

**-FINAL MINUTES-**  
**Central Colorado Intergroup Meeting of Overeaters Anonymous**  
**Meeting Minutes - March 3, 2020**

**1. Call to Order and Welcome**

**2. Readings**

**Meditation Reading on Service – from Voices of Recovery –** read by Don

**Tradition 3 –** read by Nickie

**Concept –** read by Nickie

**3. Introductions –** 12 present – Rachel Sch., Nickie, Rachel P., Maggie, Kim, Don\*, Marcia\*, Cassie, Nick, Mike, Carolyn, Rica\* (\*indicates representing a meeting)

**4. Welcome to the Newcomer (if applicable) – Newcomer greeter:** Rachel Sch.

**5. Preamble to the Meeting**

**6. Spiritual timekeeper:** Kim

**7. 7th Tradition**

**8. Review, amend, and approve DRAFT minutes**

- a. Nickie made motion to approve minutes as amended (small grammatical changes)
- b. Carolyn seconded, all approved

**9. Officer Reports**

a. **Chair –** Rachel Sch.

- i. Thanks to everyone who pulled together the Unity Day event.
- ii. Rachel emailed the bylaw committee members to chat about updating bylaws to schedule a time to meet.
- iii. Rachel is coordinating with Heidi to post the agenda and minutes to the website before each CCI meeting.
- iv. Rachel will begin visiting meetings that aren't represented at CCI and talking with the members. If any other CCI members want to join, please let Rachel know.
- v. Rachel sent an email - WSBC agenda item to Sandra with WSO.

b. **Vice Chair –** Nickie

- i. Nothing to report

c. **Corresponding Secretary –** Cassie

- i. Recovery Road is printed tonight. The WiFi was down at UPS, so we were unable to print other materials.
- ii. Cassie would like to retire from being Corresponding Secretary. This is now an open position.

d. **Recording Secretary –** Rachel P.

- i. Thank you Carolyn and Nickie for covering for me the last few months.
- ii. I updated the December minutes on the website with the corrections made at CCI last month.
- iii. I uploaded the January minutes to the website.
- iv. I will work with Rachel Sch. to hammer out our processes.

e. **Treasurer –** Maggie

- i. Income and expense for January and February are now available on the budget.
- ii. The Grace United contributions were made in January but reversed back in February. Maggie will reach out to them to figure out what's going on. There was also another individual donation, listed under "other."
- iii. 7th tradition totals for January and February are \$1185.07 and \$584.20, respectively.
- iv. Maggie reviewed income and expenses for January and February.

## 10. Standing & Ad-hoc Committee Reports

- a. **Region III Rep/WSBC Delegates** – (Nick & Rachel Sch.)
  - i. Nick: Nick and Rachel Sch. will be going to Tulsa for the Region III assembly later this month. Travel arrangements are set up.
  - ii. Rachel Sch.: Region III is wanting to add to their speaker list. She passed around cards with information on this.
- b. **PI/PO** – Amy K., Cassie W., Maggie & Brittani
  - i. There might be some 9 News Health Fairs coming up, but we haven't planned anything.
- c. **Twelfth Step Within** – Cassie
  - i. About 30 people showed up for Unity Day. It was great.
  - ii. Cassie is retiring as Corresponding Secretary so she can be chair of the Twelfth Step Within Committee.
  - iii. Carolyn sent out the contact list for the NYDL today.
- d. **YP Committee** – Rachel Sch., Rachel P., Jordan, Cassie W.
  - i. No news to report.
  - ii. Rachel will talk with Jordan about YP programming for the state convention.
- e. **Convention Committee**
  - i. No updates at this time.
  - ii. Maggie: We put down the \$500 deposit and signed the contract, which did not require a minimum amount for food, so we don't have to do a banquet if we don't want to.
- f. **Communications & Technology Committee** – Heidi and Glenda B.
  - i. Thank you Rachel P. for blogging, Shannon for two email blasts, Heidi for RR newsletter, Kim T. for meeting list, Julia for uploading podcasts
  - ii. Heidi emailed John K. in L.A. to find out what bulletin board service they use for the Bday Party and gave that info to Rachel P. for the state convention
  - iii. Heidi talked with the webmaster regarding a permalink for the state convention. We will use oadenver.org/retreat.
  - iv. Oacolostateconv.org website, which was previously bought for the convention, will link to our new location.
  - v. Heidi set up Rachel Sch. for access to the website so she can upload documents for CCI.
  - vi. Heidi reset API on the website, which is what makes the Google Maps work correctly. It wasn't displaying the maps. Right now, it might cost us \$1-\$2 per month. Heidi will get notifications if our fees go over \$0.10. We shouldn't be accumulating a lot of costs at this point.
  - vii. Heidi added Nick and Jordan to the WSBC page on the website, updated the World Service page and removed outdated hyperlinks, and uploaded the application to the website in PDF form.
  - viii. Heidi determined she can upload the documents Jan gave her on a thumb drive to the website.
  - ix. Rachel P. will show Rachel Sch. how to upload documents to the website after the meeting.
  - x. We're still looking for a Recovery Road editor, which involves copying the news from the website and pasting it into a template. If anyone is interested, have them contact anyone on the committee.

