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Central Colorado Intergroup Meeting of Overeaters Anonymous
Meeting Minutes - January 8, 2019

1. **Call to Order and Serenity Prayer. Meditation Reading on Service –** read by Carrie. **Tradition of the Month –** Tradition 1. read by Nick. **OA Concept Reading –** Concept 1 read by Nickie.
2. **Introductions – Present at Meeting:** Carrie S., Jan B., Heidi B., Nick*, Nickie*, Phyllis*, Maggie*, Amy*, Marcia*, Carolyn* (New Member, Phyllis received latest edition of Lifeline), Nancy*
3. Amy offered to be the sacred timekeeper for our meeting.
4. **Welcome to the Newcomer and Our Preamble to the Meeting. Reminders 7th Tradition and Review, amend and approve DRAFT minutes-** Amendments made. Nickie motioned to pass minutes as amended. Marcia seconded. Minutes unanimously accepted.
5. **Officer Reports**
 - a. **Chair –** Carrie S.
 - i. Quiet month for the chair. Carrie spoke with our Chicago OA members who are recreating our Estes Retreat. They have a date, August 9-11, 2019. They are grateful for our support! Carrie offered to help pass out flyers at the OA LA Birthday for their event.
 - ii. Carrie worked with our Natural Grocers event contact representative to help streamline the work that needs to go in quarterly by each individual meeting rep. To schedule each classroom. Carrie had been volunteering to do this work, however, moving forward each meeting will be responsible for being self supporting.
 - b. **Vice Chair – Vacant Position at this time. - Please Share At Your Meetings!!**
 - c. **Corresponding Secretary-** Rachel Sh.
 - d. **Recording Secretary -** Carolyn C. still sitting in as acting Rec. Sec.
 - e. **Treasurer –** Jan B. -Currently have \$8,899.99 in the bank. Quiet month.
6. **Standing & Ad-hoc Committee Reports**
 - a. **Communications & Technology Committee –** Heidi B.
 - i. Recovery Road editor is temporarily Heidi B. Lost the prior one and have a new person for next month.
 - ii. Latest version of website Template was updated. Heidi is looking forward to meeting with Aaron, John K & Heather while she is in LA.
 - iii. The meeting list does not automatically update, Heidi put in for a change with that. Which is in the yearly budget.
 - iv. Suggestion made for a ticketing system for updates so that it will be easier for all users to submit changes and updates and also manage the updating process.
 - v. Excited to share knowledge of a podcast script from John K who already uses for the Vision4You website and podcasts.
 - vi. 22 people have responded to the survey that went out about the Fall BB Retreat.
 - b. **Region III Rep/WSBC Delegates –** (open position) -
 - i. Proposal was created, rejected and then edited. We now have a motion to share on the floor. Heidi & Jan worked together to get this done. It will be **Motion P** at World Service Convention. So we need to represent at the Convention to present the Motion.
 - c. **Twelfth Step Within –** Rita C. (not present & stepping down) Amy K. reporting:
 - i. Unity Day - Feb. 23 - Rita will help but is stepping away from the role.
 - ii. 11:30 - 1:30 at Shepherd of the Hills
 - iii. The Candlelight Meeting on Dec. 10th went well.
 - iv. Speaker Meeting on first Wednesday of the Month at S. Broadway is strong.
 - v. Special Focus Meeting on first Saturday is going strong.

- vi. App called SLACK for your phone that Rachel S has set up for people to check in whenever you want.... like a 24 hour/ 7 day a week meeting site.

d. New Year's Day Event – Update – Carolyn C.

- i. Final account reconciliation not completed yet. But a recap of some of the highlights from the event were shared:
 - A. 71 total registrations, 4 no shows, 3 cancellations, 64 Final Attendees
 - B. 8 scholarships granted and all showed up!
 - C. 3 “day of” registrations
 - D. 8 people posted their names as “available sponsors”
- ii. Do we want to confirm the Vista for the 1/1/2020 Event?
- iii. Amy K. shared that some people in the back could not hear well due to the room's acoustics.

e. PI/PO – Amy K.

- i. Maggie is going to join PIPO and assist Amy going forward.

f. Committee for Increasing CCI awareness & Attendance- Carolyn C. Nothing to report

7. New Business

- a. Jan would like to propose that we put down the deposit for the New Year's Day Luncheon. Maggie seconded the motion. All in favor. Carolyn offered to move forward with The Vista.

8. Old Business

9. Good of the Order –

- a. Amy K asked for the team to think about who would be a good person to be involved with 12th Step Within.
- b. Carolyn suggested that we put the Service Board information into a flier that we can then print and bring to Intergroup.
- c. Invite people to just come to Intergroup once and check it out so people know what is going on.

10. Phyllis, Marcia & Amy will be our newcomer greeter next month.

11. Adjournment and close with the “We” version of The Serenity Prayer.