

**-FINAL MINUTES-**  
**Central Colorado Intergroup Meeting of Overeaters Anonymous**  
**Meeting Minutes - June 1, 2021**

**1. Call to Order and Welcome**

**2. Readings**

**Meditation Reading on Service** – read by Sue H “Voices of Recovery”

**Updated Unity and Diversity Reading** – read by Caroline

**Tradition 6** – read by Nick S

**Concept 6** – read by Nick S

**3. Introductions** – 10 present – Maggie and Rachel P. have excused absences. Rachel S., Caroline, Nick S., Carolyn\*, Marcia V.\*, Sue H.\*, Bev\*, Kim T\*, Nickie L. & Heidi B. present – (\*indicates representing a meeting)

**4. Welcome to the Newcomer (if applicable) – Newcomer greeter:** Nick S. (no newcomers)

**5. Preamble to the Meeting**

**6. Spiritual timekeeper:** Sue H.

**7. 7th Tradition**

- a. Please make via PayPal

**8. Review, amend, and approve DRAFT minutes**

- a. Sue H. moved we approve minutes
- b. Nick S. seconded
- c. All approved - 6 approved/2 abstained

**9. Officer Reports**

- a. **Chair** – Rachel Sch.
  - i. Supporting some meetings with transition back to in-person. Working with Heidi and tech committee to make sure that updates can be applied to the website. There was a request from the Monday night, 6:30pm Arise church meeting in Central Park to assist with rent until the meeting is up and running.
  - ii. Caroline, Nickie and Rachel S. are still working to get in touch with each meeting to find out whether they are in person and need any support.
- b. **Vice Chair** – Nickie
  - i. Sharing at meetings about the Intergroup funds to support meetings to get up and running in person.
- c. **Corresponding Secretary** – Caroline
  - i. Will attend some meetings in the near future to update regarding Intergroup funds available.
- d. **Recording Secretary** – Rachel P.
  - i. Approved minutes will be updated to the website soon after the meeting.
- e. **Treasurer** – Maggie - approved absence. No report.
  - i. Income:
    - 1. N/A
  - ii. Expenses:
    - 1. N/A

**10. Standing & Ad-hoc Committee Reports**

**a. Communications & Technology Committee** – Heidi B.

- i. In the past month:
  - A. Kim T. - meeting list updater
  - B. Heidi P - Recovery Road (hardcopy) Newsletter Producer
  - C. Rachel P - Blogger
  - D. Matt - helping behind the scenes and working on Google Maps with our meeting locations so that we can integrate into the website.
  - E. World Service changed the meeting link and that got updated. This was a minor copy change.

- F. Thank you to Camille who is doing the email blasts!!
- G. Bev shared that the Tuesday meeting is in-person now and submitted that information 2 weeks ago. Curious about the timeframe of seeing the changes on denver.org. Also, a new meeting was added in Delta, Colorado, on Wednesdays at 6:30 and is Face to Face. Clarification was made about who and when this will get updated. Kim T. agreed to get the page updated.
- H. Rachel S. shared that some emails are getting re-routed to spam.
- I. Nickie L. brought up the conversation about the meeting list separating out the in-person, hybrid and strictly ZOOM meetings. Heidi said she had seen this on another website. This will be looked at and discussed in depth next month.
- b. **Region III Rep/WSBC Delegates** – Nick & Rachel Sch.
  - i. Nick shared that he registered for the Region Meeting in August. He paid \$25 and would like to submit that as 7th tradition.
  - ii. Rachel S. sits on the Unity with Diversity subcommittee. She is going to work with Cassie to potentially host a workshop for this committee for some work that needs to be done.
- c. **Twelfth Step Within** – Cassie W.
  - i. Not present.
- d. **PI/PO** – Carolyn C. & Maggie
  - i. Nothing to report currently.
  - ii. Rachel S. reported that there have been more newcomer calls into the hotline that she has been following up on.
- e. **YP Committee** – Rachel P., Rachel S., & Jordan
  - i. No updates to report.
- f. **Unity with Diversity** – Rachel Sch. & Caroline
  - i. Meeting next month with 5 interested members. If anyone else is interested, give them Rachel S. contact information. No date set.
- g. **Convention Committee** – Jordan L.
  - i. Nothing to report. Rachel S. will commit to following up with Jordan L. to find out what is happening.

## 11. New Business

- a. Health Fair Literature (Amy K/Marcia V) - Amy K has a lot of literature leftover from the Health Fairs from previous years. She is wondering if anyone is able to take the literature or to distribute it. Nickie L has volunteered to take the materials for storage for now. Marcia will let Amy K know.
- b. New meeting/in-person meetings
  - i. A long time member in Cedaredge, CO has started a meeting in Delta, CO. Are there funds available to help that meeting to get up and running and to assist with rent?
  - ii. Nickie L has a box of literature that can be sent to the new meeting and the postage will be covered by CCI, per Rachel S.
  - iii. Rachel S. said that CCI can also assist with rental expenses for the first couple of months.
  - iv. Bev will get back in touch with the new meeting and be in touch with CCI.
  - v. ALSO, Rachel S. requested that if we know of meetings that are going back to in-person that we are registered correctly with OA.org.
    - 1. Saturday 9:30am - King of Glory is attempting to go back in a hybrid version.
    - 2. Noon Monday - Green Mtn Presby is in-person
    - 3. Monday 7pm @ Unity Church is in-person
    - 4. Monday 6:30pm @ Arise in Central Park is **preparing to go back in-person.**
    - 5. Saturday 9am Welcome Home is going back hybrid version

## 12. Old Business

- a. None

## 13. Good of the Order

- a. Carolyn will reach out to The Garage to find out if going back to in-person is an option with the church so that we can discuss whether we can/want to next month.

**14. Next month Service**

- a. Newcomer greeter next month will be Nick S.
- b. Early to set up will be N/A
- c. Meditation Reading on Service next month will be Sue H.
- d. Read on Service will be Maggie
- e. Tradition and concept will be Kim T.

**15. Adjournment - 7th Step Prayer**