

INTERGROUP BOARD

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Rachel P, Shannon, Beth
MEETING LIST EDITOR: oameetings@oadenver.org
Rachel S.

7th TRADITION

OA's Seventh Tradition states that we should be fully self-supporting through our own contributions. Please send checks or money orders, noted with group number (as assigned by OA's World Service Office.) (Please do NOT send cash via mail.)

Disbursement of funds beyond your group's expenses are suggested as follows:

(60%) Central Colorado Intergroup

PO Box 150395
Lakewood, CO 80225

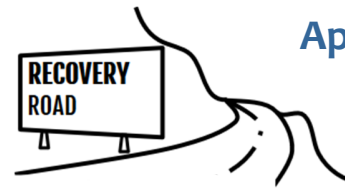
(30%) World Service Office

PO Box 44727
Rio Rancho, NM
87174-4727

(10%) Region 3 Treasurer

Att: Elaine Lang
PO Box 310290
New Braunfels, TX
78131-0290

April 2019



OA Central Colorado Intergroup

will meet in a new spot
beginning September 4, 2018
The Garage Building adjacent to
Highlands United Methodist Church
3830 W. 32nd Ave. Denver, CO 80211
SE corner of Osceola & 32nd Ave



First Tuesday of
Every month
7-8:30 pm

¡OA Cinco de Mayo Fiesta — Sunday, May 5!

Join us for sharing, sponsorship matching, and OA crafting
Sunday, May 5 from 10:30 a.m. to noon. The event will be
followed by bag lunch fellowship. The location of this event
will be announced soon. Please see oadenver.org for full details. Availa-
ble sponsors and those seeking a sponsor are highly encouraged to attend.



Please contact Sayury C., Rachel Sa or Julia J. with questions
at tsw@oadenver.com or (614) 943-2208. Suggested donation for this fun,
festive, fellowship and fiesta is \$5. ¡Olé!

Save the date!...

Colorado State Convention | Oct 4 - 6

The Northern Colorado Intergroup is hosting the next state convention Oct. 4-6 at the **Aloft Hotel in Broomfield**. This year's theme is **Many Voices, One Solution: How We Understand and Work the Steps**.

Mark your calendars now for a weekend of fellowship, fun, learning and laughter with your OA family. Immerse yourself in the diversity of our members and experience how the OA solution works for each of us.

Great News...

Where Do I Start?

Where Do I Start? is OA's **NEW Newcomer Pamphlet** is available at bookstore.aa.org for just \$1 each.

Greet newcomers with a **single attractive pamphlet**, helping them to get started and feel welcome in OA. The new 32-page pamphlet (#705), titled **Where Do I Start?** has everything a newcomer needs to know, draws from the pamphlets in the former Newcomer **Packet** while **eliminating the repetition**. It also includes our beloved "Welcome Home" story.

Ready to be rocketed into the Fourth Dimension?

Loveland, Sunrise Ranch Retreat August 9-11

Join us August 9-11 as David H. takes us through Steps 10,11 and 12, teaching through his experience, strength and hope the power of examination, meditation and service.

Get away, learn and press in deeper to the power we lack during this three-day workshop. This retreat will be held at the **beautiful Sunrise Ranch Spiritual Retreat Center in Loveland**. The retreat weekend will include yoga, meditation, swimming pool, hot tub, music and bonfire! Look for more information about accommodations and registration coming soon on oadenver.org.

OA Central Colorado podcasts are now available to download or stream on [Apple Podcasts](#)—subscribe today! Stream or download from OADenver.org/podcast for any device.



Overeaters Anonymous Central Colorado

Overeaters Anonymous Central C...

Subscribed



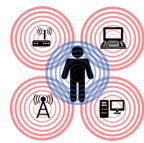
Carpooling!

Do you seek an easy way of performing service? Budding-up to attend meetings could be super fun, and it extends service

and the meeting “on the go.” Perhaps someone is without a driver’s license or a car. Maybe someone is physically limited and unable to drive all the time. Or, the car ends up in the shop sometimes. Maybe you just want to hug the planet with one less car. Maybe you seek a service opportunity that takes a minimal toll on a tight schedule. Please contact Rachel Sa. at oameetings@oadenver.org to get involved.

EMFs & RFs Free

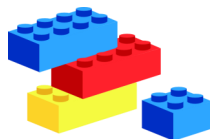
Interested in a meeting free of EMFs, RFs, and fragrances? A long-time Denver area OA member who is acutely sensitive to electrical and magnetic fields (EMFs) and radio frequencies (RFs) is interested in starting a meeting that excludes cell phones, wifi and other electronic devices. The meeting will also be fragrance-free! Anyone who is willing to power off all their electronic devices would be welcome to attend. Please contact Karen A. at 303-975-1063.



Small Children Friendly Meeting

The **Friday 10 am** meeting in Parker is opening their meeting and hearts to **parents with small children** (who are capable of being self-sufficient off to the side with a book or device). If you have questions, call Marcie 303-805-1881.

Friday 10 AM | Parker United Methodist Church | 7308, 11805 S Pine Dr, Parker, CO 80134.



On-Line Resources

CENTRAL CO:	OADenver.org
REGION 3:	OARegion3.org
FIND A MEETING:	oa.org/find-a-meeting
PODCASTS:	oadenver.org/podcast/ oalaig.org/laig-virtual-speakers-bureau
ORDER LITERATURE	bookstore.oa.org
PERIODICALS & NEWSLETTERS	oadenver.org/recovery-road-newsletter oa.org/a-step-ahead-newsletter oa.org/members/lifeline-magazine
ENCUENTRA UNA REUNIÓN	espanol.oa.org/encuentra-una-reunion

PLEASE SUPPORT THESE NEW WEEKLY MEETINGS:

Monday 7 pm—Littleton Natural Grocers classroom
6475 S. Kipling Parkway, Littleton | Carrie M 720-315-6132

Tuesday 6:30 pm —Northglenn Natural Grocers classroom 11465 N Washington, Northglenn | Heidi 720-937-2730 *No mtg on 1st Tues

Thursday 6:30 pm—Centennial Natural Grocers classroom
6774 S. University Blvd., Centennial | Shannon G. 303-921-1661

Thursday 6:30 pm—Golden Natural Grocers classroom
2401 Ford St., Golden | Carrie 720-339-0346

Thursday 6:30pm—Aurora Natural Grocers classroom
3440 S Tower Rd., Aurora | Lin D (406) 839-7263

Thursday 7 pm—Monument Natural Grocers classroom
1216 West Baptist Rd., Monument | Beth U (773) 682-1223

DENVER MONTHLY SPEAKER MEETING

Denver OA has a monthly speaker’s meeting, at **7 pm** on the **first** Wednesday of every month. It is open to friends, family and the public. **South Broadway Christian Church** is at 23 Lincoln Street in Denver near Ellsworth and Broadway. See you there!