

**-FINAL MINUTES-**  
**Central Colorado Intergroup Meeting of Overeaters Anonymous**  
**Meeting Minutes - July 7, 2020**

**1. Call to Order and Welcome**

**2. Readings**

**Meditation Reading on Service – from Voices of Recovery** – read by Nick

**OA Handbook reading** – read by Nickie

**Tradition 7** – read by Rachel P.

**Concept 7** – read by Rachel P.

**3. Introductions** – 12 present – Rachel Sch., Nick, Matt, Nickie, Maggie, Carolyn\*, Rachel P., Cassie, Shelly\*  
Jordan, Heidi, Amy\* (\*indicates representing a meeting)

**4. Welcome to the Newcomer (if applicable) – Newcomer greeter:** Shelly

**5. Preamble to the Meeting**

**6. Spiritual timekeeper:** Maggie

**7. 7th Tradition**

**8. Review, amend, and approve DRAFT minutes**

- a. Nickie moved we approve minutes
- b. Nick seconded
- c. All approved

**9. Officer Reports**

a. **Chair** – Rachel Sch.

- i. “Our goal is simply to draw closer to being the people God intends us to be. We pray to be made new, not for our own gratification, but so that we may be more useful instruments of our Higher Power.” Pg. 51 12x12 of OA
- ii. Many meetings are having group conscience meetings about returning to in-person meetings. Please let the intergroup know if there is a change to meetings. I am looking for volunteers to reach out to meetings and let the steering committee know if there are any changes.
- iii. There is a new, temporary, meeting at South Broadway Christian Church on Sundays @ 7 outside in the grass.
- iv. I have worked closely with Jordan L. to support decision making around the state convention. I will allow her to give the update about options and where we are with it all. We are waiting to hear back from PPSI and will attend their 7/13 intergroup meeting to answer any questions they have about the situation.

b. **Vice Chair** – Nickie

- i. Nothing to report

c. **Corresponding Secretary** – Open position

d. **Recording Secretary** – Rachel P.

- i. Final June meeting minutes are now on the website.

e. **Treasurer** – Maggie

- i. We received almost \$1,250 in 7th tradition donations in June.
- ii. Comm/Tech expenses for upkeep of website and Zoom account of approx. \$760.
- iii. Current balance of more than \$10,500.

## 10. Standing & Ad-hoc Committee Reports

- a. **Communications & Technology Committee** – Heidi B.
  - i. Thank you to Rachel P. for blogging, Shannon for the email blast, Kim T. for the meeting list update.
  - ii. We have a new Recovery Road editor, Heidi P. She will start in August. We will move the template from Publisher to Word. We're going to remove most of the info we had previously included in RR. We'd like some feedback about what we should include. Email feedback to Heidi B.
  - iii. Purchased an annual Zoom membership; Zoom offered 30% to purchase annual. Heidi B. purchased that and sent the invoice to Maggie.
  - iv. Two or three more intergroups, including one in New Zealand, will be using the website template.
  - v. If anyone would like to submit a blog for posting on the website, email it to [news@oadenver.org](mailto:news@oadenver.org).
- b. **Region III Rep/WSBC Delegates** – Nick & Rachel Sch.
  - i. The August assembly in Tempe has been canceled and will now be virtual. It is now \$25.
  - ii. The WSBC bylaws subcommittee will meet and review bylaws. We are trying to streamline bylaws for WSO.
  - iii. The bylaws committee is discussing a motion for virtual voting (via Zoom).
  - iv. The outreach committee is discussing unity with diversity. This is an ongoing conversation.
- c. **PI/PO** – Amy K., Cassie W., & Maggie
  - i. No action
  - ii. Amy has decided to step down from this committee.
  - iii. Amy suggests that, for those who took pictures of meeting lists at in-person meetings pre-COVID, make calls to people who haven't been present on Zoom meetings to check in. As people feel comfortable.
- d. **Twelfth Step Within** – Cassie
  - i. Proposed event: A hybrid in-person and Zoom meeting in July or August. Fellowship in the Flowers at the Denver Botanic Gardens. We need \$150 to reserve the spot at the Gardens. We would charge \$10 or \$15 and hopefully make scholarships available.
    - A. Added to new business
    - B. We have about \$8,900 in our budget to work with.
- e. **YP Committee** – Rachel Sch., Rachel P., Jordan, Cassie W.
  - i. Jordan attended a focus group Zoom call with several YP in program throughout the U.S. to generate ideas. Similar ideas as those brought up at the YP Committee meeting at WSBC last year.
  - ii. The phone meeting on Thursdays is struggling. Last week there was no one on it except Jordan, which seems to be the case once a month.
  - iii. The primary objective of the focus group was getting a strong YP meeting going with a lot of participation throughout the country.
    - A. Talked about getting other intergroups involved.
  - iv. Jordan will keep this group updated.
- f. **Convention Committee** – Jordan L.
  - i. Jordan sent an email to let everyone on the committee know that the planning committee voted to cancel this year's event entirely. It will not be held in person or virtually. The committee expressed that there are numerous virtual options as is and hosting one would not be valuable.
  - ii. The hotel will not let us off the hook, but they were willing to move the commitment to next year. It will be the second weekend in October 2021. Jordan is waiting for the paperwork and will send it to Maggie to sign the addendum.

- iii. Jordan is happy to chair next year's event as well, but next year's convention is supposed to be held by Pike's Peak IG. We are waiting to hear from them as to whether they want to chair or collaborate on the event.

#### **11. New Business**

- a. Website meeting calendar - it can be difficult to find this event.
  - i. Nickie made a motion to add IG to the meeting calendar with a note that it's a business meeting only. Motion approved.
- b. Meetings opening back up?
  - i. The Saturday SBCC voted to meet in person in addition to Zoom. The website has been updated with this information.
  - ii. The Monday Unity Church meeting is meeting in person with regular members
  - iii. Volunteers to make outreach calls to meetings:
    - 1. Nickie
    - 2. Carolyn
    - 3. Shelly
    - 4. Maggie
    - 5. Rachel Sch.
- c. TSW money for event
  - i. Heidi made a motion that we fund the Fellowship in the Flowers proposed event (\$150). Motion approved.
  - ii. We will hold this in August.
  - iii. Cassie will coordinate with Rachel P. to write a blog post, and it will be included in the early August email blast.
- d. Carolyn will be reaching out to folks who volunteered to help with the next NYDL and discuss the event.
- e. The Shepherd of the Hills meeting space is on hold for now. Meeting attendees are sending 7th tradition to Amy, and she is managing the funds. Amy went to the church and picked up the newcomer pamphlets and is mailing them to newcomers. Someone is also doing that for the South Broadway meetings.
- f. We would like to collect best practices - what's working and what's not - during this time. Rachel Sch. will write a blog post and ask for comments and/or emails. (We have to approve the comments on the back end, or we can turn the comments on and remove any that aren't appropriate/spam.)
- g. Amy might be the only one on the hotline. Are others interested in being added to it? Rachel Sch. would like to be added.

#### **12. Old Business**

- a. None

#### **13. Good of the Order**

- a. None

#### **14. Next month Service**

- a. Newcomer greeter next month will be Rachel P.
- b. Early to set up will be N/A
- c. Meditation Reading on Service next month will be Nick
- d. Read on Service will be Nickie
- e. Tradition and concept will be Carolyn

- f. OA reading on service will be Carolyn

## **15. Adjournment**