

## INTERGROUP BOARD

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{Open}

## COMMITTEE CHAIRS

TWELFTH STEP WITHIN (TSW): [tsw@oadenver.org](mailto:tsw@oadenver.org)  
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Rachel P, Shannon G., Beth U.  
MEETING LIST EDITOR: [ameetings@oadenver.org](mailto:ameetings@oadenver.org)  
Rachel Sa.

## 7th TRADITION

OA's Seventh Tradition states that we should be fully self-supporting through our own contributions. Please send checks or money orders, noted with group number (as assigned by OA's World Service Office.) (Please do NOT send cash via mail.)

Disbursement of funds beyond your group's expenses are suggested as follows:

(60%) Central Colorado Intergroup

8610 W 68th Place  
Arvada, CO 8004

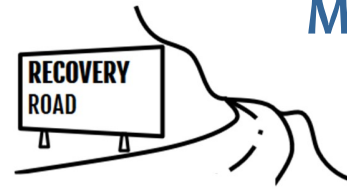
(30%) World Service Office

PO Box 44727  
Rio Rancho, NM  
87174-4727

(10%) Region 3 Treasurer

Att: Elaine Lang  
PO Box 310290  
New Braunfels, TX  
78131-0290

May 2019



## OA Central Colorado Intergroup

Meets at The Garage adjacent to  
Highlands United Methodist Church  
3890 W. 32nd Ave. Denver, CO 80211  
SE corner of Osceola & 32nd Ave

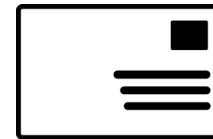
**First Tuesday of every month, 7-8:30 pm**



## \*NEW Mailing Address for CCI Donations

Please note that the post office box for Central Colorado Intergroup has been closed. Effective immediately, please mail correspondence and donations to:

Central Colorado Intergroup #09014  
Attention: **Treasurer**  
8610 W 68th Pl  
Arvada, CO 80004



Save the date...

## Colorado State Convention | Oct 4 - 6

The Northern Colorado Intergroup is hosting the next state convention Oct. 4-6 at the **Aloft Hotel in Broomfield**. This year's theme is **Many Voices, One Solution: How We Understand and Work the Steps**.

Mark your calendars now for a weekend of fellowship, fun, learning and laughter with your OA family. Immerse yourself in the diversity of our members and experience how the OA solution works for each of us.

Great News...

## Where Do I Start?

**Where Do I Start?** is OA's **NEW Newcomer Pamphlet** is available at [bookstore.aa.org](http://bookstore.aa.org) for just **\$1** each.

Greet newcomers with a **single attractive pamphlet**, helping them to get started and feel welcome in OA. The new 32-page pamphlet (#705), titled **Where Do I Start?** has everything a newcomer needs to know, draws from the pamphlets in the former Newcomer **Packet** while **eliminating the repetition**. It also includes our beloved "Welcome Home" story.

Ready to be rocketed into the Fourth Dimension?

## Loveland, Sunrise Ranch Retreat August 9-11

Join us August 9-11 as David H. takes us through Steps 10,11 and 12, teaching through his experience, strength and hope the power of examination, meditation and service.

Get away, learn and press in deeper to the power we lack during this three-day workshop. This retreat will be held at the **beautiful Sunrise Ranch Spiritual Retreat Center in Loveland**. The retreat weekend will include yoga, meditation, swimming pool, hot tub, music and bonfire! Look for more information coming soon on [oadenver.org](http://oadenver.org).

OA Central Colorado podcasts are now available to download or stream on [Apple Podcasts](#)—subscribe today! Stream or download from [OADenver.org/podcast](http://OADenver.org/podcast) for any device.



## Overeaters Anonymous Central Colorado

Overeaters Anonymous Central C...

