

-FINAL MINUTES-
Central Colorado Intergroup Meeting of Overeaters Anonymous
Meeting Minutes - September 1, 2020

1. Call to Order and Welcome

2. Readings

Meditation Reading on Service – from For Today – read by Carolyn

OA Handbook reading – read by Nickie

Tradition 8 – read by Maggie

Concept 8 – read by Maggie

3. Introductions – 11 present – Rachel Sch., Maggie, Nickie, Rachel P., Carolyn, Kim, Caroline*, Brandy, Cassie, Amy*, Nick (*indicates representing a meeting)

4. Welcome to the Newcomer (if applicable) – Newcomer greeter: Rachel P.

5. Preamble to the Meeting

6. Spiritual timekeeper: Carolyn

7. 7th Tradition

- a. Please make via PayPal

8. Review, amend, and approve DRAFT minutes

- a. Carolyn moved we approve minutes
- b. Maggie seconded
- c. All approved

9. Officer Reports

a. **Chair** – Rachel Sch.

- i. Give freely of what you find and join us. We shall be with you in the fellowship of the spirit, and you will surely meet some of us as you trudge the Road of Happy Destiny.”
- ii. Many meetings continue to have group conscience meetings about returning to in-person meeting. Please remind members to register as new meetings if you are attending them. We will be reaching out to meetings this month as many were still deciding next steps.
- iii. We have an addendum for the 2021 convention in Breckenridge. Chair reviewed at Treasurer’s request.
- iv. Chair supported Saturday Zoom meeting with troubleshooting with Unity with Diversity topic. Turned over to Caroline to share:
 - 1. The Saturday South Broadway Christian Church had discussions about Unity with Diversity line in script. It’s important to me because I’ve wanted there to be an opportunity for others to give their pronouns, and the language made me feel more welcome.
 - 2. I wanted to know what the procedure we were using if others experienced harm. Checked w/ Chair to make sure we were able to
 - 3. Created a position. “I’m the Saturday Group’s diversity and inclusion volunteer. Please reach out to me if and when you have been impacted based on a marginalized identity. Your information will be kept confidential.”
 - 4. We want to provide a pathway for marginalized folks to share their experiences. We’ll learn as we go.
- v. Thank you to everyone for your amazing service during COVID. It’s been really awesome to see and has helped people understand what Intergroup does.

- b. **Vice Chair – Nickie**
 - i. Nothing to report
- c. **Corresponding Secretary – Open position**
- d. **Recording Secretary – Rachel P.**
 - i. August minutes to be posted shortly.
 - ii. I would love to be involved in leveraging the work of the diversity and inclusion position in other meetings as we learn.
- e. **Treasurer – Maggie**
 - i. The fiscal year is Oct. 1-Sept. 30, so we have one more month with the current budget.
 - ii. Nick asked that, rather being reimbursed for Region 3 convention, the funds go toward 7th tradition.
 - iii. We had almost \$450 in 7th tradition donations. We have \$89 coming in for the upcoming TSW event.
 - iv. Expenses: \$250 contribution to Region 3, \$350 to WSO, \$129 for Comm/Tech for Zoom costs.
 - v. \$25 for convention registration. (Annual rent donation to Highlands for Intergroup space (\$240) will show up on next month's expenses.)
 - vi. Net loss of \$219.
 - vii. Balance of \$12,990.40

