



## OA New Year's Day 2024 Luncheon Menu

All food is prepared without sugar, with only Olive Oil or Coconut Oil. All food is Dairy & Gluten Free.

### **Vegetable Minestrone Soup**

Gluten Free No Pasta

*Yellow Onion, Carrots, Celery, Tomato Paste, Potato, Peas, Bell Pepper, Garlic, Dried Oregano, Dried Thyme, Diced Tomatoes, Vegetable Stock, Kidney Beans, Spinach*

### **Mixed Greens**

with Tomato, Cucumber, Feta & Peperoncini's with Balsamic Vinaigrette  
*Red Onion on the side*

### **Chicken Pomodoro**

with Charred Grape Tomatoes, Fresh Basil & Garlic Olive Oil

### **Grilled Tofu**

Salt & Pepper and Olive Oil

### **Mixed Medley of Grilled Veggies**

Chef's Choice

*Zucchini, Squash, Portobello Mushroom, Salt & Pepper*

### **Red Quinoa**

Salt & Pepper, Olive Oil, Dried Spices

### **Fruit Salad**

Cantaloupe, Honeydew, Pineapple, Strawberries  
*Buffet Style*

### **Beverage Station**

Coffee, Decaf Coffee, Iced Tea & Water

*Water is pre-set at tables.*

*Artificial Sweeteners only: No White Sugar or Honey*

