

-FINAL MINUTES-
Central Colorado Intergroup Meeting of Overeaters Anonymous
Meeting Minutes - October 6, 2020

1. Call to Order and Welcome

2. Readings

Meditation Reading on Service – read by Carolyn

OA Handbook reading – read by Cassie

Tradition 10 – read by Amy

Concept 10 – read by Amy

3. Introductions – 11 present – Rachel S., Nick, Maggie, Cindy, Caroline*, Cassie, Nickie, Carolyn*, Peggy, Marcia*, Amy* (*indicates representing a meeting)

4. Welcome to the Newcomer (if applicable) – Newcomer greeter: Rachel P.

5. Preamble to the Meeting

6. Spiritual timekeeper: Caroline

7. 7th Tradition

- a. Please make via PayPal

8. Review, amend, and approve DRAFT minutes

- a. Cassie moved we approve minutes
- b. Nickie seconded
- c. All approved

9. Officer Reports

- a. **Chair** – Rachel Sch.
 - i. Thank you to Rachel P. and Nickie for working to add passwords to meeting invites.
 - ii. Thank you to everyone who works so hard.
- b. **Vice Chair** – Nickie
 - i. Updated PDF document with list of meetings.
- c. **Corresponding Secretary** – Open position
- d. **Recording Secretary** – Rachel P.
 - i. September minutes to be updated to website shortly.
- e. **Treasurer** – Maggie
 - i. Income:
 - 1. September 7th tradition \$119.54
 - 2. \$50 for the TSW event
 - 3. Donation for Region 3
 - ii. Expenses:
 - 1. TSW event \$100
 - 2. \$1,000 expense for the RTD sign.
 - iii. Our 7th tradition was almost \$750 more than expected for the year.
 - iv. Expenses for the year were much lower than anticipated for the year.
 - v. Financially we are doing really well, and we may reach out to individual meetings to see whether they need financial support.
 - vi. We need to do a financial audit to be presented at the November CCI meeting. The chair, treasurer, and three others will be present, but the chair and treasurer cannot be on the committee. Who would be willing to be a part of that?
 - 1. Caroline, Nickie, and Nick volunteered to assist.

10. Standing & Ad-hoc Committee Reports

- a. **Communications & Technology Committee** – Heidi B.
 - i. Thank you Shannon G. for the email blast
 - ii. Thank you Julia J. for podcast posting
 - iii. Rachel P. for blogging and helping with Zoom passwords (and Nickie)
 - iv. News goes to news@oadenver.org

- v. The old meeting list is in Google sheets in landscape view. Kim T. can use Excel or others in portrait or landscape view. We are taking the list down from the website because it's outdated. We will update and post again when in-person meetings are revived.
- vi. Add to November new business: posting new meeting list.
- b. **Region III Rep/WSBC Delegates** – Nick & Rachel Sch.
 - i. WSO sent Nick [new literature](#) from OA. It is available online or via Amazon.
 - ii. New trustee was elected.
 - iii. WSO has released registration forms. There is a \$20 registration fee.
 - iv. About 150 people showed up to the Northern Colorado Intergroup's meeting according to Mike.
 - v. Now is the time to compile motions to submit for WSBC if we have anything.
- c. **Twelfth Step Within** – Cassie
 - i. Fellowship in the Flowers was very good. Five showed up in person, and there were 12 online.
 - ii. We are starting to plan for IDEA Day, possibly another hybrid event.
 - iii. New Year's Day Luncheon
 - A. We had a meeting in September for planning for the virtual event.
 - B. We decided the theme will be step 3, turning it over. The event will be 11-12:30 with the option to stay on and share a meal afterward. We brainstormed ideas regarding speakers, doing a virtual angel walk, doing letters.
 - C. We sent minutes to those who attended and those who expressed interest in attending future meetings.
 - D. Future meetings are Oct. 17, Nov. 14, and Dec. 12 from 2-3 p.m.
 - E. Please reach out to Carolyn if you would like to be part of the planning.
- d. **PI/PO** – Cassie W. & Maggie
 - i. We paid for the RTD signs, and those should be going up in mid-November.
- e. **YP Committee** – Rachel Sch., Rachel P., Jordan, & Cassie W.
 - i. Please share Thursday YP meeting with YP you know (7 p.m. MST speaker meeting).
- f. **Convention Committee** – Jordan L.
 - i. Nothing to report, planning to start soon.

11. New Business

- a. Election
 - i. Everyone currently on the steering committee has decided to renew for another year.
 - ii. Election results:
 - 1. Chair: Rachel S. (renewal)
 - 2. Vice Chair: Nickie (renewal)
 - 3. Recording Secretary: Rachel P. (renewal)
 - 4. Treasurer: Maggie (renewal)
 - 5. Corresponding Secretary: Caroline (new committee member)

12. Old Business

- a. None

13. Good of the Order

- a. None

14. Next month Service

- a. Newcomer greeter next month will be Carolyn
- b. Early to set up will be N/A
- c. Meditation Reading on Service next month will be Caroline
- d. Read on Service will be Nickie
- e. Tradition and concept will be Maggie

15. Adjournment