

**-FINAL MINUTES-**  
**Central Colorado Intergroup Meeting of Overeaters Anonymous**  
**Meeting Minutes - July 6, 2021**

**1. Call to Order and Welcome**

**2. Readings**

**Meditation Reading on Service** – read by Sue

**OA Handbook reading** – read by Maggie

**Tradition 7** – read by Maggie

**Concept 7** – read by Maggie

**3. Introductions** – 12 present – Rachel S., Sue\*, Jenn, Rachel P., Bev\*, Margaret, Maggie, Cassie, Heidi, Caroline, Marcia\*, Nickie (\*indicates representing a meeting)

**4. Welcome to the Newcomer (if applicable) – Newcomer greeter:** Cassie

**5. Preamble to the Meeting**

**6. Spiritual timekeeper:** Sue

**7. 7th Tradition**

- a. Please make via PayPal

**8. Review, amend, and approve DRAFT minutes**

- a. Bev provided correction
- b. Sue moved we approve minutes as amended
- c. Cassie seconded
- d. All approved

**9. Officer Reports**

- a. **Chair** – Rachel S.
  - i. Jordan L. has stepped down as retreat chair, and we are in the process of finding someone else. The theme will be Unity with Diversity, and the dates are Oct. 8-10. The committee will meet next week and send out a save the date by the end of the week next week.
  - ii. Life is in session, and there is a lot going on right now.
- b. **Vice Chair** – Nickie
  - i. Sent literature to the new meeting in Cedaredge
  - ii. Copied all of the descriptions for the board positions into a Google document that we can share to attract new people to the board.
- c. **Corresponding Secretary** – Caroline
  - i. Caroline would like to support with the retreat
- d. **Recording Secretary** – Rachel P.
  - i. Thank you Caroline and everyone for recording minutes in my absence
  - ii. April and May minutes now on the website
  - iii. Approved June minutes will be updated to website shortly.
- e. **Treasurer** – Maggie
  - i. Income:
    - 1. Approximately \$860 via mail and PayPal in June
  - ii. Expenses:
    - 1. We had a returned \$20 check, which was a \$12 fee. Maggie will reach out to Chase Bank to find out about the bounced check.
    - 2. Zoom fees more than \$600
  - iii. Net gain of \$181
  - iv. Balance > \$16,000
  - v. If you know any meetings that need financial support, please let us know. We can also offer scholarships for the retreat.
  - vi. Arise Church does not need financial support from CCI at this time.

**10. Standing & Ad-hoc Committee Reports**

- a. **Communications & Technology Committee** – Heidi B.

- i. Heidi met with Matt, and he is working on a Google Maps tool that will show meeting locations.
  - ii. Camille did the blast.
  - iii. Heidi posted the 10-page PDF about hybrid meetings.
  - iv. The meeting list person is working on the list.
- b. **Region III Rep/WSBC Delegates** – Nick and Rachel S.
  - i. We have Region 3 assembly in August. Nick is registered, and Rachel S. will register soon. It will be via Zoom.
  - ii. Rachel will be stepping down as the bylaws committee chair.
  - iii. Rachel is on the Unity with Diversity subcommittee. We are going through the UWD workshop. We'll bring the updates to WSBC in April.
  - iv. They are going through bylaws for on the region and world levels to make sure everything is accurate in terms of attendance and voting.
- c. **Twelfth Step Within** – Cassie W.
  - i. No updates
- d. **PI/PO** – Carolyn C. and Cassie W.
  - i. No updates
- e. **YP Committee** – Rachel P., Rachel S., and Jordan
  - i. No local updates
  - ii. On the national level, Rachel P. has a list of several YP meetings she can share if anyone would like it.
  - iii. A YP Virtual Region was recently established and is planning a virtual retreat to take place within the year.
- f. **Unity with Diversity** – Rachel S. & Caroline
  - i. No activity yet
- g. **Convention Committee** – Rachel S.
  - i. Jordan has stepped down. She supported the Intergroup and negotiated the contract, and we are very grateful.

## 11. New Business

- a. Meeting update form on the website
  - i. The form is not on the page. Sue noticed this and emailed Nickie about this.
  - ii. This must be an issue with the website plug-in. Heidi will fix this.
- b. Intergroup going back to in person/hybrid
  - i. Caroline made a motion to keep the Intergroup meeting on Zoom indefinitely
  - ii. Marcia seconded
  - iii. Discussion:
    - 1. Keeping on Zoom would keep it accessible in terms of hearing one another and for those who do not live in Denver
    - 2. Cassie would like to go back to in person
    - 3. Maggie made an amendment to revisit the subject in six months versus indefinitely
    - 4. Cassie suggested we purchase a microphone so we could make a hybrid meeting work. This would be a new motion at next month's meeting. Cassie will research microphone options.
  - iv. 7 approved/1 opposed/1 abstain

## 12. Old Business

- a. The Delta group did receive the literature and was pleased to receive it. They have 6-8 people every Wednesday night.

## 13. Good of the Order

- a. None

## 14. Next month Service

- a. Newcomer greeter next month will be Maggie

- b. Early to set up will be N/A
- c. Meditation Reading on Service next month will be Sue
- d. Read on Service will be Maggie
- e. Tradition and concept will be Caroline

#### **15. Adjournment**