

Central Colorado Intergroup of Overeaters Anonymous Presents

New Year's Day 2020 Luncheon

"We Came To Believe ..."

Applewood Golf Course, 14001 W. 32nd Ave., Golden, CO 80401
(On 32nd Ave., west of Youngfield/1-70)
11 a.m. to 2 p.m.

Event includes speakers, program activities, and luncheon

Registration fees:

Early bird special through November 15: \$30

November 15 through December 15: \$40

Register online at www.oadenver.org.

All registrations by cash, check, or online, must be received by December 15.

After December 15, wait list is available in case of cancellations. Walk-in fee will be \$45.

All payments are non-refundable.

**For all questions, to inquire about scholarships, and to volunteer, contact
Carolyn at 720-468-0639 or NYDC.CCI@gmail.com.**

Please share the information about the luncheon event at your meeting!

Print out this flyer and take it to your meeting.

Please ask your group to support this event with a donation for scholarships.

Name: _____ Home meeting: _____

Name preference for name tag: _____

Phone: _____ Email address: _____

_____ Yes, I would like to provide a service at or before the event.

Scholarship donation amount: \$ _____ For office use only: ___cash ___web
_____ credit card ___ck & ___# =

Send registration to: Carolyn Carlson, Attn: OA New Year Luncheon
6324 S. Johnson St., Littleton, CO 80123

Make checks payable to Central Colorado Intergroup (or CCI)

New Year's Day 2020

Luncheon

MENU

Soups	Vegetable Lentil Soup Curried Butternut Squash Soup
Greens	Romaine & Winter Mixed Greens
Toppings	Carrots, Bell Peppers, Mushrooms, Blanched Broccoli, Chickpeas, Chopped Hard Boiled Eggs, Avocado & Black Olives Balsamic Vinaigrette, Ranch, Oil & Vinegar
Roasted Root Veggies	Sweet Potatoes, Parsnips, Carrots, Turnips, Daikon Radish with herbs of Rosemary, Thyme, & Sage
Cheeses	Crumbled Feta & Shredded Cheddar
Protein	Grilled Chicken & Grilled Tofu
Fruit	Blueberries, Cantaloupe, Raspberries, & Watermelon
Other	Red Quinoa Plain Greek Yogurt
Beverages	Coffee, Decaffeinated Coffee, Hot Tea, & Iced Tea

*No sugar will be used in the preparation of the food.
Only Olive Oil & Coconut Oil will be used in food preparation.*