## 11. New Business

- a. Newcomer and literature for new meetings
  - i. Maggie: There is a new group starter kit available that is \$12. It's an excellent way to support new meetings.
  - ii. Jordan started a new meeting in Gunnison, and there's a new meeting in Castle Rock that might use some guidance and support.
  - iii. Maggie made a motion that we spend \$70 to purchase five new group starter kits (\$12 plus S&H). Nick seconded.
    - 1. Cassie: The information in the pamphlet is available for free for viewing online.
    - 2. Rachel: Maybe when Rachel Sch. and others visit meetings, they direct members to the info online and state that a physical copies of this info is available paid for by CCI if they want it and if they attend CCI.
    - 3. Carolyn: Can we add a tab/button to the website "Interested in starting a new meeting?" that includes resources and contact info for someone in CCI.
    - 4. Rica: Maybe we can buy a few copies. Some people prefer hard copies.
    - 5. Mike: If we do get hard copies, then we need to have someone bring them to the meeting. Suggests that we name the individual who would have the materials at each CCI meeting.
    - 6. Maggie: we have a \$200 budget for literature.
    - 7. Carolyn: Unsure about having literature floating around that doesn't have a home. Can we have someone in CCI to partner with people who are wanting to start new meetings? We need to wait until we have then need as opposed to holding on to new meeting kits.
    - 8. Marcia: It's possible things might change, and we might be stuck with materials that we paid for that don't get used.
    - 9. Maggie: Concerned that there are people who are wanting to start new meetings that don't know how to reach out.
    - 10. Between this month and next month, let's reach out to the new meetings and find out whether they need support and help registering.
  - iv. Revised motion that we purchase new starter kits and designate a person to manage them.
    - 1. The motion is denied.
  - v. Nickie is happy to be the contact on the website to help get people started. Nickie made a motion that if the Com/Tech Committee is able to add a button to the website, she will be the contact person. Rachel and Maggie seconded the motion.
    - 1. This information is already on the website, the only modification would be to add Nickie's contact info.
    - 2. We would need to update the bylaws to modify the Vice Chair's job description.
    - 3. Amended motion: Update the Vice Chair's responsibilities to include serving as a contact for new meetings, and add Nickie's info as a contact for those setting up new meetings.
    - 4. Motion unanimously passed

## **12. Old Business**

- a. None

## **13. Good of the Order**

- a. None

## **14. Adjournment**

## **15. Next month Service**

- a. Newcomer greeter next month will be Maggie
- b. Early to set up will be Rachel Sch., Nick
- c. Meditation Reading on Service next month will be Nickie
- d. Tradition and concept will be Carolyn