

-FINAL MINUTES-
Central Colorado Intergroup Meeting of Overeaters Anonymous
Meeting Minutes - September 5, 2023

1. Call to Order and Welcome

2. Readings

Meditation Reading on Service – read by Shannon G.

Tradition 9 – read by Sue H.

Concept 9 – read by Sue H.

3. Introductions – present – Norma Jean*, Carrie G., Ric L.*, Bev J.*, Haley, Heidi B., Sue H.*, Shannon G., Carol H., Lori C., Dana B.*, Pam*, Shanna F.*, Jennifer M., Nan*, Cindy C. (*indicates representing a meeting)

4. Welcome to the Newcomer (if applicable) – Newcomer greeter: All present- in the chat box.

5. Preamble to the Meeting

6. Spiritual timekeeper: Jennifer M.

7. 7th Tradition

- a. Please make via PayPal

8. Review, amend, and approve DRAFT minutes

- a. Norma Jean moved to approve minutes
- b. Dana B. seconded
- c. 12 approved, 2 abstentions, The motion passed.

9. Officer Reports

a. **Chair** – Carrie G.

- i. Worked with Lori C. to sort out new roles for the management of the CCI Zoom accounts.
- ii. Attended 8/11/23 Merger Consideration Committee Meeting
- iii. Called a special session of the CCI. A decision was made to eliminate the position of Corresponding Secretary from the CCI Board. The duties for that position were assigned to other board positions. The Corresponding Secretary position has been vacant since the beginning of the Pandemic.
- iv. Worked with members of the Pikes Peak Serenity Intergroup to spread the message about their Colorado State Convention on October 21, 2023.
- v. Carrie announced that there is a workshop on September 30, 2023, from 11:00 am - 2:00 at Grace United Methodist Church. The topic is body image. She asked everyone present to announce that at their meetings.

b. **Vice Chair** – OPEN

c. **Corresponding Secretary** – OPEN

d. **Recording Secretary** – Cindy C

- i. No report

e. **Treasurer** – Lori C.

- i. CCI needs a budget for the 2023-2024 fiscal year. It was discussed and decided that

creating the budget will be delayed to avoid duplicating the budget that will be created by the merged intergroup. It was suggested that the CCI budget from 2022-2023 would continue until a new budget is adopted. Lori C. is not comfortable doing that unless it is in writing. Carrie G. made a motion to delay forming a budget committee. Jennifer seconded the motion. The motion passed with 13 voting for it and 3 abstentions.

i. Income:

1. Donations of \$380.58 were received in August

ii. Expenses:

1. There were no expenses in August

iii. The ending balance of the CCI Chase Checking account was \$7,727.13

10. Standing & Ad-hoc Committee Reports

a. **Communications & Technology Committee** – Heidi B.

- i. Thanks to Jennifer M. for doing the EBlast. Thanks to Linda M. for keeping the meeting list updated. The Communications and Technology Committee needs additional help updating the website. There is an email loop that the committee uses. Anyone in the loop can update the website whenever they get time.

b. **Region III Rep/WSBC Delegates** –

- i. Bev is going to the Region 3 Assembly and Convention in Houston, Texas, from October 13-15, 2023.

c. **Twelfth Step Within** – OPEN

d. **PI/PO** – Shannon G.

- i. Shannon attended most of a Virtual Region workshop on PIPO in August. She got good information about attracting and welcoming newcomers. Virtual Region is having a meeting to welcome newcomers. She learned about advertising OA on Facebook. Shannon asked for help with creating Public Service Announcements.

e. **Unity with Diversity** – OPEN

f. **Young People's Committee** - Shanna F.

- i. Shanna's new virtual Young People's Meeting on Sundays is going well and has between 3-12 people attending it. She may convert to a hybrid meeting when she has a number of consistent attendees in the winter. Some of the attendees expressed an interest in helping her do a workshop. She volunteered to help Shannon with PSA's for young people.

11. New Business

a. Annual Elections using the Zoom polling feature to vote.

- i. Lori C. volunteered to run for the CCI Treasurer. There were no other volunteers. Lori C. was elected unanimously.
- ii. Carrie G. volunteered to be the CCI Chair. There were no other volunteers. Carrie. was elected unanimously.
- iii. Shanna F. volunteered to take minutes at the October CCI meeting. She is considered the pro tem volunteer for Recording Secretary until another person volunteers to be Recording Secretary or until the new merged intergroup elects a Recording Secretary.
- iv. No one volunteered to do the Vice Chair position. It remains open.

12. Old Business

- a. Merger Committee report given by Cindy C., Carol H., and Lori C. The committee reviewed the CCI Policy and Procedure Manual. They identified areas that will need consideration when CCI and NCIOA merge. Those areas are where Central Colorado and Northern Colorado have different policies or procedures or where a merged intergroup will have different needs. Some of those areas are:
 - i. How Zoom accounts are managed.

- ii. Having 3 Region representatives instead of 2. It will need to be decided how many reps to send to assemblies and the World Service Business conference if funding is limited.
- iii. The number of years that a budget covers. CCI does a yearly budget. NCIOA budgets for 3 years at a time.
- iv. NCIOA does not have a prudent reserve and CCI does.
- v. Virtual and physical assets will need to be combined including bank accounts.
- vi. New email accounts will need to be created for all positions. A domain name will be needed.
- vii. Since the merged intergroup will be called the Central and Northern Colorado Intergroup, CANCI, all references to CCI will need to be changed to CANCI.
- viii. Ad Hoc committees will need to be formed to take care of some tasks needed to merge the intergroups.

13. Good of the Order

- a. Carol H. announced that Al S. and another member are putting on a virtual OA Temporary Sponsorship Workshop: Sunday, Sept. 24 2023, 11:00 am.

14. Adjournment with the Third Step Prayer