

-FINAL MINUTES-
Central Colorado Intergroup Meeting of Overeaters Anonymous
Meeting Minutes - January 7, 2020

1. Call to Order and Welcome

2. Introductions – 13 present – Rachel Sch*, Don, Nick, Mike K, Marcia, Kim, Carolyn, Cassie*, Pam, Jan, Heidi, Maggie*, Nickie, (Call in feature not working.)

3. Welcome to the Newcomer (if applicable) – Newcomer greeter: Carrie

4. Readings

Meditation Reading on Service – from Voices of Recovery – read by Jan B.

Tradition 12 – read by Don K

Concept – read by Don K

5. Preamble to the Meeting

6. Spiritual timekeeper: Don K

7. 7th Tradition

8. Review, amend, and approve DRAFT minutes

- Draft minutes printed were from 2018 by accident. All present and voting (8) approved to review the minutes at next month's meeting.

9. Officer Reports

a. **Chair** – Rachel Sch.

- i. New Year's Day Luncheon was an incredible success.
- ii. Updated the format of the agenda to try and manage the timing of the meeting.
- iii. Going through Robert's Rules of Order to make sure that we are moving through the meetings properly. Will be preparing a small newcomer's packet to Intergroup meetings. She will bring that for approval once it is prepared.
- iv. Explanation of some of the processes and procedures and how she will be proceeding moving forward.

b. **Vice Chair** – Nickie

- i. Nothing to report. As newcomer greeter, welcomed Brittani and Kim to the meeting.

c. **Corresponding Secretary** – Cassie

- i. Copies are here!

d. **Recording Secretary** – Rachel P. - approved absence. Carolyn C. sitting in.

e. **Treasurer** – Maggie

- i. Adjustments have been made to when the deposits were made so that they reflect when the deposits are showing up in the bank.
- ii. P.O. Box Check written did not clear until Dec, so amount was moved.
- iii. Account Balance as of the end of Dec. \$9,722.97. Income of \$512.20.

10. Standing & Ad-hoc Committee Reports

a. **Communications & Technology Committee** – Heidi and Glenda B.

- i. Kim T will be talking to Rachel Sa about the meeting list and will get up to speed on how to edit the document.

- ii. Julia will be editing the sound from our speaker meetings and Luncheon and getting those updated soon.
- iii. Heidi has accepted a teaching job for the months of Feb, March & April.
- iv. Meeting list & Recovery Road are posted on the website and are being uploaded at the beginning of the month.
- v. **Open Service Job: RECOVERY ROAD EDITOR** anyone can do it in any format!!
- vi. Still accepting bloggers! - little news articles
- vii. Committee meets the second Thursday of the month, 6pm - 7pm via ZOOM
- viii. E-mail News@OADenver.org if you want to join the committee or share anything on the website.
- ix. **News is due by the 20th of the month** in order to get it into the Recovery Road Newsletter & The e-mail blast.
- x. Jan B. gave Heidi a USB for all of the books from 2015 - 2019 in order for it to be saved for historical records. (old fliers and information)
- b. **Region III Rep/WSBC Delegates** – (Nick & Rachel Sch.)
 - i. Planning out the trip to the Convention in Tulsa, OK. Will get registrations in by Feb. 10th.
- c. **Twelfth Step Within** – (open committee chair)
 - i. Carolyn - Final numbers for New Year's Day Luncheon will be provided next month. Feedback from the event will be requested via electronic format. 82 people registered. 72 was the number that we committed to the event center. 63 attended.
- d. **PI/PO** – Amy K., Cassie W., Maggie & Brittani
 - i. Brittani will join the committee
- e. **YP Committee** – Rachel Sch., Rachel P., Jordan, Cassie W.
 - i. No report

11. New Business

- a. 2020 convention - Committee met after the New Year's Day Luncheon. About 12 people attended the meeting. Convention will be held in Breckenridge in October 9 - 11th. Jordan L is communicating with the location contacts. Weekend does not conflict with other dates. The rates will be lower and the location is great. 2 to 3 bedroom condos with kitchens on site. Lots of roles were assigned.
 - i. Committee meetings are being held on ZOOM or phone calls the second Tuesday evening of the month from 7pm - 8pm.
 - ii. Next step is to get the contract and review.
 - iii. Next meeting is January 14th.
 - iv. Anyone who wants to join the committee, e-mail retreat2020@oadenver.org
- b. We will be updating the by-laws & policies and procedures in an ad-hoc committee. Rachel Sch, Maggie, Jan, Mike & Nickie would all like to be a part of this ad-hoc committee.
- c. Maggie made a motion that we move the approval of the updated budget to allow for the more expensive P.O. Box to next month. Cassie seconded the motion. No discussion. 12 in favor.
- d. Audit for 2019 - Nickie, Carolyn, Cassie reviewed the book and looked for all documentation. Recommendations were made to collect some expense documentation and to update the committee next month.
- e. Mike K. asked if we were going to consider holding a retreat this summer? Jan B. said that we will be focusing our efforts on the state convention.
- f. Using the Central Colorado Intergroup Bank account for the State Convention. Pam made a motion that we used the CCI Bank Account to process the funds for the Fall Convention. Maggie seconded the motion. Discussion: Mike K asked what the discussion was about between Jan & Jordan L about how to process the funds. Jan was the treasurer for the retreat in Estes and has taken on the role of Treasurer for this year's state convention. Jan has the credit card machine and the app to collect funds for the Convention. It has all been set up and Jan is currently a signer on the account. Rachel Sch asked about how much were we in the hole from the money that was held up in Eventbrite? Jan: It was not really a problem. We waited for Eventbrite to pay out

afterwards so that we did not have to pay the % charge for getting the money early. There shouldn't be a problem putting the money up front as we always make money from the event. All those in favor: 11, 1 abstained. Motion passed to use the CCI bank account for the State Convention.

12. Old Business

- a. Nothing.

13. Good of the Order –

- a. Heidi: after the King of Glory meeting on Saturday, there will be a toast to Rita for her time with our community. The meeting is from 9:30 - 10:30. Gathering will be immediately afterwards.

14. Adjournment

15. Next month Service

- a. Newcomer greeter next month will be Nick
- b. Early to set up will be Nick
- c. Meditation Reading on Service next month will be Mike K.
- d. Tradition and concept will be Maggie