

-FINAL MINUTES-
Central Colorado Intergroup Meeting of Overeaters Anonymous
Meeting Minutes - August 1, 2023

1. Call to Order and Welcome

2. Readings

Meditation Reading on Service – read by Shannon G.

OA Handbook reading – read by Jan B.

Tradition 8 – read by Jan B.

Concept 8 – read by Sue H.

3. Introductions – present: Carrie G., Jan B., Ric L.*, Nan*, Shannon G., Sue H.*, Haley (Northern Colorado Intergroup Chair), Heidi B., Bev J.*, Dana B., Shanna F.*, Pam T.*, Carol H. (Northern Colorado Intergroup Merger Consideration Committee member), Norma Jean*, Cindy C. – (*indicates representing a meeting)

4. Welcome to the Newcomer (if applicable) – Newcomer greeter: questions answered in the chat

5. Preamble to the Meeting

6. Spiritual timekeeper: Nan

7. 7th Tradition

- a. Please make via PayPal

8. Review, amend, and approve DRAFT minutes

- a. Sue H. moved we approve minutes
- b. Bev J. seconded. The following amendment to the minutes were made. The OA definition of abstinence will be included on the application for CCI Board positions. The Tradition and Concept of the month needed the “X” changed to “7” in the opening readings.
- c. 12 approved with 1 abstention

9. Officer Reports

a. **Chair** – Carrie G.

- i. Treasurer material was delivered from Jan B to Lori C. and Carrie updated her current information as a signer on the Chase bank account. HUGE thanks to Lori C. for taking on the task of offering to become the acting treasurer and thanks to Jan B for taking the time to train her.
- ii. Shared PIPO workshop information with our rep. Shannon G.
- iii. Thanks to Cindy C for reaching out to Northern CO. Intergroup & good news, to confirm that at least 3 fellows are willing to help with the proposed merger details.
- iv. Regarding the proposed merger (please ask your HP, “Are we serving OA as a whole?”, here is the experience, strength and hope from Northern Colorado Intergroup of Overeaters Anonymous’ (NCIOA) current chair, Hayley M.:
 - 1. After a period of multiple vacancies in our service positions, and the same members rotating through various roles, which led to services not being made available to members of OA groups in the communities that NCIOA cover, the idea of merging with one or more other intergroups in Colorado came about. This was also supported when a couple intergroups worked well together to put on the OA state convention in October 2022.
 - 2. After consulting with other intergroups that have merged in our region and merger experience in other forms, we began talking to the groups that NCIOA supports for input. We received limited input, some support for a merger and no opposition. We took the

merger idea to groups with and without intergroup representatives over a period covering more than six months to date. We also are participating in a merger ad hoc committee including members from all Colorado intergroup to discuss next steps.

3. At our last NCIOA meeting we motioned, discussed, and voted to move forward with a merger with Central Colorado Intergroup. Pikes Peak Intergroup is not interested in merging. The next big steps appear to be selecting a meeting date and time for the new merged intergroup, new name, elect officer positions, and open a bank account. We have a few members interested in helping with the merger and multiple members interested in continuing in service to OA through the new merged Intergroup.

4 One other consideration and discussion point is representation to the region which is based on the number of groups. Currently, CCI serves 25 groups and NCIOA serves 7.

b. **Vice Chair** – Lori C. had an excused absence

c. **Corresponding Secretary** – OPEN

d. **Recording Secretary** – Cindy C

i. No report

e. **Treasurer** – Jan B

i. Income:

1. Donations were \$1,031.28.

2. Next month, Lori will be making a correction for a donation that was put into the wrong category.

ii. Expenses:

1. Business supply expenses were \$20.00.

2. What was thought to be a duplicated charge for Zoom was actually a valid charge.

iii. Ending bank balance on 7/31/2023 was \$7,336.55

10. Standing & Ad-hoc Committee Reports

a. **Communications & Technology Committee** – Heidi B.

i. Heidi said that Lori C. will be helping Carolyn C. manage the CCI Zoom accounts, but additional people to help with the Zoom accounts would be good.

ii. Carrie will ask Jennifer M. to put a notice in the Eblast about the open Region 3 Representative/WSO Delegate position.

