grounds (which at this point in time we have found 24). With some digging and a lot of praying, we were finally able to knock the original fee of three day passes from \$60 down to \$36 dollars.

- e. Carrie received a call from a Pikes Peak R3A member who was chairing the speakers committee. At first, she prayed about what role to play, and felt that leading a meditation/movement session would suffice. However, the next day, an email from this chair got circulating amongst a dozen Central Colorado members. One member put out the call to all of us to step up and support this R3A. By the days end, nearly all the speakers had been spoken for, except steps 8/9. Which by then I felt the calling & offered my service.
 - i. Region III assembly – please consider registering
- f. **Vice Chair - Jodie R.**
 - i. Rooming for the retreat in September – Jodie in charge on the sub-committee. Rooming at the YMCA poses July 14. If you know anyone who is looking for an affordable room please send them to Jodie. If that room gets 6 people it equals \$50 a night
- g. **Corresponding Secretary- (stand in Jan B for today)**
 - i. Previously Jan, presented a box of records and this box of records has not been referred to in the past year. 15-16, 17-18 exists in the box however, Jan proposed that we shred everything before prior to 2015.
 - ii. Jan B made a motion to shred documents to destroy all documents prior to 14-15FY
 - 1. Mike K seconded
 - 2. Everyone voted unanimous
- h. **Treasurer – Jan B.**
 - i. There was a PayPal account unaware of. 3 groups contributing to PayPal account for more than a year to the amount of \$1000++.
 - ii. \$1,214.07 - there was one PayPal account that we were using for the contributions
 - iii. Jan paid Nat'l Jewish rent, National World Services, All payments have been paid
 - iv. \$12,280.70 - included in that amount is the Eventbrite amount
 - v. Rita – where are we in terms of website donations in terms on expenses?
 - vi. Jan B. - Answer: we've paid half and by July we will complete the payment.
 - vii. Carrie - Communications/Tech - gave recap of what has been paid. No changes

9. Standing & Ad-hoc Committee Reports

- a. **Pub/Tech Website Committee – Jim C., Heidi, Rita**
 - i. Heidi –
 - A. Uncovered in excess of \$1000 out of Paypal
 - B. We have a Corresponding – KM
 - C. Also Recording Sec – Rachel Sch.
 - ii. Recovery Road Editor Job Description: this is a tech savvy, editor, mentoring position. It's a person who can also do news blasts. We need a blogger. Also cross training for the incoming person
 - A. Jim C – will still be involved as long as necessary for this transition
 - B. Heidi – Proposal the possibility to break up the role into: 1. Blogging, 2. Podcast, 3. Text Editor, 4. email Blast

- C. Carrie – keep this in mind to think of these skills for our incoming generations
- D. Heidi – Rachel Sal. is currently the meeting list editor
- E. Heidi – has been personally supporting the OA BB retreat. And for the new website is stack ranking the changes for the website. Newcomers page has not been complete. Please contact Heidi for edits.
- F. Rachel Sch. - Some of the usability is not perfect of the website, the pdf loadable isn't exactly updated
- G. Jan – Proposes the discussion to hire paid help to manage the IT support as far as Eventbrite goes. As well as paid help towards Heidi. Perhaps a motion for Heidi to get some help

b. Region III Rep/WSBC Delegates – Mike K.

- i. At the end on July, the YP committee will be meeting to talking to spread the word about what they do. They will be meeting to talk about the meeting format. They will be elected a new world services new region rep and conscience delegate.

c. Twelfth Step Within – Rita C. & Maureen J.

- i. The next meeting for idea day planning is on Sat Sept 17th
- ii. Carolyn - contacted the Vista to secure brunch. Motions to chair the New Year's Day event this year.
- iii. Rita – seeking clarification for the mission and vision of this event. Rita accepts Carolyn's motion
- iv. Amy – Historically it was more of an annual thing that continued. And a purpose of this event was to strengthen people
- v. Mike – the event itself is technically defined as a subcommittee under '12 step within'
- vi. Heidi – proposal that Eventbrite would be a useful tool

d. PI/PO – Amy K. et al

- i. Committee is still intact but due do extenuating circumstances the meeting doesn't always meet in full. Health Fair is grateful for OA's participation.
- ii. Upcoming events: Tradeshow has been spoken for
- iii. Aug 5th - Mile Hi trade show at Mile Hi Church. There are volunteer opportunities to sit for an hour or so. Let Amy now if you're interested in volunteering
- iv. Sept 25th Red Rocks Comm College – 10am – 1pm \$25 admission fee

e. Committee for Increasing CCI awareness & Attendance

- i. Carolyn – Sept 4th (3131 Osceola St or 3130 West Ave) - we have confirmed a new location for our Intergroup meeting. Renovated gas station with a shower.
 - A. Indicate the meetings you normally attend
 - B. Between now and sept 4 commit to going to another meeting to be an ambassador for the new CCI meeting
 - C. This is the last month we will be in this location
- ii. Rita – proposal to use the sign in sheets as a marketing tool to target new peeps to attend
- iii. Amy – Be on time

10. New Business

- a. Jan – Discussion to hire someone to help with Eventbrite

- b. Carrie – we need a proposal for what's being done now. And a mention that the group would like to support Roger for the work done.
- c. Jan – proposes a motion that we have \$1000 to be used for tech support to continue Eventbrite.
- d. Mike seconds Jan's proposals for any further discussion.
- e. Motion passed by unanimous group vote.

11. Old Business

12. Good of the Order

13. Adjournment and close with the Serenity Prayer.