10. Standing & Ad-hoc Committee Reports

- a. **Communications & Technology Committee – Heidi B.**
 - i. Shout out to Shannon G. for email blasts.
 - ii. We've updated the website w/ monthly updates.
 - iii. Shout out to meeting list updater (Kim T.), podcast poster (Julia J.), blogger (Rachel P.).
 - iv. If you go to speaker meetings and would like to post recordings to the website, reach out to Rachel P. to coordinate.
 - v. Send news to news@oadenver.org.
- b. **Region III Rep/WSBC Delegates – Nick & Rachel Sch.**
 - i. Region 3 was Aug. 7-9. Rachel Sch. and Nick attended.
 - ii. Carolyn asked if Nick would talk to Region 3 about PI/PO events going on. Nick was told that going to the L.A. Intergroup, they have a bunch of PI/PO events happening.
 - iii. Nick sent check to Maggie from WSO -- refund for registration for WSBC.
 - iv. The region assembly in the spring will be March 19-21, 2021 in Houston.
 - v. Region 3 did elections. Rachel Sch. will show us how they did that so we can vote on whether we're OK doing our election that way.
- c. **PI/PO – Cassie W. & Maggie**
 - i. There's not a lot going on. Thank you Nick for doing research at the conference. Maggie will reach out to the L.A. Intergroup to discuss what they're doing.
 - ii. We signed a contract with RTD for the 10 posters.
 - iii. The special focus meeting on Friday started during COVID, and we have attendees from four or five different countries. Fellows are reaching out via WhatsApp. Many come to the Denver website, and they've shared feedback that it's a nice website.
- d. **Twelfth Step Within – Cassie**
 - i. Event coming up Sept. 13, Fellowship in the Flowers. All is good. We have four remaining for in-person registration. We have speakers and meditation planned.

- ii. The New Year's Day Celebration Committee sent an email today soliciting help with planning the event. The first meeting will be Saturday, Sept. 13, 11-noon. It will be a preliminary planning meeting to determine the theme. We will meet again in October, November, and December. If you want to be involved or know others who might want to be involved, please reach out to Carolyn or Kim. Please spread the word in meetings.
- e. **YP Committee** – Rachel Sch., Rachel P., Jordan, & Cassie W.
 - i. The Thursday evening YP online meeting moved up by half an hour, to 7 p.m. It is a speaker meeting. Please spread the word, and reach out to Rachel P. for more info.
- f. **Convention Committee** – Jordan L.
 - i. The venue sent us an addendum and is flexible. If we need to cancel outright for some reason, that option is on the table. We signed and submitted the addendum!

11. New Business

- a. Elections
 - i. Region 3 started using the polling feature in Zoom for elections. We're going to test it out for our election.
 - ii. Technically elections should happen this month, but since the Chair was out last month, we'd like to postpone to next month. She also got to talk to Region 3 representatives about how they're doing their elections.
 - iii. Carolyn makes a motion that we proceed with elections using polls in Zoom format. Amy seconded. Nick said he used this format at Region 3, and it was effective. Heidi expressed her support and love for this format. All approved the motion.
 - iv. All board members are willing and able to do another term. If you know of anybody who wants to be of service, please share. All are welcome to run.
 - v. Chair provided application to everyone present.
 - vi. Chair discussed and approved this voting method with WSBC trustees and parliamentarian. This option is available to those attending with different devices and connections.
 - vii. We will designate a ballot counter in case some are unable to use the polling feature.
 - viii. Carolyn and Brandy expressed a need to accommodate and make voting as accessible as possible.
 - ix. The Chair will look into other options if needed.
- b. 2020-2021 fiscal year budget
 - i. Thank you Rachel Sch. and Carolyn for working through the budget with Maggie. We compared it to last year's budget.
 - ii. Prudent reserve is 50% of expenses: \$2770
 - iii. Compared budget for current year with what might happen in the coming year. We anticipate being able to hold a full convention, but we were cautious as 7th tradition contributions will likely change when we return to in person.
 - iv. Projected income of 6K
 - v. We drastically changed NYDL income and expenses projections.
 - vi. Estimation of 5850 for total income
 - vii. Total projected expenses of 15,560
 - viii. Spend down amount of 9,710
 - ix. Rachel P. made a motion to pass the budget
 - x. Nickie seconded
 - xi. Budget approved
- c. Rachel P. made a motion that we move Nov. 3 intergroup to Nov. 10
 - i. Maggie and Nicki seconded

- ii. Carolyn proposed we look at scheduling for the year

12. Old Business

- a. None

13. Good of the Order

- a. Speaker meeting tomorrow night at 7 p.m. Please share!

14. Next month Service

- a. Newcomer greeter next month will be Maggie
- b. Early to set up will be N/A
- c. Meditation Reading on Service next month will be Carolyn
- d. Read on Service will be Nickie
- e. Tradition and concept will be Amy

15. Adjournment