

--FINAL--
Central Colorado Intergroup Meeting of Overeaters Anonymous
Meeting Minutes - April 2, 2019

1. **Call to Order** and reading of the **Serenity Prayer**.
2. **Meditation Reading on Service** – read by Don **Tradition of the Month** – Excerpt of Tradition 5 read by Carolyn **OA Concept Reading** – Concept 4 read by Rachel Sch.
3. Don offered to be the sacred timekeeper for our meeting.
4. **Welcome to the Newcomer and Our Preamble to the Meeting. Reminders 7th Tradition and Review, amend and approve DRAFT minutes-** No amendments made. Amy K. motioned to pass minutes. Rachel Sa seconded. Minutes unanimously accepted.
5. **Introductions – 10 Present at Meeting:** Nickie L, Don, Rachel Sch., Carolyn*, Maggie, Rachel S, Amy K*, Carolyn, Cassie (*indicate representing a meeting)
6. **Officer Reports**
 - a. **Chair** – Carrie S. (at World Service Meeting)
 - i. Thanks to Nickie for leading the meeting (AGAIN) tonight!
 - ii. Please send prayers to your WSBC delegates- Jan B. Heidi B, and Carrie S (also joining them is member, Jordan L.) who are currently in Albuquerque. Let's hope they can make some headway with our CCIG motion they are presenting. They will bring reports next month, at the June 4th meeting.
 - iii. Please make a point to notify your meeting treasures that 7th traditions should be sent to a new address. Thanks to Heidi who then changed the details on our website, and added an announcement to Recovery Road. And thanks to Jan for getting all mail forwarded to the new address.
 - b. **Corresponding Secretary-** Rachel Sh. - Copies made it to the meeting. Four more months and the seat will be open.
 - c. **Recording Secretary** - Carolyn C. still sitting in as acting Rec.Sec.
 - d. **Treasurer** – Jan B (at World Service Meeting) is handing over her role as Treasurer.
 - i. Jan will be traveling most of the summer and would like to hand over the responsibilities of Treasurer to a new volunteer sooner than September when her term has ended.
 - ii. All treasury work is done on Quickbooks on-line. It is easy to use and Jan is willing to train someone how to use this program over the phone.
 - iii. The treasurer will have a laptop provided by Intergroup for their service work.
 - iv. The P.O.Box payment was missed and is no longer available. Mail will now go to Jan until the new Treasurer is in place. The new address is: 8610 West 68th Place, Arvada, CO 80004
 - v. There is \$500 available for scholarships and Jan would like for the committee to decide how to distribute these funds between the New Year's Day Event and the Fall State Convention being held by the Northern Colorado Intergroup. She feels it is a good idea to support NoCo soon so that they have the funds they need during their planning stage.
 - vi. Discussion of Distribution of \$500 Scholarship money for upcoming events:
 1. There was discussion amongst the committee members present about the NoCo Convention, New Year's Day and the Retreat being held this summer in Loveland.

2. A suggestion was made to distribute \$200 to Northern Colorado for scholarship money to the fall convention.. Rachel Sch. made the motion to contribute the \$200 to NoCo and to reserve the rest to discuss at June Intergroup meeting. Amy K. Seconded. Unanimously agreed.

7. Standing & Ad-hoc Committee Reports

- a. **Communications & Technology Committee** – Heidi B. (excused absence)
 - i. No Report Provided.
- b. **Region III Rep/WSBC Delegates** – (open position) -
 - i. Jan B, Carrie S, Heidi & Jordan L. are on their way to the World Service Business Conference in Albuquerque so that our motion for online Newcomer Information can be presented. An airBNB has been reserved to save money for the three to lodge. (Rumor has it that Nick is also attending as an observer.)
- c. **Twelfth Step Within** – Rachel Sa (representing for Julia & Sayury)
 - i. Cinco de Mayo OA Fiesta happened - Sunday, May 5th - 10:30 - Noon. 23 in attendance and was a successful gathering. Lots of fellowship and good sponsoring connections made.
 - ii. Nickie was present and she liked the little slips with peoples names and phone numbers as a way to reach out to others in program.
 - iii. Amy K was also in attendance and enjoyed meeting people that she had never met. Thank you for all of the effort that went into it. Cassie was also there and enjoyed it.
- d. **PI/PO** – Amy K. & Maggie
 - i. Amy shared about the success of the 9Healthfairs and is grateful for all of the fellowship around those.
 - ii. Amy is stepping away from the PI/PO chair position and is happy to be involved.
 - iii. Amy is dropping the role of coordinating the 9Healthfairs AND will help whoever wants to take over the reigns next year. Proposing that we just visit the four hospitals where we have the most foot traffic.

8. New Business

- a. Meeting List Coordinator - Rachel Sa will have to step down from that service position as of June. Utilizes Google Docs and Google Links.
- b. Proposal to review Minutes ahead of time. - Rachel Sa
 - i. Suggestion to make minutes available to all ahead of time so that at the meeting we are just taking time to go over changes, freeing up time for other agenda items.
 - ii. Rachel Sch shared that we print everything so that there is equal participation for all attendees.
 - iii. Carolyn will check with Carrie S. to send the e-mail with a sharable link for the documents and minutes. People would then be able to comment on the minutes in the document, but not make edits. Recording Secretary would make changes accordingly ahead of the meeting.
- c. Don - Asking all to know that Monday, Green Mountain Noon Meeting is hosting a 12 Step Study from the Green Book - 2 hour event for 15 weeks. Starting In June. 5 seats are currently open. Rachel Sa reminded Don that a blog can be put up about this on-line.
- d. Nickie motions that we order 5 additional booklets for concept & tradition readings for our Intergroup Meeting. Rachel Sch. motioned that we purchase 3 copies of each and that we have what we read at the meeting. Rachel Sa seconded. All agreed.

Old Business

- e. Rachel Sa - Car pooling update. Trying to pull together a “proof of concept” and is finding it hard to do so without having an annual subscription which is \$100. It's through groupcarpool.com. Anyone can go in and put in that they offer a ride. Anyone can go in and put in their information to get a ride. It could also serve our conventions and special events.

- i. Amy K shared that she feels it is in alignment with our primary purpose for OA. She feels like we could do the \$100 for a one year commitment and then we would re-assess it's effectiveness.
- ii. There is a consideration that it could come from the Comtech committee.
- iii. Maggie motioned that Rachel Sa. ask Heidi & Jan if we can pay the \$100 for the account. All agreed that was the next right action to take.

9. Good of the Order –

- a. Amy K asked for us all to pray about the health of our Intergroup because we are losing so many involved in participation.
 - i. Rachel Sch suggests that we reach out to other Intergroups to find out what have they done to increase participation when things have ebbed.
 - ii. Rachel Sa suggested that we all reach out to the people that we know who Sponsor in order to encourage their sponsees.

10. Don will be our newcomer greeter next month. Nickie will be here early to set up.

11. Adjournment and close with the “We” version of The Serenity Prayer.