b. **Region III Rep/WSBC Delegates** – Bev J.

i. The Region 3 Assembly will be in Houston this year the week of October 9th. CCI has 1 Region Representative position open.

ii. Bev said that she has been working on a project for the Region 3 PIPO committee month.

c. **Twelfth Step Within** – OPEN

i. Carrie said that CCI will be hosting the Colorado OA State Convention in 2024.

d. **PI/PO** – Shannon

i. Shannon said that she thoroughly researched Public Information and Professional Outreach on OA.org.

ii. She is creating a Word document with all local radio, TV and cable stations. She made calls to local radio stations to get their requirements for Public Service Announcements (PSA's)

iii. At the end of August,, she will be attending a workshop with Virtual Region concerning social media PSA's.

e. **Unity with Diversity** – OPEN

- f. **Young People's Committee** - Shanna F.
 - i. no report

11. New Business

- a. All positions on the CCI Board are available. Carrie is willing to continue as the Chair. Bev J. is willing to continue as the Region 3 Rep/WSO Delegate. Lori C. is willing to run for the treasurer. Vice Chair, Corresponding Secretary, Recording Secretary and 2 Region 3 Representatives/WSO Delegate positions are open.
- b. Cindy C. announced that Central New Mexico Intergroup is having a Silent Retreat from October 20-23, 2023 in *Pecos*, NM at Our Lady of Guadalupe Abbey, Pecos Benedictine Monastery. For more information, see <https://oa-cnmi.org/pecos-retreat-2/> If you have further questions, please reach out to Mary Lou A. at 830-279-9526, Vanessa G. at 505-507-9894, or email cnmiretreat@gmail.com

12. Old Business

- a. Ad Hoc Merger Consideration Committee - Pikes Peak Serenity Intergroup does not want to merge at this time. Northern Colorado Intergroup decided in favor of merging with CCI.
- b. The consensus was that there was not a need to go to each CCI group and ask them to vote on whether they support CCI and NCIOA merging. Each group has the opportunity to send a representative to the CCI monthly meeting to have their voice heard and vote on a merger. No one has heard any opposition to the merger which has been talked about since October last year. Most feedback from members and CCI groups has been favorable to merger.
- c. Jan made a motion to merge CCI with Northern Colorado Intergroup. Shannon seconded the motion. The motion was approved unanimously.
- d. The Ad Hoc Merger Consideration Committee will determine if a new name and logo for the merged intergroups need to be created. They will consider if the merged intergroups will have one website or keep their separate websites. Heidi B. thought that the merged intergroups would keep both websites. Carol H. asked Heidi to send any questions of concerns about the websites through herself or Cindy C. Those will be forwarded to Al S. on the merger committee since he has managed the NCIOA website.
- e. Nine groups in CCI have intergroup representatives that attend the monthly intergroup meeting on and off out of 25 groups total. Northern Colorado has 2 intergroup representatives that attend their meetings out of 9 groups total. Haley and Carol H. said that they would be willing to do service in the merged intergroup. NCIOA currently has a Chair, Vice Chair, Treasurer, Communications position and webmaster. They do not have any ad hoc committee chairs or a Recording Secretary. Someone takes turns taking meeting minutes. Their Vice Chair recently volunteered to be the Region 3 Representative and WSO Delegate, so the Vice Chair position is basically vacant.
- f. Bev J. noticed that the maximum allowed annual donation to OA from an individual is \$7,500.00, not \$5,000.00 as stated in the revised CCI Bylaws. Lori C. will be asked to make the correction to \$7,500.00.

13. Good of the Order

- a. Jan B. said she felt good about merging NCIOA and CCI. She expected the synergy would help everyone.
- b. Shannon G. thanked Jan B. for 2 years of service as CCI Treasurer. When Jan took over the Treasurer position, the previous treasurer could not be located and the records were a mess. Jan did a great job of cleaning everything up.

14. Next month Service

- a. Newcomer greeter next month will be (not assigned)
- b. Early to set up will be N/A
- c. Meditation Reading on Service next month will be (not assigned)
- d. Read on Service will be (not assigned)
- e. Tradition and concept will be (not assigned)

15. Adjournment - Closed with the 3rd Step Prayer.