#### -FINAL MINUTES-Central Colorado Intergroup Meeting of Overeaters Anonymous Meeting Minutes - February 4, 2020

- 1. Call to Order and Welcome
- 2. Introductions 6 present Rachel Sch, Cassie, Jan, Nickie, Nick, Mike
- 3. Welcome to the Newcomer (if applicable) Newcomer greeter: Nick
- 4. Readings

#### Meditation Reading on Service - from Voices of Recovery - read by Mike

Tradition 2 - read by Cassie

Concept - read by Cassie

- 5. **Preamble to the Meeting**
- 6. Spiritual timekeeper: Jan
- 7. 7th Tradition

## 8. Review, amend, and approve DRAFT minutes

- a. December minutes:
  - i. 9bi.- edit from "30 days" to "in March"
  - ii. 9e YP committee- change sentence to "under article 7, section 1 of the CCI bylaws"
  - iii. Mike moved to approve as amended and Nick seconded
- b. Mike moved to approve January minutes as amended and Nick seconded
- 9. Officer Reports
  - a. Chair Rachel Sch.
    - i. Nothing to report
  - b. Vice Chair Nickie
    - i. Nothing to report
  - c. Corresponding Secretary Cassie
    - i. We have a card for LA Intergroup for the birthday party success
  - d. Recording Secretary Rachel P. excused
  - e. Treasurer Maggie excused

## 10. Standing & Ad-hoc Committee Reports

- a. Communications & Technology Committee Heidi and Glenda B.
  - i. **Rachel P.** for blogging A LOT. We posted-- 1) Loveland June 5-7 Retreat on Steps 10, 11,12 (with modifications). 2) RR Editor, 3) 2020 State Convention/Retreat Planning committee Blog and added to Events calendar, and 4) Intensive Step Study Phone Mtg.
  - ii. **Heidi B.** for RR newsletter, adding ad for new RR newsletter editor, created 3 email accounts and forwards for rr@oadenver.org, yp@oadenver.org, and podcasts@oadenver.org.
  - iii. Kim T. for mastering the area meeting list! YAY! FANTASTIC!!
  - iv. Shannon G. for the eblast.
  - v. **Julia J.** for becoming the new podcast person. She did a great job of creating and uploading a lot of our 2019 podcasts. Her email is: podcasts@oadenver.org. Julia will check out our podcast station and work on more podcasts in 2020! YAY
  - vi. Your homework is to LISTEN to our new podcasts!

- vii. Spread the news, we are looking for a Recovery Road Newsletter Editor, and the sky is the limit. Any software, we will make a new template once the person is found and picks their software.
- **b.** Region III Rep/WSBC Delegates (Nick, Rachel Sch., Jordan (alternate))
  - i. Nick: Region 3 Tulsa Trip March 26-29 is all set, registration, flights, hotel. Ready to GO! Also registered for WSBC. Working on an airBNB. Rachel will fly down and Nick will drive and they will drive back together. God stepped in and helped them get a better rate and save \$ for intergroup!
- c. Twelfth Step Within (open committee chair)
  - i. Position still open. Brittani not present, Carolyn will give an update in a few months with final New Year's Day Luncheon info. Pam will also be helping out with this committee.
- d. PI/PO Amy K., Cassie W., Maggie, & Brittani
  - i. Cassie: Unity Day is the last Saturday in February in even years (2020). It should be the 29th. Rachel Sch. will reach out to Cassie & Amy K. and Brittani to make sure this gets planned!
- e. YP Committee Rachel Sch., Rachel P., Jordan, Cassie W.
  - i. No report
- f. Convention Committee (Jordan L.)
  - May not have to host a banquet if we don't want to. We are excited about having condos.
    \$120 per person for both nights. We have a contract and the group is reading through it. Next committee meeting is coming up on Tuesday.

## 11. New Business

- a. WSBC business Mike K. Thanks for your service!
  - i. New business proposal items (posted to oa.org) A NO

B YES C NO D NO E NO F NO G YES H NO I NO J YES K YES ii. **BYLAWS** 1 YES 2 YES 3 YES 4 YES 5 YES 6 YES 7 YES 8 YES 9 YES **10 YES** 

- 12. Old Business
- a. None
- 13. Good of the Order

# 14. Adjournment and serenity prayer

## 15. Next month Service

- a. Newcomer greeter next month will be TBD
- b. Early to set up will be Nick
- c. Meditation Reading on Service next month will be TBD
- d. Tradition and concept will be TBD