Subscribed

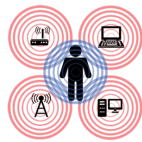


## Carpooling!

Do you seek an easy way of performing service? Buddying-up to attend meetings could be super fun, and it extends service and the meeting “on the go.” Perhaps someone is without a driver’s license or a car. Maybe someone is physically limited and unable to drive all the time. Or, the car ends up in the shop sometimes. Maybe you just want to hug the planet with one less car. Maybe you seek a service opportunity that takes a minimal toll on a tight schedule. Please contact Rachel Sa. at [oameetings@oadenver.org](mailto:oameetings@oadenver.org) to get involved.

## EMFs & RFs Free

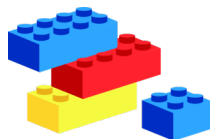
Interested in a meeting free of EMFs, RFs, and fragrances? A long-time Denver area OA member who is acutely sensitive to electrical and magnetic fields (EMFs) and radio frequencies (RFs) is interested in starting a meeting that excludes cell phones, wifi and other electronic devices. The meeting will also be fragrance-free! Anyone who is willing to power off all their electronic devices would be welcome to attend. Please contact Karen A. at 303-975-1063.



## Small Children Friendly Meeting

The **Friday 10 am** meeting in Parker is opening their meeting and hearts to **parents with small children** (who are capable of being self-sufficient off to the side with a book or device). If you have questions, call Marcie 303-805-1881.

Friday 10 AM | Parker United Methodist Church | 7308, 11805 S Pine Dr, Parker, CO 80134.



## On-Line Resources

CENTRAL CO:	<a href="http://OADenver.org">OADenver.org</a>
REGION 3:	<a href="http://OARegion3.org">OARegion3.org</a>
FIND A MEETING:	<a href="http://oa.org/find-a-meeting">oa.org/find-a-meeting</a>
PODCASTS:	<a href="http://oadenver.org/podcast/">oadenver.org/podcast/</a> <a href="http://oalaig.org/laig-virtual-speakers-bureau">oalaig.org/laig-virtual-speakers-bureau</a>
ORDER LITERATURE	<a href="http://bookstore.oa.org">bookstore.oa.org</a>
PERIODICALS & NEWSLETTERS	<a href="http://oadenver.org/recovery-road-newsletter">oadenver.org/recovery-road-newsletter</a> <a href="http://oa.org/a-step-ahead-newsletter">oa.org/a-step-ahead-newsletter</a> <a href="http://oa.org/members/lifeline-magazine">oa.org/members/lifeline-magazine</a>
ENCUENTRA UNA REUNIÓN	<a href="http://espanol.oa.org/encuentra-una-reunion">espanol.oa.org/encuentra-una-reunion</a>

### PLEASE SUPPORT THESE NEW WEEKLY MEETINGS:

**Monday 7 pm—Littleton** Natural Grocers classroom  
6475 S. Kipling Parkway, Littleton | Carrie M 720-315-6132

**Tuesday 6:30 pm—Northglenn** Natural Grocers classroom 11465 N Washington, Northglenn | Heidi 720-937-2730 \*No mtg on 1st Tues

**Thursday 6:30 pm—Centennial** Natural Grocers classroom  
6774 S. University Blvd., Centennial | Shannon G. 303-921-1661

**Thursday 6:30 pm—Golden** Natural Grocers classroom  
2401 Ford St., Golden | Carrie 720-339-0346

**Thursday 6:30pm—Aurora** Natural Grocers classroom  
3440 S Tower Rd., Aurora | Lin D (406) 839-7263

**Thursday 7 pm—Monument** Natural Grocers classroom  
1216 West Baptist Rd., Monument | Beth U (773) 682-1223

### DENVER MONTHLY SPEAKER MEETING

Denver OA has a monthly speaker’s meeting, at **7 pm** on the **first** Wednesday of every month. It is open to friends, family and the public. **South Broadway Christian Church** is at 23 Lincoln Street in Denver near Ellsworth and Broadway. See you there!