

-FINAL MINUTES-
Central Colorado Intergroup Meeting of Overeaters Anonymous
Meeting Minutes - May 4, 2021

1. Call to Order and Welcome

2. Readings

Meditation Reading on Service – read by Caroline

OA Handbook reading – read by Sue

Tradition 5 – read by Nick

Concept 5 – read by Nick

3. Introductions – Nick Region 3 rep WSBD, *Sue Welcome Home, Caroline Cor Sec, Rachel Sch Chair, *Marsha 7a S Bway mtg *Amy K Special Focus mtgs, Maggie G. Treasurer,* Mary S Shepherd of the Hills Mtg, *Bev Grand Junction mtgs, *Cindy Monday noon mtg , Shannon-called in from the beach , Heidi-ComTech, Nickie L-vice chair(*indicates representing a meeting)

4. Welcome to the Newcomer (if applicable) – Newcomer greeter: Maggie G

5. Preamble to the Meeting

6. Spiritual timekeeper: Sue

7. 7th Tradition

- a. Please make via PayPal

8. Review, amend, and approve DRAFT minutes

- a. Caroline moved we approve minutes
- b. Nick seconded
- c. All approved

9. Officer Reports

a. **Chair** – Rachel Sch.

- i. Unity w/Div subcommittee mtg will be soon May or June, we should have voted in March for motions from World Service so Rachel will make sure incoming chair has WSBC calendar for those votes, Rachel will make E-version of Intergroup committee positions avail online for folks who wanna serve, also lets make sure and get the word out that almost all the IG members will term out in Sept so we need new folks to serve

b. **Vice Chair** – Nickie

- i. Has some literature stored at home that can be made avail to anyone who needs

c. **Corresponding Secretary** – Caroline

- i. Nothing new

d. **Recording Secretary** – Rachel P. Excused absence

- i. Approved minutes will be updated to website shortly.

e. **Treasurer** – Maggie

- i. Income:

1. March \$420 April \$544

- ii. Expenses:

1. March \$298 April \$616

10. Standing & Ad-hoc Committee Reports

- a. **Communications & Technology Committee** – Heidi B.

- i. We have so many great folks doing service for our online resources. People doing podcasts, email blasts, blogs, updating website etc.
- b. **Region III Rep/WSBC Delegates** – Nick & Rachel Sch.
 - i. World Conference was 2 weeks ago, lots of pamphlets being updated and consolidated, def of Abstinence and Recovery changed again, Voices of Recovery will have new edition, New Unity Diversity policy language, new policies to include hybrid meetings registered on OA.org, special focus meetings will have service boards and representatives at WS
- c. **Twelfth Step Within** – Cassie W.
 - i. NA
- d. **PI/PO** – Carolyn C. & Cassie W.
 - i. NA
- e. **YP Committee** – Rachel P., Rachel S., & Jordan
 - i. Didn't meet last month
- f. **Unity with Diversity** – Rachel Sch. & Caroline will have first meeting soon
- g. **Convention Committee** – Jordan L.
 - i. Approved for 50% capacity on rooms, planning will start soon, will be more of a retreat than convention, possibly hybrid options

11. New Business

- a. Nick, should we have an Intergroup announcement about elections in the fall? Rachel-we usually give out app a few months before Sept. but we should start having convos early since so many ppl terming out. Also should IG stay on zoom full time so folks from other cities within the region can continue to join and for folks who can hear better on zoom.
- b. Shannon-S Bway Church is starting a Fri evening, first Friday of the month, socially distant meet up, free parking in church parking lot and people may go into church to use restrooms, it will have a loose mtg format but a chance for people to see one another

12. Old Business

- a. None

13. Good of the Order

- a. Amy K. For new folks, the people on this IG committee have been doing a lot in the background during Covid and has gotten a lot done-thanks for that! Amy is gonna step away from IG for a bit to support family commitments. Don't worry about elections HP will take care of it. Thanks for the opportunity to serve
- b. Rachel Sch- Thanks to Amy K for holding it down in IG for all the years for newcomers and for IG

14. Next month Service

- a. Newcomer greeter next month will be Nick
- b. Early to set up will be N/A
- c. Meditation Reading on Service next month will be Sue
- d. Read on Service will be Caroline-handbook reading
- e. Tradition and concept will be Maggie

15. Adjournment