

--FINAL--
Central Colorado Intergroup Meeting of Overeaters Anonymous
Meeting Minutes - February 5, 2019

1. **Call to Order and Serenity Prayer.**
2. **Nickie** shared that she is interested in applying for the Vice Chair position. Shared that she wanted to give more service to OA and to her program. Marcia passed around ballots to attendees. Nickie was unanimously voted into the position.
3. **Introductions – 19 Present at Meeting:** Jan B., Rita C., Grace L (1st), Amy K.*, Rachel S.*, Cassie (1st), Phyllis*, Cathy*, Nick*, Don (1st), Glenda (1st), Heidi B., Maggie*, Nickie, Sky (1st)*, Carolyn C., Mike K., Marcia V.* & Rachel Sch.
4. Rita C. offered to be the sacred timekeeper for our meeting.
5. **Welcome to the Newcomer and Our Preamble to the Meeting. Reminders 7th Tradition and Review, amend and approve DRAFT minutes-** Amendments made. Jan B. motioned to pass minutes as amended. Rachel S. seconded. Minutes unanimously accepted. Three attendees abstained.
6. **Meditation Reading on Service –** read by Maggie. **Tradition of the Month –** Tradition 2 read by Amy K. **OA Concept Reading –** Concept 2 read by Grace L.
7. **Officer Reports**
 - a. **Chair –** Carrie S. (approved absence)
 - i. No report to share.
 - b. **Vice Chair –** Nickie volunteered and vote taken.
 - c. **Corresponding Secretary-** Rachel Sh. - not enough copies, good problem.
 - d. **Recording Secretary -** Carolyn C. still sitting in as acting Rec. Sec.
 - e. **Treasurer –** Jan B
 - i. \$8,128.30 in the bank. Contributions will be paid out in the coming month.
 - ii. Amy K asked if the Shep of the Hills contribution in January got misapplied.
 - iii. Rachel Sch indicated that the meeting locations should be updated. St. Joseph is listed as Lakewood and should be Denver.
 - iv. Phyllis had a questions about the Dates on the columns of the Income Sheet need to be updated on the spreadsheet.
 - v. Sky asked if the meeting contribution can be delivered in cash at the Intergroup mtg. and the answer is yes. And Jan will hope to record the deposit to the correct meeting.
8. **Standing & Ad-hoc Committee Reports**
 - a. **Communications & Technology Committee –** Heidi B.
 - i. Thank you to Beth, Shannon, Rachel P. and Rachel Sa. for all of their service.
 - ii. Recovery Road editor is Rachel P. The new template is being worked on for her to use soon.
 - iii. Heidi met with John K & Heather, our web designer while she is in LA.
 - iv. Excited to test out a podcast script from John K who already uses for the Vision4You website and podcasts.
 - v. At least 2 intergroups are using our template. We hope to add a page for interested IGs.
 - vi. The meeting list work around is being worked on. Thanks to Rachel S for updating.
 - vii. Categories are being fixed--they seem to have some ongoing issues with our Events calendar

- viii. Suggestion made for a ticketing system for updates so that it will be easier for all users to submit changes and updates and also manage the updating process.
- ix. Updates on website are updated.
- x. **POSTED:** Recovery Road, Meeting List and CCI Meeting Minutes.
- xi. **BLOGS:** Post NYDC Luncheon, Service openings, #6 Natural Grocer meeting with Pikes Peak IG, and Unity Day.
- xii. We will do an extra email blast on Unity Day, since we inadvertently left it off the email blast.
- xiii. Over 40 people have responded to the survey that went out about the Fall BB Retreat. Responses were 90% positive and they would like to see another retreat. And, no surprise, food issues with venue was a hot topic!
- xiv. **Rachel Sa.** shared that we will be piloting a car share on-line program. We will test it with Intergroup next month, but the idea is to make it available for meetings.
- b. **Region III Rep/WSBC Delegates** – (open position) -
 - i. Jan B. shared that we do not have anyone going to the World Service Business Conference.
- c. **Twelfth Step Within** – Rita C.
 - i. Unity Day - Feb. 23 - 11:30am - 1:30pm at Shepherd of the Hills - Rita will help but is stepping away from the role.
 - ii. Heidi shared about Lair of the Bear event and we are not able to hold it there on a Saturday.
 - iii. Rachel S & Grace L would like to co-chair the committee. They will meet with Rita and work on a transition.
- d. **New Year's Day Event** – Carolyn C.
 - i. We had an overall profit of \$25.09
 - ii. We put down a deposit on the Vista for January 1, 2020 and are all set for that space again. The contract is signed and both Carolyn C & Jan B have an electronic copy.
 - iii. Service Opportunities Flier created to share at meetings to help educate at meetings how folks can get involved.
 - iv. The centerpiece materials are now available to be used at events. Currently in the back of Rachel Sch's car.
- e. **PI/PO** – Amy K.
 - i. Maggie will be working with Amy K to assist in the 9 News Health Fairs and PI/PO.
 - ii. Speaker meeting on the first Wednesday night of the month. All are welcome.
 - iii. Special Focus meeting on the first Saturday of the month, gaining interest. 12 people called in on the phone, one from England. Word is spreading that it is happening.
- f. **Committee for Increasing CCI awareness & Attendance-** Carolyn C.
 - i. Asked all in attendance to continue to encourage fellow members to attend an Intergroup meeting just so they can learn about how it works.

9. New Business

- a. **Presentation of the motions for the upcoming World Service Business Conference and the Agenda.** - Mike K.
- b. Time was extended by 15 minutes to finish the voting.

10. Old Business

- a. Nothing discussed.

11. Good of the Order –

- a. Update times on Recovery Road for Unity Day.
- b. Rachel Sch. has handouts for the meetings from our OA Website.
- c. Carolyn shared that she worked with her health club to post the OA poster and share information with the members about the program of recovery.
- d. Carolyn also shared with the group about the Newcomers Pamphlet & Service Flier available.
 - i. Jan made the suggestion to order a bunch of the Newcomer Pamphlets for Intergroup to have available for Newcomers and Meetings, as an example. Rachel Sch motioned and Maggie 2nded, all in attendance agreed.

12. Nickie will be our newcomer greeter next month.

13. Adjournment and close with the “I” version of *The Serenity Prayer*.