

-FINAL MINUTES-
Central Colorado Intergroup Meeting of Overeaters Anonymous
Meeting Minutes - February 2, 2021

1. Call to Order and Welcome

2. Readings

Meditation Reading on Service – read by Rachel P.

OA Handbook reading – read by Carolyn C.

Tradition 2 – read by Maggie

Concept 2 – read by Maggie

3. Introductions – 14 present – Rachel S., Nick, Nickie, Caroline, Rachel P., Maggie, Amy. K.*, Kim T.*, Mary*, Marcia, Carolyn C.*, Bev*, Peggy*, Heidi (*indicates representing a meeting)

4. Welcome to the Newcomer (if applicable) – Newcomer greeter: Maggie

5. Preamble to the Meeting

6. Spiritual timekeeper: Kim

7. 7th Tradition

- a. Please make via PayPal

8. Review, amend, and approve DRAFT minutes

- a. Nick moved we approve minutes
- b. Maggie seconded
- c. All approved

9. Officer Reports

a. **Chair** – Rachel Sch.

- i. In the process of starting a Unity with Diversity Committee. Rachel S. has reached out to chairs of other UWD committees for guidance. We need to ensure we are aligned with the traditions and concepts to make sure we are creating a safe space for everybody. Thus far we have only spoken with WSBC.
- ii. Zoom troubleshooting and making sure meetings have what they need. We want to start reaching out to local meetings to find out whether they plan to go back to in person, whether they like using the Zoom account if they are using it, and any ways in which we can support their meetings.
- iii. The joint Unity Day event will be happening later this month in coordination with the other state intergroups.
- iv. Reaching out to WSBC and Region 3 because a member reached out about people attending Zoom meetings from outside of the area and needing to get clarity on that. May need to consider shifting some meetings to be virtual region meetings.

b. **Vice Chair** – Nickie

- i. Updated spreadsheet with virtual meetings and participated in treasurer's audit.

c. **Corresponding Secretary** – Caroline

- i. Would love to partner with anyone who wants to support the effort to reach out to the meetings to find out what they need and to be of service.
- ii. We may visit these meetings rather than just merely speaking to the meeting contact.

d. **Recording Secretary** – Rachel P.

- i. January minutes to be updated to website shortly.

e. **Treasurer – Maggie**

i. Income:

1. More than \$800 for January 7th tradition
2. We are over budget for what was estimated for 7th tradition after only four months into the fiscal year. This is great.
3. Approximately \$95 in 7th tradition for the New

ii. Expenses:

1. \$420 for PO box expense
2. \$114 in printing expense for 2019-2020 audit
3. \$462 for Zoom account fees

iii. Account balance of more than \$15,000

iv. Thank you everyone for helping with approving the audit.

10. Standing & Ad-hoc Committee Reports

a. **Communications & Technology Committee – Heidi B.**

- i. Rather than upgrade the Zoom account, we created two additional accounts to host the overlapping meetings on because it's more cost-effective.
 - A. We purchased two Pro accounts and may purchase one more
- ii. Recovery Road is currently suspended, and we decided to keep it suspended at this time. We could use more help with blogging. Please send news to news@oadenver.org.
- iii. Camille did a great job with the email blast at the end of January, which included the upcoming Unity Day.
- iv. We omitted a fair bit of repetitive content from the email blast in the last month. We could consider adding some content back in as needed. Reach out to Heidi if you'd like to add anything.
- v. We will be adding a new page to the website called "What We Do." We would like to include on that page descriptions of what each committee does, so we will be asking each of the committee chairs to write something up.
- vi. Unsure how to generate a local number for Zoom meetings. If anyone is aware of how to do this, please reach out to Rachel P.
- vii. Potentially adding an ad-hoc committee to manage Zoom meetings. There's a lot of administrative work involved in that.
- viii. Several intergroups are using our Wordpress template, including one in New Zealand.

b. **Virtual Meeting Management – Rachel P., Rachel S., Nickie**

- i. NEW committee

c. **Region III Rep/WSBC Delegates – Nick & Rachel Sch.**

- i. World met over the weekend. WSBC will be virtual this year.

d. **Twelfth Step Within – Cassie**

- i. Cassie worked with Northern Colorado and Pikes Peak intergroups to host Unity Day on Feb. 28

e. **PI/PO – Carolyn C. & Cassie W.**

- i. Rachel S. will be reaching out to Carolyn to discuss social media activity.

f. **YP Committee – Rachel Sch., Rachel P., Jordan, & Cassie W.**

- i. We will be adding content to the website for YP as well as other committees.
- ii. We want to keep it simple for now and focus on this initiative but will look in to social media activity and other initiatives later on.

g. **Convention Committee – Jordan L.**

- i. The venue emailed asking for a general update, including whether we still plan to hold the conference and whether we plan to have at least 60 attendees. They do not need an immediate response.
- ii. The committee is not currently meeting.
- iii. We have to hold a conference this year because Pikes Peak Intergroup moved their conference to accommodate for the cancellation. Even though we don't know what will be happening in October, we do have to hold some version of a conference.
- iv. We paid a \$500 deposit that may not be refundable if we do not hold the conference in person. Jordan will review the contract to figure out whether we are on the hook for more expense should we choose not to hold the conference.
- v. The addendum we signed moved our commitment from October 2020 to October 2021.
- vi. Could we do a virtual convention?
- vii. If we cancel, we would be responsible to pay more than \$4,700.
- viii. Access to testing and vaccines may make it possible to host a hybrid event.
- ix. Jordan will find out what safety measures the resort has in place for COVID.
- x. Does the contract have a cancellation clause specific to unexpected events? Can we adjust the minimum attendee number due to these circumstances?
- xi. Rachel S. and Jordan L. will meet to work out these details. They will have a conversation with the resort representative.
- xii. This will be discussed again under old business next month, and we will get the convention committee convened again to work out these details.
- xiii. We would like to make a decision and bring it to intergroup next month for a vote.

11. New Business

- a. Caroline made a motion that we read meeting minutes outside of the meeting and that we vote to approve them during Intergroup.
 - i. They would be made available to everyone at a specified time.
 - ii. If someone has not attended before, they would not have had the opportunity to review them before the meeting.
 - iii. Sometimes coming to the meeting is all people can do.
 - iv. We only use five minutes to read them.
 - v. Motion modified: The chair will email the documents a week ahead of time to give people ample time to look over the draft minutes. We will still share the minutes at the beginning of the meeting and still vote on it at the same spot in the agenda, but we will remove the 5 minutes allocated.
 - vi. Other than the board, those we share the minutes with do not have editing privileges
 - vii. Caroline proposed motion
 - viii. Nickie seconded motion
 - ix. Six approved, four abstain, motion is passed

12. Old Business

- a. None

13. Good of the Order

- a. None

14. Next month Service

- a. Newcomer greeter next month will be Maggie
- b. Early to set up will be N/A
- c. Meditation Reading on Service next month will be Rachel P.
- d. Read on Service will be Nickie
- e. Tradition and concept will be Maggie

15. Adjournment